

Care to Dine

Care to Dine Home Delivered Meal Program for Seniors

To support our seniors while they are staying safe at home, the Care to Dine Program provides healthy, nutritious meals delivered straight to your door. Through a collaboration with DICED Kitchen, you will receive five meals a week for up to 3 months.

You will have an opportunity to talk with a Registered Dietitian about how to stay healthy. You can also work with a certified facilitator in the Chronic Pain Self-Management Program for six weeks for up to 30 minutes a week. The goal is to provide you with tools to better manage your overall health at home.

To qualify for the program, you must be 60 years old or older and food insecure.

During the program you will have access to:



Healthy Meals



Positive Support



Education



Community Resources

Call **702.616.4932** to register for this FREE program!