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Revisiting an Epidemic: Suicide Mortality in Nevada's Military and Veteran Community 2008-2013



**DEPARTMENT OF HEALTH AND HUMAN SERVICES
DIVISION OF PUBLIC AND BEHAVIORAL HEALTH**

Special Recognition

Ms. Misty Vaughan Allen
Coordinator of the Office of Suicide Prevention

Ms. Vaughan Allen is recognized for her tireless leadership and efforts to prevent every suicide possible, and to help heal the wounds of survivors of suicide loss. Misty is an inspiration and motivates the actions of others to save lives now and into the future. She has been instrumental to assuring that reports such as this one become useful launch pads to action and not dust collectors on a shelf.

Recognition is also given to the following individuals for their continuing efforts improving the lives of military veterans and their families to prevent suicide.

Members of the Veterans Suicide Prevention Council

Mr. Caleb Cage

Ms. Yvonne Betron

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and

Assemblyman Tyrone Thompson

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NEVADA DIVISION OF PUBLIC AND BEHAVIORAL HEALTH, FEBRUARY 27, 2015
CARSON CITY, NEVADA

Revisiting an Epidemic: Suicide Mortality in Nevada's Military Veterans, Service Members, and Their Families

Introduction

In February, 2012, the Nevada State Health Division released a first-of-its-kind report on suicide mortality in Nevada's military veterans. This report presented various indicators about suicide among veterans. One finding was that the suicide fatality rate for this population was an astonishingly high 46 deaths per 100,000 Nevada veterans compared to the rate of 19 deaths per 100,000 population for Nevada. Further, Nevada's veteran suicide rate was seventy-four percent higher than the national rate of 12 deaths per 100,000 population. Thus, the Health Division's 2012 report was a "call to action," to address the epidemic of veteran suicide in Nevada.

Since February 2012, multiple initiatives have been undertaken to combat veteran suicide. Governor Brian Sandoval, and his staff, has provided leadership and support through executive orders to address suicide and other pressing areas of concern (Employment and Education). Links to the veteran related executive orders can be found at [Executive Orders 2014](#). Nevada has also received support from many federal agencies as well including the Department of Veterans Affairs and the Substance Abuse and Mental Health Services Administration of the U.S. Department of Health and Human Services. In addition to formal initiatives, public awareness of veteran suicide has increased with one by-product being private sector activities to assist veterans in need.

Globally, the United States continues to be threatened by extremism and violence, and continues to deploy military forces to address these threats. Nevada National Guard and US Military Reserve units are still being deployed in unprecedented frequency. Active Duty military installations in Nevada are maintaining high levels of training and support missions. Financial stresses have continued for many military families as Nevada emerges from severe recession. Nevada families who have lost a member to death from combat, accident, or disease related to military service continue to grieve and recover from their loss. Several Nevada families are living with daily struggles to provide care and meet the needs of service members wounded during their service. Included in this group of veterans are individuals with multiple-limb amputations, traumatic brain injury, soft-tissue blast injury, and direct fire (gunshot) injury. Psychological injuries and illnesses, Post Traumatic Stress Disorder, depression, and substance abuse continue to be challenges for veterans and their families.

It is within this context of events and human experience that data related to suicide, motor vehicle death, and other health indicators for service members, veterans, and their families (SMVF) is revisited. Comments about prevention activities, community interventions, and policy initiatives are included with relevant indicators in this document. Available detailed Nevada suicide data tables are included in Appendix A.

Overview

Preliminary data from death certificates are available approximately eight to nine months following the end of a calendar year and the data may not become final for a year or more due to late filed certificates for Nevada residents who died in another state and the processing of corrections. The data contained in this report is from preliminary data for 2013 obtained in February 2015. Preliminary data for 2014 should be available in late summer or fall of 2015.

In 2011-2013, some veteran indicators improved from previous time periods. However, the number of veterans that die from suicide each year has remained relatively stable and unacceptably high. All Nevada suicide deaths represent unnecessary and preventable deaths. Nevada continues to experience elevated rates among all age groups. The increase in deaths due to suicide from 2009 through 2010 is possibly related to economic stresses placed on individuals as a result of unemployment and housing foreclosures. Hopefully, we will see an improvement in these numbers as the economy improves.

Figure 1. Suicide Death Counts by Veteran Status, Nevada 2008 – 2013¹

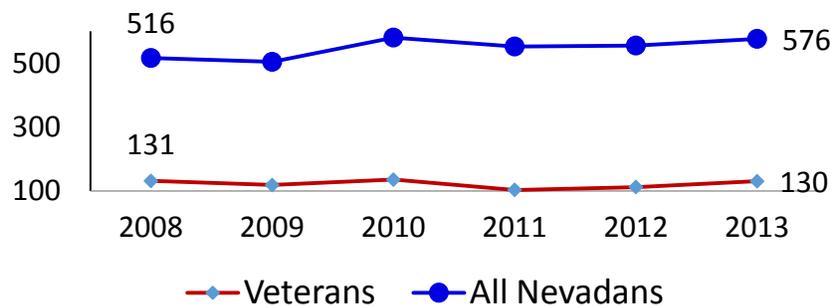
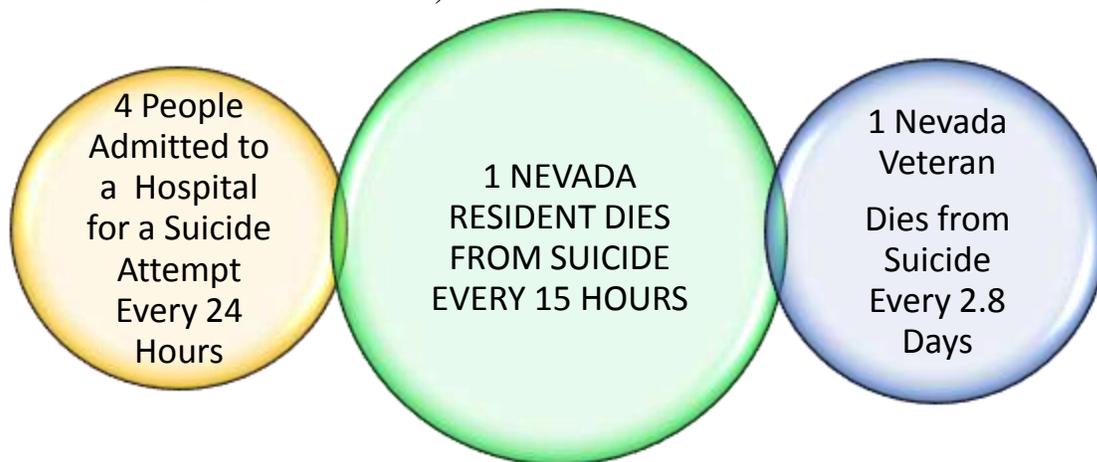
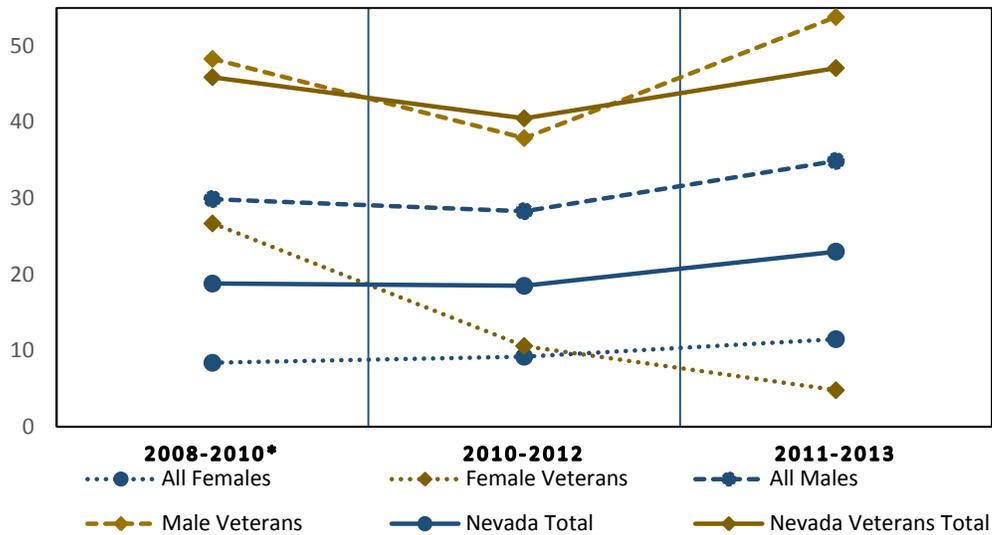


Figure 2. Nevada Suicide Timelines, 2013.



¹ Data for 2013 is preliminary.

Figure 3. Suicide Rates by Gender and Veteran Status, Nevada, Rolling 3 Year Aggregate: 2008-2010, 2010-2012, and 2011-2013



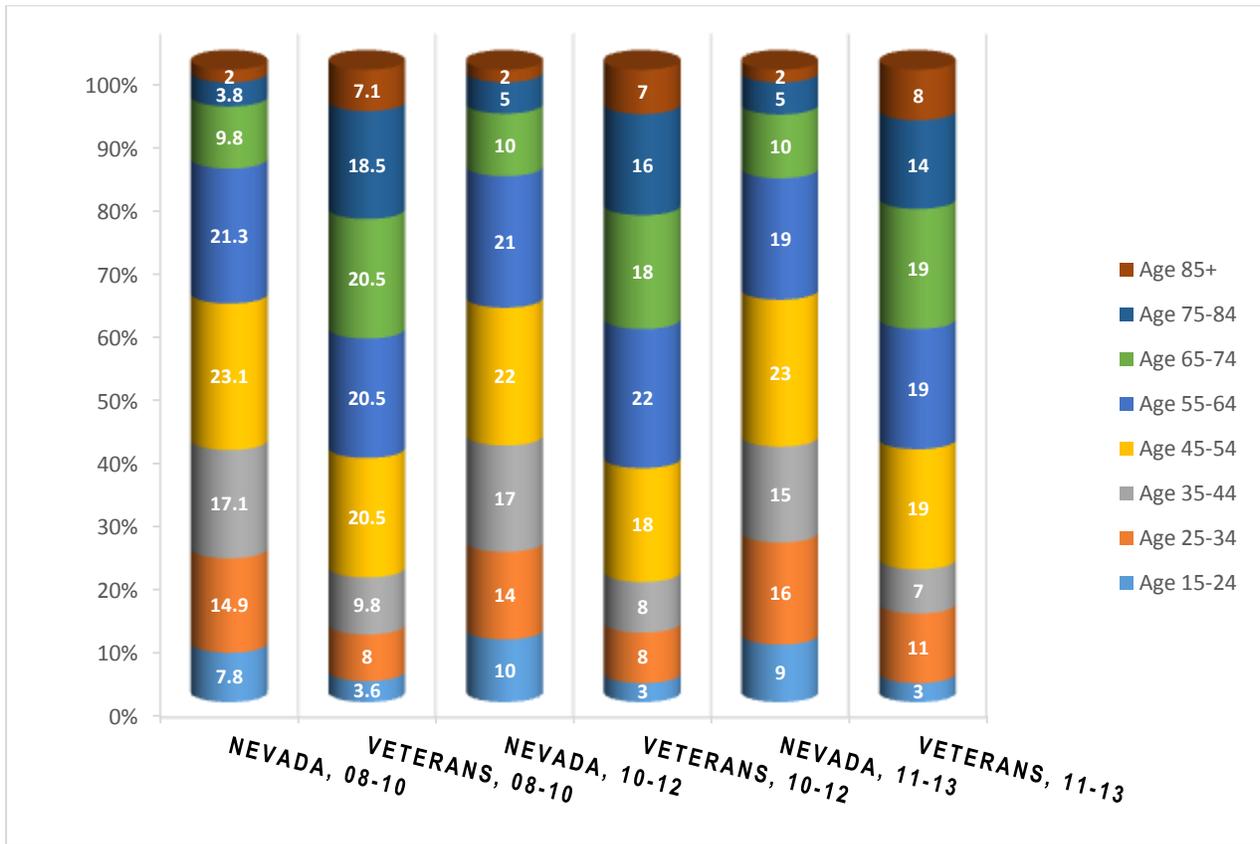
Suicide death rates for male veterans, and all veterans in Nevada remain significantly higher than the state as a whole. Suicide death rates of female veterans have been dropping steadily over each of the three year time periods. Female veterans had the most dramatic decline while all Nevada females saw a slight uptick. The decline in suicide death rates for female Nevada veterans may actually be higher in this data due to extremely small numbers and under-reporting of female veteran status. More years of data will provide a stronger indication of overall trends.

Although suicide death rates have fluctuated across each time period, suicide death counts for veterans have been reduced by 64 deaths for 2011-2013 (320 veteran suicide deaths) from 2008-2010 (384 veteran suicide deaths).

Age as a Risk Factor in Veteran Suicides

The highest percentage of veteran suicide deaths occur in individuals 55 years of age and older. Sixty percent of veteran suicide deaths occur in these older individuals compared to only thirty-six percent of all Nevada suicide deaths. There are many factors that may contribute to the higher percentage of suicide deaths among older veterans including disability, independent living, health, and personal finances. Disability and general health are important concerns for veterans in that a higher percentage of veterans have a disability than the general population. Among disabled veterans, 18% are disabled by a service-connected condition. In addition, some veteran populations have higher incidence of cancer, heart disease, and orthopedic conditions than non-veterans. This is particularly true for veterans of the Vietnam era, who are now reaching their sixties and seventies.

Figure 4. Percent of Suicides by Age and Veteran Status, Nevada 2008-2013.



Data represented in this chart indicates that the majority of veteran suicides occurs in slightly older individuals than the population as a whole. The data is representative of the age of the majority of the veteran population. There are significantly more veterans in older populations due to a military draft during the conflicts of the last century.

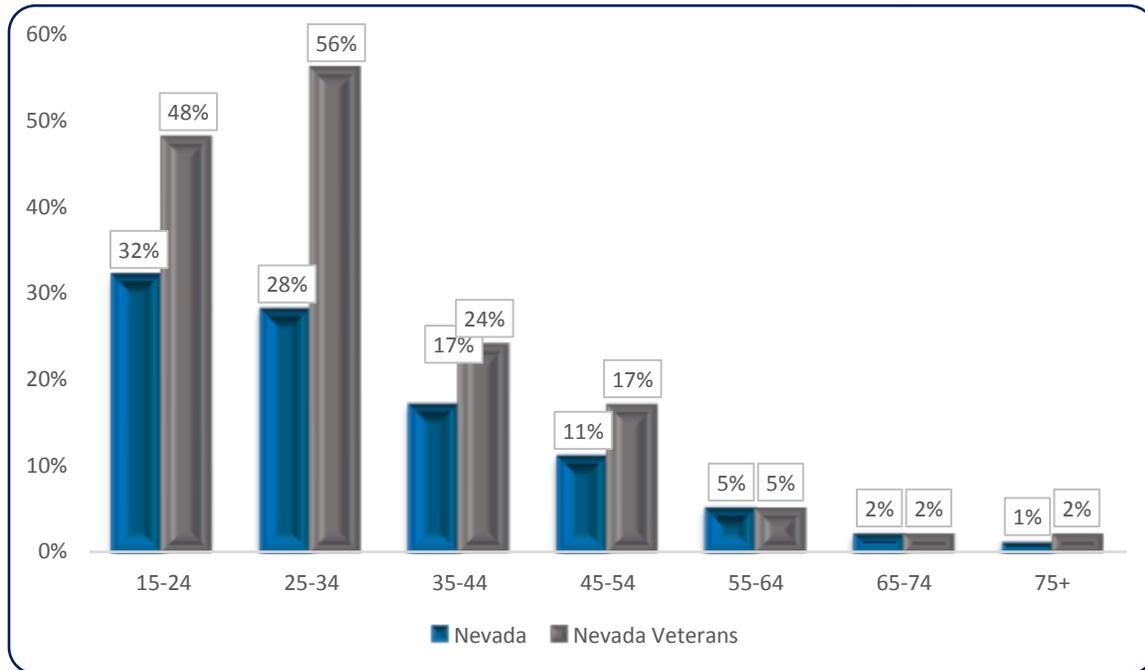
Today's military is an all-volunteer force and is smaller than in previous times. Today's military veteran has often experienced multiple deployments to war zones, adjacent areas, and long-standing areas of tension and conflict such as Korea. Individuals serving in the military, including Reserve and National Guard forces, have endured intensive war-time training interspersed with deployments.

Military families have also suffered from financial loss and hardship caused by a historic recession and financial problems caused by deployment. Many Reserve and National Guard military families have had one or both spouses leave civilian employment because of a war-time unit deployment. Military members that are students may have had to drop out of school or delay school because of military service. Relationships on all levels suffer under such pressures.

Never being deployed is not a protective factor from suicide. Many active duty military suicide deaths are among individuals that have never served in a war zone. However, these non-

deployed individuals have been exposed to the same training and living conditions as individuals that are deployed often with added survivor's guilt for not being there. The following figure presents data that shows disparities in suicide deaths that are greater for younger veterans, than their non-veteran peers.

Figure 5. Suicide as a Percent of All Deaths by Veteran Status & Age Group, 2011-2013.



Significant disparities remain when veteran rates are compared to rates for age-cohort peers. The greatest disparities are among the younger age-cohorts. The difference between veterans and the general population becomes insignificant for the oldest age-cohorts.

Injury, Chronic Pain, and Disability as a Risk Factor in Veteran Suicides

Several studies have examined longitudinal data related to risk factors among veterans for suicide. Many have concluded that individual factors for suicide exist and occur among military veterans with a higher prevalence than non-veteran peers.² Increased risk for suicide has been associated with injuries, chronic pain, and disability among veterans.

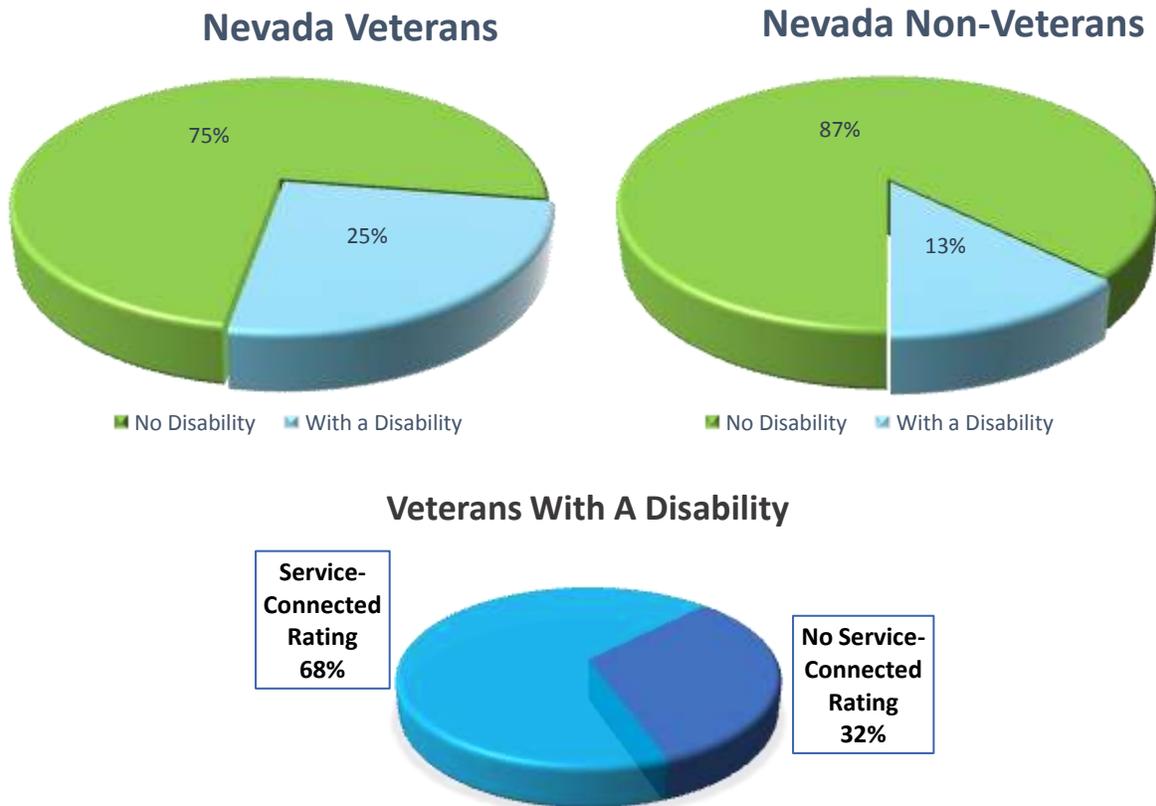
Military service can be characterized by physical demands, exposure to dangerous environmental conditions, and mental stress. Military members often encounter these forces before even completing initial entry training (Basic Training, Boot Camp, etc.) For many military members these risks become a daily component of life. Even in today's high-technology age, physical and mental demands are a way of life for the nation's war-fighters.

² Haney EM, O'Neil ME, Carson S, Low A, Peterson K, Denneson LM, Oleksiewicz C, and Kansagara D. Suicide Risk Factors and Risk Assessment Tools: A Systematic Review. VA-ESP Project #05-225; 2012.

The results of a military life can be chronic pain and physical disability, which in themselves become risk factors for mental health conditions such as depression and substance abuse. Those individuals who are experiencing disabling conditions are found to be at increased risk for suicide. Much of this risk is due not only to personal pain and limitations, but, also a desire to “not be a burden to others.”

The desire to not become a burden to others is deeply engrained in military values of self-sacrifice, selfless-service, and placing concern for others above oneself that are found in the ethical standards of all branches of America’s military. Many individuals embrace these values over the course of their life not just during the years in uniform. Internal conflict can occur as difficulties from physical or mental conditions increase for any reason and threaten the individual’s economic status, social relationships, and independent mobility/living. The figure below illustrates increased levels of physical disability in veterans than their non-veteran peers. Appendix B contains population estimates for Nevada data related to veterans and disabilities produced by the US Census Bureau from the American Community Survey for 2013.

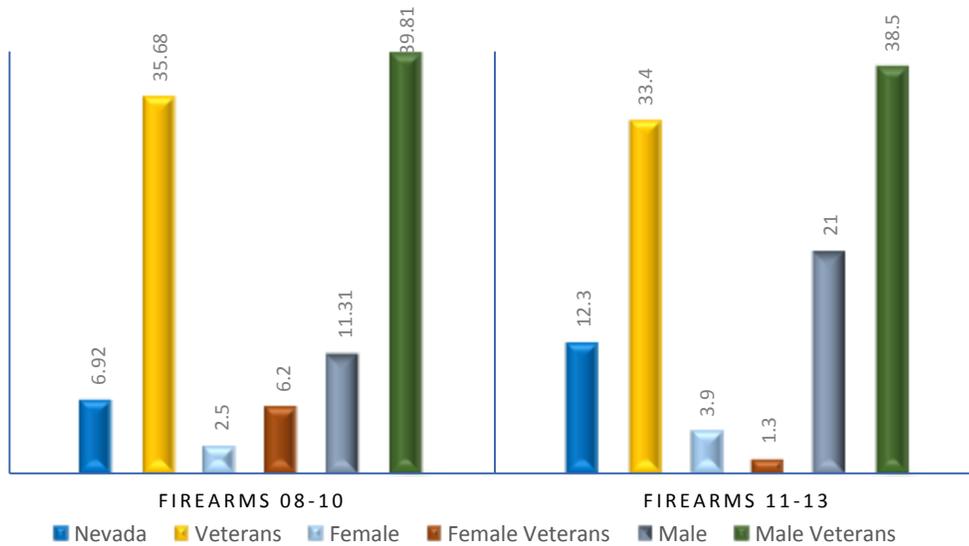
Figure 6. Estimates of Disability in Veterans and Non-Veterans, age 18 and older, Nevada 2013.



Firearms Method of Choice for Suicide

Self-inflicted gunshot wounds continue to be the dominant method of suicide for veterans and non-veterans in Nevada. Community options for the safe, temporary storage of personal firearms outside the home must continue to be developed and provided for those experiencing suicidal thoughts.

Figure 7. Suicide Rate by Firearms & Veteran Status, Nevada aggregate data, 2008-2010, 2011-2013.



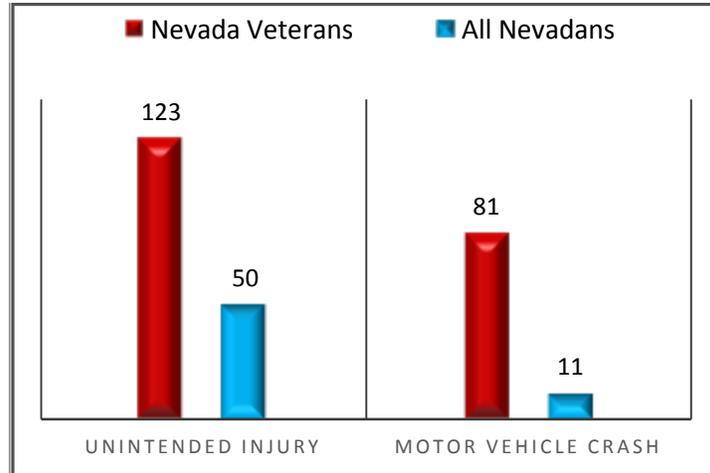
Since 2008-2010, Firearm suicide death rates have decreased for both male and female veterans. The overall firearm suicide death rates for all Nevada residents appears to have increased in the above chart. However, the rates for males, females, and both are within margins of error for one time period to the other indicating that the rate is holding steady. Firearm suicide death count decreases among veterans may be an indicator of successful education efforts among Nevada’s Military community. Particularly, SafeTALK and ASSIST training conducted by the Nevada National Guard and the Division of Public and Behavioral Health’s Office of Suicide Prevention.

Accidental Deaths

One of the unintended consequences of having served in the military, especially during war, is that this service creates individuals who have higher levels of physical fitness and a higher degree of risk-taking and thrill-seeking behaviors. This consequence can result in producing incredible and life-long interests in activities such as hiking, hunting, rock climbing, racing vehicles of all types, and team sports. However, those same behaviors can result in unintended injury deaths. For example, from 2011-2013, among Nevada residents that were veterans, 53% of unintentional injury deaths were due to motor vehicle crashes and falls. Motor vehicle crash deaths and deaths from falls accounted for 36% of non-veteran injury deaths in Nevada during the same time period. Unintended injury was the third highest leading cause of death for Nevada

veterans. Suicide ranks fifth. Unintended injury ranked fourth and suicide ranked seventh for all Nevada resident deaths.

Figure 8. Unintended Injury Death Rates, Selected Causes, by Veteran Status, Age-Adjusted, Nevada 2011-2013.



Military Families

Nevada families from all walks of life have been touched by suicidal thoughts and behaviors. In the years from 2009 through 2013, 6,648 hospital admissions occurred for suicide attempts.³ One hundred thirty-three of suicide related hospitalizations were for individuals covered by the Veterans Health Administration or the active duty health insurance program Tricare.

Table 1. Nevada Military Community Suicide Hospitalizations, 2009-2013.

| Age-Group | Total | Percent |
|-----------|-------|---------|
| 5-14 | 11 | 8% |
| 15-24 | 34 | 26% |
| 25-34 | 27 | 20% |
| 35-44 | 18 | 14% |
| 45-54 | 19 | 14% |
| 55-64 | 19 | 14% |
| 65+ | 5 | 4% |
| Total | 133 | 100% |

³ Nevada Division of Public and Behavioral Health Hospital Inpatient Billing (HIB) Data 2009 - 2013 Suicide Hospitalizations, Nevada Residents, 2009 - 2013 All Suicide cases by Year.

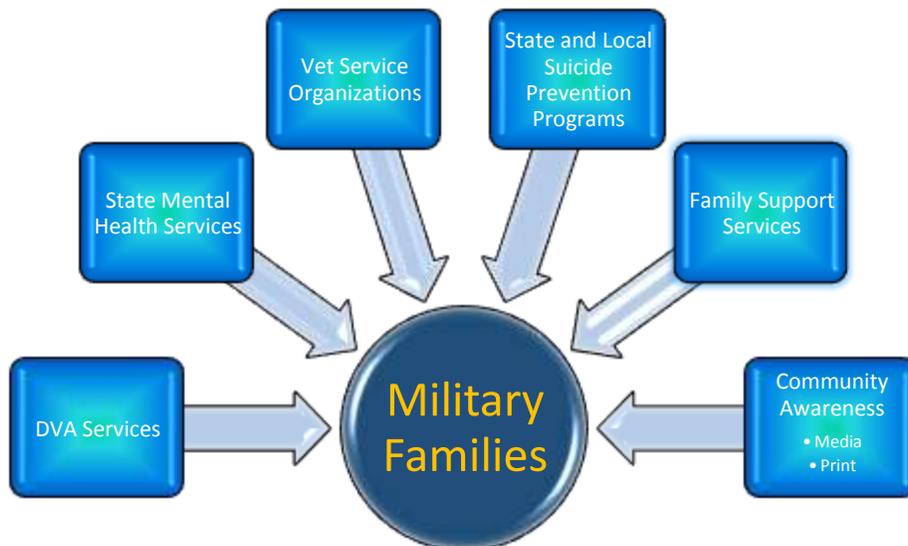
Unfortunately, Nevada’s Hospital Inpatient Billing data does not separate the two payer groups, nor does the data identify dependents and service members/veterans. However, some insight can be gained examining the data by age group. Individuals under the age of 18 are most likely children of military members. Some individuals that are 17 years of age may be members of a reserve component and awaiting entering active duty for training. Individuals over the age of 17 may be dependents (spouses, children in school, or family members with a disability, parents), veterans, or those currently serving on active duty.

The total Billed Charges for military community suicide-related hospitalizations for this period was \$4,327,786, at an average charge of \$32,540. Only 31% of the 133 hospitalizations had a primary diagnosis of a mental disorder. Other listed primary diagnoses were cancer, acute respiratory failure, diseases of the genitourinary system, musculoskeletal system and connective tissue disorders, substance use, and other injuries.

The data presented in this report indicates that military service has both short-term and long-term impact on not only service members and veterans, but also, on family members, especially children. Of particular concern is the children of National Guard and Reserve Component members. These children deal with the stress and worry of having a serving parent (or both parents) without the supports of active duty military installations and peers that share the distinction of being “Children of the Fortress.”

Conclusion

In conclusion, much has happened in veteran and military suicide prevention since the first report in 2012. However, efforts must be sustained and expanded to focus not solely on the veteran/service member, but on the entire military family of children, spouses, parents, and grandparents, Blue and Gold Star parents now and into future decades.



APPENDICES:

APPENDIX A: Nevada Suicide Death Data Tables, 2011-2013.

APPENDIX B: Nevada Population Estimate by Age, Poverty, Disability, and Veteran Status, 2013

APPENDIX A: Nevada Suicide Death Data Tables, 2011-2013.

| Counts and Rates by Method of Suicide by Gender and Veteran Status Nevada Residents, Aggregated 2011-2013* | | | | | | | | | | | | | | | |
|---|--------------|------------|--------------|--------------------|-------------|-------------|-------------------|-------------|-------------|---------------------------|-------------|-------------|--------------------------|-------------|-------------|
| Method of Suicide | Gender | Veteran | Nevada | Veteran Crude Rate | CI Lower | CI Upper | Nevada Crude Rate | CI Lower | CI Upper | Veteran Age-Adjusted Rate | CI Lower | CI Upper | Nevada Age-Adjusted Rate | CI Lower | CI Upper |
| | | Count | | | | | | | | | | | | | |
| Poisoning by Solid, Liquid or Gaseous Substances | Male | 47 | 185 | 7.4 | 5.3 | 9.5 | 5.6 | 4.8 | 6.4 | 6.7 | 4.8 | 8.6 | 5.6 | 4.8 | 6.4 |
| | Female | 1 | 164 | 1.5 | -1.5 | 4.5 | 5.1 | 4.3 | 5.8 | 1.7 | -1.6 | 5.0 | 4.9 | 4.2 | 5.7 |
| | Total | 48 | 349 | 6.8 | 4.9 | 8.7 | 5.4 | 4.8 | 5.9 | 6.1 | 4.4 | 7.8 | 5.2 | 4.7 | 5.8 |
| Hanging/ Strangulation / Suffocation | Male | 41 | 217 | 6.5 | 4.5 | 8.5 | 6.6 | 5.7 | 7.5 | 7.1 | 4.9 | 9.3 | 6.6 | 5.7 | 7.5 |
| | Female | 1 | 58 | 1.4 | -1.3 | 4.1 | 1.8 | 1.3 | 2.3 | 1.0 | -1.0 | 3.0 | 1.8 | 1.3 | 2.3 |
| | Total | 42 | 275 | 6.0 | 4.2 | 7.8 | 4.2 | 3.7 | 4.7 | 6.2 | 4.3 | 8.2 | 4.2 | 3.7 | 4.7 |
| Drowning/ Submersion | Male | 1 | 2 | 0.2 | -0.1 | 0.5 | 0.1 | 0.0 | 0.1 | 0.1 | -0.1 | 0.2 | 0.1 | 0.0 | 0.1 |
| | Female | 0 | 4 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.2 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.3 |
| | Total | 1 | 6 | 0.1 | -0.1 | 0.4 | 0.1 | 0.0 | 0.2 | 0.0 | 0.0 | 0.1 | 0.1 | 0.0 | 0.2 |
| Firearms/ Explosives | Male | 216 | 685 | 33.8 | 29.3 | 38.3 | 20.1 | 19.3 | 22.4 | 38.5 | 33.3 | 43.6 | 21.0 | 19.4 | 22.5 |
| | Female | 1 | 127 | 1.5 | -1.5 | 4.5 | 3.9 | 3.2 | 4.6 | 1.3 | -1.3 | 3.9 | 3.9 | 3.3 | 4.6 |
| | Total | 217 | 812 | 30.7 | 26.6 | 34.8 | 12.5 | 11.6 | 13.3 | 33.4 | 28.9 | 37.8 | 12.3 | 11.4 | 13.1 |
| Cutting/ Stabbing | Male | 5 | 18 | 1.0 | 0.1 | 1.9 | 0.5 | 0.3 | 0.8 | 0.7 | 0.1 | 1.4 | 0.5 | 0.3 | 0.8 |
| | Female | 0 | 6 | 0.0 | 0.0 | 0.0 | 0.2 | 0.0 | 0.3 | 0.0 | 0.0 | 0.0 | 0.2 | 0.0 | 0.3 |
| | Total | 5 | 24 | 0.7 | 0.1 | 1.4 | 0.4 | 0.2 | 0.5 | 0.6 | 0.1 | 1.2 | 0.4 | 0.2 | 0.5 |
| Jumped from Height | Male | 4 | 24 | 0.6 | 0.0 | 1.3 | 0.7 | 0.4 | 1.0 | 0.4 | 0.0 | 0.9 | 0.7 | 0.4 | 1.0 |
| | Female | 1 | 11 | 1.5 | -1.5 | 4.5 | 0.3 | 0.1 | 0.5 | 0.8 | -0.7 | 2.3 | 0.3 | 0.1 | 0.5 |
| | Total | 5 | 35 | 1.1 | 0.1 | 2.0 | 0.5 | 0.4 | 0.7 | 0.5 | 0.1 | 0.9 | 0.5 | 0.4 | 0.7 |
| Other | Male | 2 | 17 | 0.3 | -0.1 | 0.8 | 0.5 | 0.3 | 0.8 | 0.3 | -0.1 | 0.7 | 0.5 | 0.3 | 0.7 |
| | Female | 0 | 5 | 0.0 | 0.0 | 0.0 | 0.2 | 0.0 | 0.3 | 0.0 | 0.0 | 0.0 | 0.2 | 0.0 | 0.3 |
| | Total | 2 | 22 | 0.4 | -0.2 | 1.0 | 0.3 | 0.2 | 0.5 | 0.2 | -0.1 | 0.6 | 0.3 | 0.2 | 0.5 |
| Total | Male | 316 | 1,148 | 49.7 | 44.2 | 55.1 | 35.0 | 32.9 | 37.0 | 53.8 | 47.9 | 59.7 | 34.9 | 32.9 | 36.9 |
| | Female | 4 | 375 | 6.0 | 0.1 | 11.8 | 11.6 | 10.4 | 12.8 | 4.8 | 0.1 | 9.5 | 11.5 | 10.3 | 12.6 |
| | Total | 320 | 1,523 | 45.4 | 40.4 | 50.4 | 23.4 | 22.2 | 24.5 | 47.1 | 41.9 | 52.2 | 23.0 | 21.9 | 24.2 |

APPENDIX A: Nevada Suicide Death Data Tables, 2011-2013.

| Counts and Rates by Type of Accidents by Gender and Veteran Status Nevada Residents, Aggregated 2011-2013* | | | | | | | | | | | | | | | |
|---|---------------|----------------|---------------|---------------------------|-----------------|-----------------|--------------------------|-----------------|-----------------|----------------------------------|-----------------|-----------------|---------------------------------|-----------------|-----------------|
| Type of Accident | Gender | Veteran | Nevada | Veteran Crude Rate | CI Lower | CI Upper | Nevada Crude Rate | CI Lower | CI Upper | Veteran Age-Adjusted Rate | CI Lower | CI Upper | Nevada Age-Adjusted Rate | CI Lower | CI Upper |
| | | Count | | | | | | | | | | | | | |
| Motor Vehicle Accidents | Male | 114 | 534 | 17.8 | 14.5 | 21.1 | 16.3 | 14.9 | 17.6 | 95.5 | 77.8 | 113.2 | 16.3 | 15.0 | 17.7 |
| | Female | 6 | 195 | 8.9 | 1.8 | 16.0 | 6.0 | 5.2 | 6.9 | 7.2 | 0.9 | 13.4 | 5.9 | 5.1 | 6.8 |
| | Total | 120 | 729 | 17.0 | 13.9 | 20.0 | 11.2 | 10.4 | 12.0 | 81.2 | 66.5 | 96.0 | 11.2 | 10.4 | 12.0 |
| Other Land Transport Accidents | Male | 2 | 21 | 0.3 | -0.1 | 0.8 | 0.6 | 0.4 | 0.9 | 0.2 | -0.1 | 0.5 | 0.6 | 0.4 | 0.9 |
| | Female | 0 | 6 | 0.0 | 0.0 | 0.0 | 0.2 | 0.0 | 0.3 | 0.0 | 0.0 | 0.0 | 0.2 | 0.0 | 0.3 |
| | Total | 2 | 27 | 0.3 | -0.1 | 0.7 | 0.4 | 0.3 | 0.6 | 0.2 | -0.1 | 0.4 | 0.4 | 0.2 | 0.6 |
| Non-Land (Water, Air, Space) Accidents | Male | 11 | 28 | 1.8 | 0.7 | 2.8 | 0.9 | 0.5 | 1.2 | 2.8 | 1.1 | 4.4 | 0.8 | 0.5 | 1.2 |
| | Female | 1 | 7 | 1.4 | -1.3 | 4.1 | 0.2 | 0.1 | 0.4 | 1.0 | -1.0 | 3.0 | 0.2 | 0.1 | 0.4 |
| | Total | 12 | 35 | 1.7 | 0.8 | 2.7 | 0.5 | 0.4 | 0.7 | 2.6 | 1.1 | 4.1 | 0.5 | 0.3 | 0.7 |
| Falls | Male | 139 | 271 | 21.7 | 18.1 | 25.4 | 8.2 | 7.3 | 9.2 | 9.3 | 7.7 | 10.8 | 10.2 | 9.0 | 11.4 |
| | Female | 5 | 226 | 7.4 | 0.9 | 13.8 | 7.0 | 6.1 | 7.9 | 5.5 | 0.7 | 10.2 | 6.9 | 6.0 | 7.8 |
| | Total | 144 | 497 | 20.4 | 17.0 | 23.7 | 7.6 | 7.0 | 8.3 | 8.9 | 7.5 | 10.4 | 8.4 | 7.7 | 9.2 |
| Firearms | Male | 3 | 9 | 0.5 | -0.1 | 1.1 | 0.3 | 0.1 | 0.5 | 0.5 | -0.1 | 1.2 | 0.3 | 0.1 | 0.4 |
| | Female | 0 | 1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 |
| | Total | 3 | 10 | 0.4 | -0.1 | 0.9 | 0.2 | 0.1 | 0.2 | 0.5 | -0.1 | 1.0 | 0.1 | 0.1 | 0.2 |
| Drowning and Submersion | Male | 9 | 50 | 1.4 | 0.4 | 2.4 | 1.5 | 1.1 | 1.9 | 0.7 | 0.2 | 1.2 | 1.5 | 1.2 | 1.9 |
| | Female | 1 | 21 | 1.4 | -1.3 | 4.1 | 0.6 | 0.4 | 0.9 | 0.7 | -0.7 | 2.2 | 0.6 | 0.4 | 0.9 |
| | Total | 10 | 71 | 1.4 | 0.5 | 2.3 | 1.1 | 0.8 | 1.3 | 0.7 | 0.3 | 1.3 | 1.1 | 0.9 | 1.3 |
| Smoke, Fire and Flames | Male | 7 | 21 | 1.1 | 0.3 | 1.9 | 0.6 | 0.4 | 0.9 | 1.2 | 0.3 | 2.0 | 0.7 | 0.4 | 0.9 |
| | Female | 0 | 22 | 0.0 | 0.0 | 0.0 | 0.7 | 0.4 | 1.0 | 0.0 | 0.0 | 0.0 | 0.6 | 0.4 | 0.9 |
| | Total | 7 | 43 | 1.0 | 0.3 | 1.7 | 0.7 | 0.5 | 0.9 | 1.0 | 0.3 | 1.7 | 0.6 | 0.5 | 0.8 |
| Poisoning | Male | 128 | 907 | 19.8 | 16.4 | 23.3 | 27.6 | 25.8 | 29.4 | 24.3 | 20.1 | 28.5 | 27.0 | 25.3 | 28.8 |
| | Female | 9 | 635 | 13.6 | 4.7 | 22.5 | 19.6 | 18.1 | 21.2 | 9.7 | 3.4 | 16.0 | 19.3 | 17.8 | 20.8 |
| | Total | 137 | 1,542 | 19.2 | 16.0 | 22.4 | 23.7 | 22.5 | 24.8 | 21.7 | 18.1 | 25.3 | 23.3 | 22.2 | 24.5 |
| Other Non-transport Accidents | Male | 61 | 164 | 9.6 | 7.2 | 12.0 | 5.0 | 4.2 | 5.8 | 5.4 | 4.0 | 6.8 | 5.5 | 4.7 | 6.2 |
| | Female | 5 | 85 | 7.5 | 0.9 | 14.1 | 2.6 | 2.1 | 3.2 | 8.0 | 1.0 | 14.9 | 2.5 | 2.1 | 3.0 |
| | Total | 66 | 249 | 9.4 | 7.1 | 11.7 | 3.8 | 3.3 | 4.3 | 5.7 | 4.3 | 7.2 | 4.0 | 3.5 | 4.4 |
| Total | Male | 474 | 2,005 | 74.1 | 67.4 | 80.8 | 61.1 | 58.4 | 63.7 | 139.9 | 127.2 | 152.5 | 63.0 | 60.2 | 65.7 |
| | Female | 27 | 1,198 | 40.2 | 25.0 | 55.3 | 37.0 | 35.0 | 39.2 | 32.0 | 20.0 | 44.1 | 36.3 | 34.3 | 38.4 |
| | Total | 501 | 3,203 | 70.8 | 64.6 | 77.0 | 49.2 | 47.4 | 49.2 | 122.6 | 111.9 | 133.3 | 49.7 | 48.0 | 51.6 |

APPENDIX A: Nevada Suicide Death Data Tables, 2011-2013.

| Percentage of All Deaths with Manner of Death Indicated as Suicide By Veteran Status and Age Groups Nevada, 2011-2013* | | | | | | | | | | |
|--|----------------|-----------|-------|-------|-------|-------|-------|-------|-----|--------|
| Year of Death | Veteran Status | Age Group | | | | | | | | |
| | | 15-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65-74 | 75-84 | 85+ | Total* |
| 2011 | Veterans | 38% | 30% | 10% | 8% | 3% | 1% | 1% | 1% | 2% |
| | Nevada | 20% | 15% | 11% | 6% | 3% | 1% | 1% | 0% | 3% |
| 2012* | Veterans | 44% | 43% | 21% | 11% | 3% | 2% | 1% | 1% | 2% |
| | Nevada | 18% | 19% | 12% | 7% | 4% | 1% | 0% | 0% | 3% |
| 2013* | Veterans | 31% | 43% | 18% | 13% | 3% | 2% | 1% | 1% | 2% |
| | Nevada | 19% | 21% | 10% | 7% | 3% | 1% | 1% | 0% | 3% |
| Total | Veterans | 48% | 56% | 24% | 17% | 5% | 2% | 1% | 1% | 3% |
| | Nevada | 32% | 28% | 17% | 11% | 5% | 2% | 1% | 0% | 4% |

| Percentage of Suicide Deaths By Veteran Status and Age Groups Nevada, 2011-2013* | | | | | | | | | | |
|--|----------------|-----------|-------|-------|-------|-------|-------|-------|-----|--------|
| Year of Death | Veteran Status | Age Group | | | | | | | | |
| | | 15-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65-74 | 75-84 | 85+ | Total* |
| 2011 | Veterans | 3% | 9% | 5% | 18% | 22% | 17% | 18% | 8% | 100% |
| | Nevada | 12% | 13% | 16% | 22% | 20% | 9% | 6% | 2% | 100% |
| 2012* | Veterans | 4% | 8% | 10% | 21% | 21% | 21% | 10% | 7% | 100% |
| | Nevada | 1% | 2% | 4% | 8% | 16% | 21% | 25% | 23% | 100% |
| 2013* | Veterans | 4% | 15% | 7% | 18% | 15% | 18% | 13% | 9% | 100% |
| | Nevada | 8% | 19% | 13% | 23% | 16% | 11% | 6% | 3% | 100% |
| Total | Veterans | 3% | 11% | 7% | 19% | 19% | 19% | 14% | 8% | 100% |
| | Nevada | 9% | 16% | 15% | 23% | 19% | 10% | 5% | 2% | 100% |

Notations: *Data is not final and is subject to changes. In cells with small counts the rate may be statistically insignificant. Age rates are per 100,000 US 2000 Standard population. Crude rates are per 100,000 population. Nevada population is based on the Nevada Interim populations. Due to the use of different populations, rates may not match or be comparable and should be interpreted with caution. Nevada rates are based on all deaths of Nevada residents aged 15 and above, including veterans. Veteran rates are based on deaths of veteran Nevada residents aged 15 and above.

APPENDIX B: Nevada Population Estimate by Age, Poverty, Disability, and Veteran Status, 2013

| | State of Nevada | | Churchill County | | Clark County | | Douglas County | | Elko County | | Esmeralda County | | Eureka County | | Humboldt County | | Lander County | |
|--|-----------------|-----|------------------|-----|--------------|-----|----------------|-----|-------------|-----|------------------|------|---------------|------|-----------------|-----|---------------|------|
| | Estimate | | Estimate | | Estimate | | Estimate | | Estimate | | Estimate | | Estimate | | Estimate | | Estimate | |
| Total: | 2,030,302 | | 17551 | | 1,464,697 | | 37,416 | | 35,052 | | 798 | | 1,282 | | 11,943 | | 4,224 | |
| 18 to 64 years: | 1,689,376 | | 13652 | | 1,232,458 | | 27,322 | | 30,816 | | 553 | | 1,040 | | 10,361 | | 3,499 | |
| Veteran: | 130,294 | 8% | 2,355 | 17% | 89,572 | 7% | 2,672 | 10% | 2,673 | 9% | 50 | 9% | 91 | 9% | 850 | 8% | 280 | 8% |
| Income past 12 months below poverty level: | 11,222 | 9% | 165 | 7% | 7,492 | 8% | 250 | 9% | 211 | 8% | 13 | 26% | 0 | 0% | 46 | 5% | 0 | 0% |
| With a disability | 3,249 | 29% | 61 | 37% | 2,012 | 27% | 84 | 34% | 60 | 28% | 0 | 0% | 0 | 0% | 24 | 52% | 0 | 0% |
| No disability | 7,973 | 71% | 104 | 63% | 5,480 | 73% | 166 | 66% | 151 | 72% | 13 | 100% | 0 | 0% | 22 | 48% | 0 | 0% |
| Past 12 months at or above poverty level: | 119,072 | 91% | 2,190 | 93% | 82,080 | 92% | 2,422 | 91% | 2,462 | 92% | 37 | 74% | 91 | 100% | 804 | 95% | 280 | 100% |
| With a disability | 18,161 | 15% | 259 | 12% | 11,756 | 14% | 337 | 14% | 519 | 21% | 8 | 22% | 15 | 16% | 197 | 25% | 90 | 32% |
| No disability | 100,911 | 85% | 1,931 | 88% | 70,324 | 86% | 2,085 | 86% | 1,943 | 79% | 29 | 78% | 76 | 84% | 607 | 75% | 190 | 68% |
| Veteran with a Disability | 21,410 | 16% | 320 | 14% | 13,768 | 15% | 421 | 16% | 579 | 22% | 8 | 16% | 15 | 16% | 221 | 26% | 90 | 32% |
| Non-veteran: | 1,559,082 | 92% | 11,297 | 83% | 1,142,886 | 93% | 24,650 | 90% | 28,143 | 91% | 503 | 91% | 949 | 91% | 9,511 | 92% | 3,219 | 92% |
| Income past 12 months below poverty level: | 223,349 | 14% | 1,822 | 16% | 162,561 | 14% | 2,521 | 10% | 2,333 | 8% | 118 | 23% | 135 | 14% | 1,203 | 13% | 308 | 10% |
| With a disability | 35,646 | 16% | 617 | 34% | 23,895 | 15% | 467 | 19% | 351 | 15% | 34 | 29% | 0 | 0% | 315 | 26% | 37 | 12% |
| No disability | 187,703 | 84% | 1,205 | 66% | 138,666 | 85% | 2,054 | 81% | 1,982 | 85% | 84 | 71% | 135 | 100% | 888 | 74% | 271 | 88% |
| Past 12 months at or above poverty level: | 1,335,733 | 86% | 9,475 | 84% | 980,325 | 86% | 22,129 | 90% | 25,810 | 92% | 385 | 77% | 814 | 86% | 8,308 | 87% | 2,911 | 90% |
| With a disability | 109,014 | 8% | 1,378 | 15% | 78,479 | 8% | 1,638 | 7% | 2,229 | 9% | 53 | 14% | 83 | 10% | 585 | 7% | 231 | 8% |
| No disability | 1,226,719 | 92% | 8,097 | 85% | 901,846 | 92% | 20,491 | 93% | 23,581 | 91% | 332 | 86% | 731 | 90% | 7,723 | 93% | 2,680 | 92% |
| Non-Veteran with a Disability | 144,660 | 9% | 1,995 | 18% | 102,374 | 9% | 2,105 | 9% | 2,580 | 9% | 87 | 17% | 83 | 9% | 900 | 9% | 268 | 8% |
| 65 years and over: | 340,926 | | 3,899 | | 232,239 | | 10,094 | | 4,236 | | 245 | | 242 | | 1,582 | | 725 | |
| Veteran: | 93,724 | 27% | 1,169 | 30% | 60,398 | 26% | 2,967 | 29% | 1,307 | 31% | 58 | 24% | 102 | 42% | 461 | 29% | 247 | 34% |
| Income past 12 months below poverty level: | 4,749 | 5% | 23 | 2% | 3,130 | 5% | 136 | 5% | 25 | 2% | 9 | 16% | 24 | 24% | 84 | 18% | 0 | 0% |
| With a disability | 2,397 | 50% | 21 | 91% | 1,551 | 50% | 51 | 38% | 8 | 32% | 0 | 0% | 8 | 33% | 40 | 48% | 0 | 0% |
| No disability | 2,352 | 50% | 2 | 9% | 1,579 | 50% | 85 | 63% | 17 | 68% | 9 | 100% | 16 | 67% | 44 | 52% | 0 | 0% |
| Past 12 months at or above poverty level: | 88,975 | 95% | 1,146 | 98% | 57,268 | 95% | 2,831 | 95% | 1,282 | 98% | 49 | 84% | 78 | 76% | 377 | 82% | 247 | 100% |
| With a disability | 32,844 | 37% | 490 | 43% | 20,395 | 36% | 1,028 | 36% | 508 | 40% | 15 | 31% | 9 | 12% | 172 | 46% | 105 | 43% |
| No disability | 56,131 | 63% | 656 | 57% | 36,873 | 64% | 1,803 | 64% | 774 | 60% | 34 | 69% | 69 | 88% | 205 | 54% | 142 | 57% |
| Veteran with a Disability | 35,241 | 38% | 511 | 44% | 21,946 | 36% | 1,079 | 36% | 516 | 39% | 15 | 26% | 17 | 17% | 212 | 46% | 105 | 43% |
| Non-veteran: | 247,202 | 73% | 2,730 | 70% | 171,841 | 74% | 7,127 | 71% | 2,929 | 69% | 187 | 76% | 140 | 58% | 1,121 | 71% | 478 | 66% |
| Income past 12 months below poverty level: | 23,204 | 9% | 287 | 11% | 16,625 | 10% | 465 | 7% | 195 | 7% | 31 | 17% | 0 | 0% | 71 | 6% | 61 | 13% |
| With a disability | 9,360 | 40% | 187 | 65% | 6,787 | 41% | 209 | 45% | 100 | 51% | 0 | 0% | 0 | 0% | 51 | 72% | 30 | 49% |
| No disability | 13,844 | 60% | 100 | 35% | 9,838 | 59% | 256 | 55% | 95 | 49% | 31 | 100% | 0 | 0% | 20 | 28% | 31 | 51% |
| Past 12 months at or above poverty level: | 223,998 | 91% | 2,443 | 89% | 155,216 | 90% | 6,662 | 93% | 2,734 | 93% | 156 | 83% | 140 | 100% | 1,050 | 94% | 417 | 87% |
| With a disability | 74,528 | 33% | 1,066 | 44% | 51,578 | 33% | 2,069 | 31% | 1,131 | 41% | 51 | 33% | 36 | 26% | 416 | 40% | 151 | 36% |
| No disability | 149,470 | 67% | 1,377 | 56% | 103,638 | 67% | 4,593 | 69% | 1,603 | 59% | 105 | 67% | 104 | 74% | 634 | 60% | 266 | 64% |
| Non-Veteran with a Disability | 83,888 | 34% | 1,253 | 46% | 58,365 | 34% | 2,278 | 32% | 1,231 | 42% | 51 | 27% | 36 | 26% | 467 | 42% | 181 | 38% |
| Veterans All Incomes | 224,018 | 11% | 3,524 | 20% | 149,970 | 10% | 5,639 | 15% | 3,980 | 11% | 108 | 14% | 224,018 | 11% | 1,311 | 11% | 527 | 12% |
| Veterans with a Disability | 56,651 | 25% | 831 | 24% | 35,714 | 24% | 1,500 | 27% | 1,095 | 28% | 23 | 21% | 56,651 | 25% | 433 | 33% | 195 | 37% |
| Non-Veterans All Incomes | 1,806,284 | 89% | 14,027 | 80% | 131,4727 | 90% | 31,777 | 85% | 31,072 | 89% | 690 | 86% | 1,089 | 85% | 10,632 | 89% | 3,697 | 88% |
| Non-Veterans with a Disability | 228,548 | 13% | 3,248 | 23% | 160,739 | 12% | 4,383 | 14% | 3,811 | 12% | 138 | 20% | 119 | 11% | 1,367 | 13% | 449 | 12% |

Source: [American Fact Finder, US Census Bureau](#)

APPENDIX B: Nevada Population Estimate by Age, Poverty, Disability, and Veteran Status, 2013

| | Lincoln County | | Lyon County | | Mineral County | | Nye County | | Pershing County | | Storey County | | Washoe County | | White Pine County | | Carson City | |
|--|----------------|-----|-------------|-----|----------------|-----|------------|-----|-----------------|------|---------------|------|---------------|-----|-------------------|-----|-------------|-----|
| | Estimate | | Estimate | | Estimate | | Estimate | | Estimate | | Estimate | | Estimate | | Estimate | | Estimate | |
| Total: | 3,521 | | 38,969 | | 3,778 | | 34,488 | | 3,629 | | 3,363 | | 321,165 | | 7,069 | | 41,357 | |
| 18 to 64 years: | 2,693 | | 30,195 | | 2,708 | | 23,568 | | 2,801 | | 2,460 | | 267,464 | | 5,609 | | 32,177 | |
| Veteran: | 263 | 10% | 3,125 | 10% | 472 | 17% | 3,264 | 14% | 228 | 8% | 300 | 12% | 20,450 | 8% | 627 | 11% | 3,022 | 9% |
| Income past 12 months below poverty level: | 51 | 19% | 202 | 6% | 92 | 19% | 305 | 9% | 31 | 14% | 7 | 2% | 1,912 | 9% | 40 | 6% | 405 | 13% |
| With a disability | 40 | 78% | 33 | 16% | 41 | 45% | 135 | 44% | 0 | 0% | 0 | 0% | 603 | 32% | 31 | 78% | 125 | 31% |
| No disability | 11 | 22% | 169 | 84% | 51 | 55% | 170 | 56% | 31 | 100% | 7 | 100% | 1,309 | 68% | 9 | 23% | 280 | 69% |
| Past 12 months at or above poverty level: | 212 | 81% | 2,923 | 94% | 380 | 81% | 2,959 | 91% | 197 | 86% | 293 | 98% | 18,538 | 91% | 587 | 94% | 2,617 | 87% |
| With a disability | 11 | 5% | 592 | 20% | 58 | 15% | 929 | 31% | 68 | 35% | 51 | 17% | 2,659 | 14% | 152 | 26% | 460 | 18% |
| No disability | 201 | 95% | 2,331 | 80% | 322 | 85% | 2,030 | 69% | 129 | 65% | 242 | 83% | 15,879 | 86% | 435 | 74% | 2,157 | 82% |
| Veteran with a Disability | 51 | 19% | 625 | 20% | 99 | 21% | 421 | 13% | 68 | 30% | 51 | 17% | 3,262 | 16% | 183 | 29% | 585 | 19% |
| Non-veteran: | 2,430 | 90% | 27,070 | 90% | 2,236 | 83% | 20,304 | 86% | 2,573 | 92% | 2,160 | 88% | 247,014 | 92% | 4,982 | 89% | 29,155 | 91% |
| Income past 12 months below poverty level: | 447 | 18% | 4,568 | 17% | 528 | 24% | 4,125 | 20% | 393 | 15% | 325 | 15% | 36,638 | 15% | 518 | 10% | 4,806 | 16% |
| With a disability | 146 | 33% | 910 | 20% | 67 | 13% | 1,189 | 29% | 93 | 24% | 79 | 24% | 6,137 | 17% | 206 | 40% | 1,103 | 23% |
| No disability | 301 | 67% | 3,658 | 80% | 461 | 87% | 2,936 | 71% | 300 | 76% | 246 | 76% | 30,501 | 83% | 312 | 60% | 3,703 | 77% |
| Past 12 months at or above poverty level: | 1,983 | 82% | 22,502 | 83% | 1,708 | 76% | 16,179 | 80% | 2,180 | 85% | 1,835 | 85% | 210,376 | 85% | 4,464 | 90% | 24,349 | 84% |
| With a disability | 171 | 9% | 3,139 | 14% | 365 | 21% | 2,716 | 17% | 271 | 12% | 296 | 16% | 15,033 | 7% | 501 | 11% | 1,846 | 8% |
| No disability | 1,812 | 91% | 19,363 | 86% | 1,343 | 79% | 13,463 | 83% | 1,909 | 88% | 1,539 | 84% | 195,343 | 93% | 3,963 | 89% | 22,503 | 92% |
| Non-Veteran with a Disability | 317 | 13% | 4,049 | 15% | 432 | 19% | 3,905 | 19% | 364 | 14% | 375 | 17% | 21,170 | 9% | 707 | 14% | 2,949 | 10% |
| 65 years and over: | 828 | | 8,774 | | 1,070 | | 10,920 | | 828 | | 903 | | 53,701 | | 1,460 | | 9,180 | |
| Veteran: | 320 | 39% | 2,955 | 34% | 333 | 31% | 4,193 | 38% | 202 | 24% | 328 | 36% | 15,248 | 28% | 480 | 33% | 2,956 | 32% |
| Income past 12 months below poverty level: | 83 | 26% | 47 | 2% | 30 | 9% | 334 | 8% | 18 | 9% | 24 | 7% | 690 | 5% | 20 | 4% | 72 | 2% |
| With a disability | 36 | 43% | 6 | 13% | 14 | 47% | 212 | 63% | 18 | 100% | 0 | 0% | 408 | 59% | 3 | 15% | 21 | 29% |
| No disability | 47 | 57% | 41 | 87% | 16 | 53% | 122 | 37% | 0 | 0% | 24 | 100% | 282 | 41% | 17 | 85% | 51 | 71% |
| Past 12 months at or above poverty level: | 237 | 74% | 2,908 | 98% | 303 | 91% | 3,859 | 92% | 184 | 91% | 304 | 93% | 14,558 | 95% | 460 | 96% | 2,884 | 98% |
| With a disability | 51 | 22% | 1,401 | 48% | 156 | 51% | 1,869 | 48% | 77 | 42% | 103 | 34% | 5,173 | 36% | 208 | 45% | 1,084 | 38% |
| No disability | 186 | 78% | 1,507 | 52% | 147 | 49% | 1,990 | 52% | 107 | 58% | 201 | 66% | 9,385 | 64% | 252 | 55% | 1,800 | 62% |
| Veteran with a Disability | 87 | 27% | 1,407 | 48% | 170 | 51% | 2,081 | 50% | 95 | 47% | 103 | 31% | 5,581 | 37% | 211 | 44% | 1,105 | 37% |
| Non-veteran: | 508 | 61% | 5,819 | 66% | 737 | 69% | 6,727 | 62% | 626 | 76% | 575 | 64% | 38,453 | 72% | 980 | 67% | 6,224 | 68% |
| Income past 12 months below poverty level: | 25 | 5% | 571 | 10% | 91 | 12% | 571 | 8% | 42 | 7% | 27 | 5% | 3,441 | 9% | 155 | 16% | 546 | 9% |
| With a disability | 15 | 60% | 153 | 27% | 81 | 89% | 281 | 49% | 6 | 14% | 0 | 0% | 1,195 | 35% | 25 | 16% | 240 | 44% |
| No disability | 10 | 40% | 418 | 73% | 10 | 11% | 290 | 51% | 36 | 86% | 27 | 100% | 2,246 | 65% | 130 | 84% | 306 | 56% |
| Past 12 months at or above poverty level: | 483 | 95% | 5,248 | 90% | 646 | 88% | 6,156 | 92% | 584 | 93% | 548 | 95% | 35,012 | 91% | 825 | 84% | 5,678 | 91% |
| With a disability | 110 | 23% | 1,905 | 36% | 348 | 54% | 2,112 | 34% | 236 | 40% | 191 | 35% | 10,639 | 30% | 432 | 52% | 2,057 | 36% |
| No disability | 373 | 77% | 3,343 | 64% | 298 | 46% | 4,044 | 66% | 348 | 60% | 357 | 65% | 24,373 | 70% | 393 | 48% | 3,621 | 64% |
| Non-Veteran with a Disability | 125 | 25% | 2,058 | 35% | 429 | 58% | 2,393 | 36% | 242 | 39% | 191 | 33% | 11,834 | 31% | 457 | 47% | 2,297 | 37% |
| Veterans All Incomes | 583 | 17% | 224,018 | 11% | 805 | 21% | 7,457 | 22% | 430 | 12% | 628 | 19% | 35,698 | 11% | 1,107 | 16% | 5,978 | 14% |
| Veterans with a Disability | 138 | 24% | 56,651 | 25% | 269 | 33% | 2,502 | 34% | 163 | 38% | 154 | 25% | 8,843 | 25% | 394 | 36% | 1,690 | 28% |
| Non-Veterans All Incomes | 2,938 | 83% | 32,889 | 84% | 2,973 | 79% | 27,031 | 78% | 3,199 | 88% | 2,735 | 81% | 285,467 | 89% | 5,962 | 84% | 35,379 | 86% |
| Non-Veterans with a Disability | 442 | 15% | 6,107 | 19% | 861 | 29% | 6,298 | 23% | 606 | 19% | 566 | 21% | 33,004 | 12% | 1,164 | 20% | 5,246 | 15% |