East Valley Family Services 1830 E. Sahara Ave #101 Las Vegas, NV 89101

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Proposal – To offer the Chance Choice Change Program to Boulder City and Laughlin.

- 1. East Valley proposes to provide the nutrition education, application assistance and submittal as well as employment assistance to Boulder City and Laughlin following the Chance Choice Change model. Boulder City nestled in the shadow of Hoover Dam is severely pressed by the number of transient individuals traveling over the Dam seeking a better life. Many of these transients get no further than Boulder City because their resources are used. In addition Boulder City has very few services available but has developed a corps of volunteers who try to keep up with the flow of needs. Laughlin was originally established to become a jewel in the desert. Built next to the Colorado River its founders had high hopes for the success of Laughlin. Because of economic conditions this did not happen. The city's main industry is gambling affording very little employment and or stability, East Valley has provided services to Laughlin for three years and has had to constantly assure the residents that East Valley was not going to leave as so many other service providers. Both of these cities would greatly benefit from the CCC program.
- 2. The total amount requested is \$ 64,000 which includes one-half of this amount set aside for food as is required for this grant.
- 3. The CCC program will use the same basic curriculum as Las Vegas does but will take into consideration the individual and unique needs of each city. This will be especially important in the areas of employment. For instance the Boulder City classes will have to be exposed to survival in the hunt for jobs in Las Vegas. Laughlin classes will have to deal with the Laughlin casinos and the tedious problems of transportation. The nutrition and application assistance program will remain the same. East Valley is requesting money for a part-time Family Support Worker to implement this program extension. This will give East Valley the ability to answer the needs that pertain to each city. The current Las Vegas program will be the model but is full time work for those currently facilitating this program. By hiring additional staff each program will have its own clarity and unique needs considered. There will be four sessions 0f ten weeks each, two in each city.

Tentatively the food in Boulder City will be provided by Three Square and the Colorado River Food Bank in Laughlin.

# 4. Projections

### Outcome 1

- a. We will offer five 10 week classes/sessions (3 in Boulder City and 2 in Laughlin) for a total of 50 weeks. Five sessions will allow for a minimum of 10 families = 50 families. Each family averages 4 individuals per family = 200 individuals served.
- b. 50 families will receive food assistance.
- c. 50 families will be surveyed after services are rendered.
- d. 50 families will report they did not need to skip meals after receiving food assistance and supportive services
- e. 100% of families surveyed will report they did not need to skip meals.

#### Outcome 2

- a. 50 families (200 individuals) will be referred to one or more federal food assistance programs for SFY16.
- b. 90% will be successfully linked to one or more federal food assistance programs = 45 families.

#### Outcome 3

- a. Each family receives food for five dinners weekly, 50 families X 5 meals X 30 weeks = 7500 meals served.
- b. 100% increase in the area without this grant.

## Outcome4

Each family receives approximately 25 pounds of food distributed each week to 10 families for a total of 50 weeks. 10 families per week X 25lbs of food per week per family X 50 weeks = 12,500 lbs. of food distributed.

## 5. Additional information

East Valley has been successful with this program and has received many thanks from the families we serve and feed. We are confident in our ability to make things happen to help our clients/families progress along the road to self-sufficiency. Our greatest success and pride comes from our families who have participated in our varied programs and classes, paying it forward to others in need and seeing them thrive as they continue to move onward and upward independently. In extending our reach into Boulder City and Laughlin, East Valley can continue to make a difference in the lives of families and children in need. We thank you for the opportunity.