

Did You Know?

Nevada Early Intervention Services

2667 Enterprise Road, Reno 89512

(775) 688-1341

Together We're Better!



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Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

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Carson City Health & Human Services

Carson City Health & Human Services offers health care, rental, utility and prescription assistance and ongoing nutritional assistance programs for Women, Infants and Children (WIC).

For more information:

**Carson City Health & Human Services
900 E. Long Street
Carson City, Nevada 89706
(775) 887-2190**

<http://www.gethealthycarsoncity.org/>

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Churchill County Social Services

Churchill County Social Services offers assistance with emergency rent and utilities, prescriptions, supplementary food, housing assistance.

For more information:

Churchill County Social Services

485 W. B St. , Ste. 105

Fallon, NV 89406

(775) 423-6695

<http://www.churchillcounty.org/>

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Community Chest, Inc.

Community Chest is a non-profit agency serving children and families primarily in Storey and Lyon Counties. This agency provides before-and-after school programs in addition to a variety of other youth programs, counseling services, The Food Closet and Thrift Store, and employment placement services.

For more information:

Community Chest, Inc.
991 South C Street
Virginia City, NV 89440

775-847-9311

<http://www.communitychestnevada.net/>

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Community Services Agency (CSA)

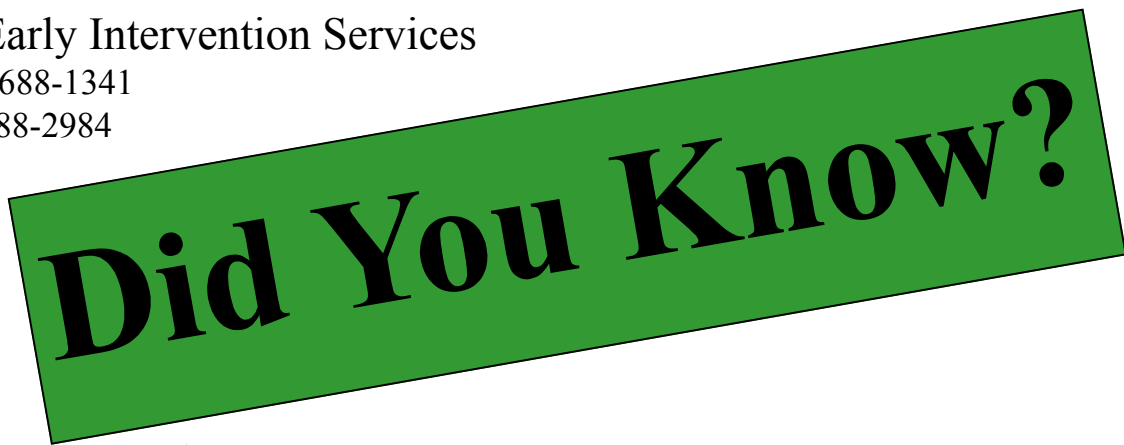
CSA Reno is a private non-profit social service agency with an associated non-profit development entity.

CSA offers affordable housing services, Head Start, weatherization, NV-Energy bill payment assistance, employment assistance and training, free income tax preparation.

For more information:

Community Services Agency
1090 E. 8 St. Reno, NV 89512
775-786-5743

<http://www.csareno.org/>



Nevada Early Intervention Services Resource Sheet

Consolidated Agencies of Human Services (CAHS)

Consolidated Agencies of Human Services offers services to low income families in Mineral County.

Services include: rental and utility assistance, emergency assistance, food pantry and commodities, prescription assistance, assistance filing forms, house assistance, WIC.

Other services offered through the Family Resource Center include: baby equipment loan program, youth activities, substance abuse prevention, family support, infant and child development, health, and safety classes, infant clothing exchange, diaper, formula, baby and school supplies, parenting classes, mentoring, case management.

For more information:

Consolidated Agencies of Human Services

P.O. Box 331 Hawthorne, NV 89415

775-945-2471

<http://www.caahsnv.org/>



Nevada Early Intervention Services Resource Sheet

Douglas County Social Services

Douglas County Social Services offers general assistance with food, rent, utilities as well as medical assistance, prescription assistance, housing assistance, employment programs, resource center, and community outreach programs.

For more information:

Douglas County Social Services

1133 Spruce St. Gardnerville, NV 89410

775-782-9825

<http://nv-douglascounty.civicplus.com/>

Nevada Early Intervention Services Resource Sheet

Did You Know?

Energy Assistance

Low Income Home Energy Assistance Program (LIHEAP)

The Energy Assistance Program (EAP) provides a supplement to assist qualifying low-income Nevadans with the cost of home energy. The EAP year begins July 1st, and applications are accepted through July 30. Applications are accepted year around or until funding is exhausted. Eligible households receive an annual one time per year benefit customarily paid directly to their energy provider.

You can call the National Energy Assistance Referral (NEAR) project. NEAR is a free service providing information on where you can apply for LIHEAP.

Call the toll-free phone number at: **866-674-6327**, send an e-mail to: energyassistance@ncat.org or you can contact your State's LIHEAP office:

Reno/Carson City residents call **775-684-0730**

Or call the statewide toll free number **800-992-0900**

Also available is the **Special Assistance Fund for Energy (SAFE)**. The SAFE program, associated with NV Energy, is a "gap-filling" program intended to supplement state and federal low-income energy assistance programs, which are the primary sources of energy assistance throughout Nevada. For more information on the safe program:

Washoe County residents call **775-834-4444** or call the statewide toll free number at **800-782-2506** or visit the SAFE program website at www.nvenergy.com



Did You Know?

Frontier Community Action Agency

The **Frontier Community Action Agency (FCAA)** is a nonprofit organization which was established to represent the needs of community members in Elko, Humboldt, Lander, and Pershing Counties. Its main goal is to assist a variety of low- to moderate-income Americans achieve economic security and stability every day. FCAA's programs and services include: Back-Pack Program, Community Leadership Initiative, emergency services, employment assistance services, family development, Family Resource Center, Family Stability Council, financial literacy training, Miles For Smiles, Summer Food Service Program, Volunteer Income Tax Assistance.

For more information:

Frontier Community Action Agency

640 Melarkey St. Suite 3, Winnemucca, NV

775-623-9003

<http://frontiercommunityactionagency.com/>

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Fax (775) 688-2984

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Did You Know?

Give Hope

The Give Hope Foundation helps families in Northern Nevada with children who are affected by a catastrophic illness. They help provide financial assistance for rent or mortgage payments, uncovered medical expenses, travel expenses related to treatment, and other expenses necessary to maintain the home for the child.

They have helped over 300+ families since 2001. This Foundation in particular, fills in the gap that other organizations cannot, as most if not all families with pediatric cancer patients have to travel out of state for treatment. They can assist with travel, food, and housing expenses during such treatment times.

Source: visit their website:

<http://www.givehopeonline.org/index.html>

Or call for questions: 775-329-4673



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Did You Know?

GovCHA Help with Insurance

Office of the Governor Consumer Health Assistance, or GovCHA, offers help to families experiencing insurance problems. GovCHA helps with issues such as being denied healthcare services, billing issues, understanding the appeal process and rights, and more. These services are provided at no cost to families. Whether you have Medicaid, Private insurance, or no insurance, this agency is dedicated to helping families learn about their rights and how to use them to advocate for the best medical care.

702-486-3587
toll free at 888-333-1597
www.govcha.state.nv.us



Did You Know?

Nevada Early Intervention Services Resource Sheet

Medicare

Medicare is the nation's largest health insurance program for many disabled persons. Please contact them for any further information.

Medicare

800-633-4227

1-800-MEDICAR

www.medicare.gov

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Nevada Early Intervention Services Resource Sheet

Did You Know?

Nevada Rural Housing Authority

The Nevada Rural housing Authority (NRHA) has worked to get Nevadans into safe, comfortable, affordable homes. Through innovative home ownership, home enhancement and rental assistance programs, NRHA has improved the quality of life for tens of thousands of Nevadans across the state.

Home at Last™ - NRHA has helped 1000 families purchase their first home through Home at Last.



Rental Assistance - NRHA helps thousands of families pay their rent.

Weatherization - NRHA helps families lower their utility bills by improving energy efficiency.

Community Development - NRHA provides consulting and development services to assist communities in addressing affordable housing needs.

Nevada Rural Housing Authority
3695 Desatoya Drive
Carson City, Nevada 89701

Main office
Phone (775) 887-1795
Fax (775) 887-1798
TDD (800) 545-1833 ext. 545
info@nvrural.org

Website: www.nvrural.org

Home at Last
(775) 887-1795 ext 104
homeatlast@nvrural.org

Rental Assistance
(775) 887-1795
renthelp@nvrural.org

Weatherization
(775) 283-0099
weatherize@nvrural.org

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Did You Know?

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Project ReStart

Project ReStart is a cooperative community effort to reduce and prevent homelessness, provide professional mental health services, and to assist families and individuals become self-sufficient.

ReStart provides crisis intervention and stabilization services for Washoe County residents who are in a family, people with a long-term disability, seniors over 60 and individuals with HIV/AIDS and others who are at risk of becoming homeless.

The Homeless Prevention Program offers deposit, rent or utility assistance. Participants meet with a case manager to address the root causes of their housing crisis and plan for long-term needs. Those who do not receive funding are offered case management services. When funds are available, ReStart provides temporary, on-going rental assistance to maintain the households current housing arrangement.

This critical prevention program helps stop the flow of individuals and families into shelters and out onto the streets.

For more information contact them at:

335 Record Street, #155
Reno, NV 89512

775.324.2622 phone
775.324.0446 fax

Mon-Fri
8am - 12pm + 1pm - 5pm

Source website: www.restartreno.org



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Resource Sheet

Did You Know?

Reno Housing Authority



The Reno Housing Authority (RHA) services Reno, Sparks, and Washoe County. RHA provides guidance and assistance to low-income families who are in need of housing or cannot pay their rent. RHA offers assistance with Section 8, public housing, rental assistance programs, and other options for those in need of housing. Please contact the RHA for more information and to see what programs you may qualify for.

Reno Housing Authority
1525 East Ninth Street
Reno, Nevada 89512

office: 775.329.3630
fax: 775.786.1712
tddy: 775.331.5138 ext. 204
Website: www.renoha.org



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Nevada Early Intervention Services Resource Sheet

Did You Know?

Ronald McDonald House Charities Northern Nevada

The Reno Ronald McDonald House provides a home-away-from home for families with ill or injured children so they can stay close by their hospitalized child. When families stay at the House we want them to be as comfortable as possible. Here, families will find support, care, understanding and compassion from staff, volunteers and other families staying at the house.

Families are stronger when they are together, which helps in the healing process. By staying at a Ronald McDonald House, parents also can better communicate with their child's medical team and keep up with complicated treatment plans when needed. They can also focus on the health of their child, rather than grocery shopping, cleaning or cooking meals.

The Reno Ronald McDonald House allows families to access specialized medical treatment by providing a place to stay at little or to no cost. We ask families to donate \$10 per night; but we will never turn a family away for the inability to donate. The Adopt-A-Night program will reduce or eliminate the donation that we ask. In 2010, 36% of our families were a part of the Adopt-A-Night Program.

323 Maine Street

Reno, NV 89502

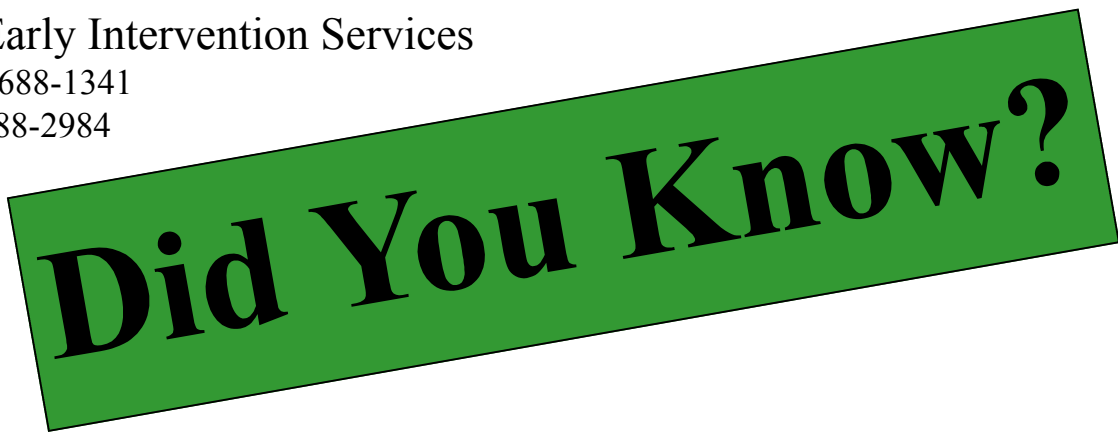
775-322-4663

E-MAIL: info@rmhc-reno.org

Source: visit the website at [www.http://rmhc-reno.org/](http://www.rmhc-reno.org/)



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Nevada Early Intervention Services Resource Sheet

Social Security Administration (SSA)

Social Security provides retirement, disability and survivors benefits to workers and their families and administers the Supplemental Security Income program. Please contact them for more information.

Social Security Administration (SSA)

1-800-772-1213

1-800-352-1605

www.socialsecurity.gov

1170 Harvard Way

Reno, NV 89502

775-784-5221

350 W. Silver Street

Suite 100

Elko, NV 89801-7727

775-777-7738

Did You Know?

Nevada Early Intervention Services Resource Sheet

Social Services - Lyon County

Programs through Social Services seek to alleviate hardship and strengthen and preserve families, while also encouraging responsibility and independence. The department provides the following programs to residents of Lyon County: Community Health Support, Emergency Services, Employment Partnership, Family Resource Center, Foster Youth Support, Prescription Drug Card and Women, Infants, and Children (WIC)

Lyon County Social Services
1075 Pyramid Street
Silver Springs, NV 89429
775-577-5009

<http://www.lyon-county.org>

Did You Know?

Nevada Early Intervention Services Resource Sheet

Social Service - Washoe County

Washoe County Social Services, Children's Services Division offer the following: adoption services, foster care services, independent living, child care and early childhood services, child protective services, and clinical services.

Children's Services
350 S. Center Street
Reno, NV 89502
775.785.8600
Fax 775.785.5640

<http://www.co.washoe.nv.us/socsrv>

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Did You Know?

Nevada Early Intervention Services Resource Sheet

State of Nevada Division of Welfare & Supportive Services

The Division of Welfare and Supportive Services provides applications for food stamps, TANF (Temporary Assistance for Needy Families), SNAP (Supplemental Nutrition Assistance Program), NV child support, medical programs, Kinship Care and Medicaid. Eligibility is based on income and family composition. For further information, please contact them at:

State of Nevada Division of Welfare Services and Supportive Services

1470 E. College Parkway

Carson City, NV 89706

1-800-992-0900

<https://dwss.nv.gov/>

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Did You Know?

Truckee Meadows Habitat for Humanity

Habitat for Humanity is a nonprofit, ecumenical Christian ministry founded on the conviction that every man, woman and child should have a decent, safe and affordable place to live. We build with people in need regardless of race or religion. We welcome volunteers and supporters from all backgrounds.

Habitat is able to make housing affordable to low-income families. Through volunteer labor and donations of money and materials, Habitat builds and rehabilitates simple, decent houses alongside our homeowner partner families.

In addition to a down payment and monthly mortgage payments, homeowners invest hundreds of hours of their own labor into building their Habitat house and the houses of others. Habitat houses are sold to partner families at no profit and financed with affordable loans. The homeowners' monthly mortgage payments are used to build still more Habitat houses.

Families in need of decent shelter apply to the local Truckee Meadows Habitat for Humanity. The family selection committee chooses homeowners based on their level of need, their willingness to become partners in the program and their ability to repay the loan. There is a nondiscriminatory policy of family selection, neither race nor religion is a factor in choosing the families who receive Habitat housing.

For more information or to complete an application, contact:

Truckee Meadows Habitat for Humanity

1775 Kuenzli St.

Reno, NV 89502

Phone: (775)323-5511

Email: habitat4humanity@clearwire.net

Website: www.habitatforhumanityreno.org



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Nevada Early Intervention Services Resource Sheet

Did You Know?

Veterans Guest House

The Guest House was opened after 2 veterans noticed that veterans and their family members were having to sleep in their cars while visiting the areas hospitals. The Guest House has been a safe, clean, and warm place that veterans and their families can stay who are receiving medical care in the Reno/Sparks area. It is conveniently located within 2 miles of 3 of the major medical centers in Northern Nevada.

Guests are encouraged to make a donation during their stay; however no one will be refused accommodations for lack of funds.

Call or stop by:
(775) 324-6958
880 Locust Street
Reno, NV 89502



Veterans Guest House

Source: Visit their website: <http://www.veteransguesthouse.org/>

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Did You Know?

2-1-1 Resource

What:

2-1-1 is an easy-to-remember telephone number that connects callers to free information about critical health and human services available in their community.

Why:

Until Nevada 2-1-1, there has been no single, comprehensive statewide provider of information and referrals for Nevadans. Because many health and human services providers offer specialized programs and services for those in need, clients were often confused or frustrated about where to turn for help.

2-1-1

www.nevada211.org



Nevada Early Intervention Services Resource Sheet

Did You Know?

Access to Healthcare Network

Access to Healthcare Network (AHN) is a one-stop solution for Nevadans who don't have healthcare insurance or other coverage.

Our extensive network of fine local doctors, hospitals and other healthcare providers across Nevada offers access to healthcare services at greatly reduced rates to AHN members.

How does it work?

Members pay AHN a low-cost membership fee.

- Members pay each provider the discounted fee at the time of their appointment or service.
- AHN is not health insurance and therefore does not pay the provider for the member's healthcare services, the member does.

AHN also administers other programs that supply health-related services to uninsured and low-income Nevadans, so it is truly a one-stop solution.

This unique program works well because of the AHN "Shared Responsibility Model" which has all involved parties take a part of the responsibility and effort to ensure that Nevadans without health coverage can access low-cost healthcare services and contribute to paying for them.

Access to Healthcare Network's mission is to increase access to primary and specialty health care services for the under and uninsured, working poor, Nevada residents, through shared responsibility and community wide partnerships.

Offices are located in Reno, Carson City, Elko, or Fernley. For more information visit the website at:

www.accesstohealthcare.org or call:

1-877-385-2345



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C*A*R*E* Chest

C*A*R*E* Chest is a Northern Nevada nonprofit agency serving individuals in need by providing medical resources, free of charge.

Resources available include: durable medical equipment, diabetic supplies and medication, prescriptions, liquid (enteral) nutrition, respiratory equipment, consumables.

For more information:

C*A*R*E* Chest
7910 N. Virginia St.
Reno, NV 89506
775-829-CARE
Toll Free: 866-206-5242

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Carson Advocates for Cancer Care

Carson Advocates for Cancer provides financial assistance to low or moderate income persons who are diagnosed with cancer. We provide a bridge for the patient to start getting the care needed while waiting for other government programs to begin

P.O. Box 3127
Carson City, NV 89702
775-883-7477

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Children with Special Health Care Needs Program

This program assists children and youth who are 0-22 years old and who have, or are at increased risk for chronic physical, developmental, behavioral, or emotional conditions that require health and related services beyond those typically needed by children in the state. The program also provides financial assistance for treatment to children and their families who have been diagnosed with a medical condition covered by the CSHCN program.

Once an application has been completed your application is submitted to the Bureau of Child, Family, and Community Wellness central office for review of medical, financial, and administrative eligibility. Applicants are advised of acceptance, denial, or pending determination by a letter. Generally, determination is made within 7 to 10 days of receiving the application. All services must be pre-authorized. We ask that parent/legal guardian/client accept the responsibility for assuring that this happens. However, NRS 442.217 specifies that it is the responsibility of the providers of care to notify the Bureau of services required.

Contact the CSHCN Program for help regarding any other state medical program assistance you may need at:

(866) 254-3964



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Dual Sensory Impairment Project

The purpose of the Nevada Dual Sensory Impairment Project is to enhance the educational services provided to children and youth, birth through 21 years, with vision and hearing impairments. The project provides statewide technical assistance to support parents, service providers, and other service agencies in meeting the educational needs of children who have dual sensory impairments.

Nevada Dual Sensory Impairment Project
College of Education
University of Nevada, Reno/MS 278
Reno, NV 89557
775-784-6471

<http://www.unr.edu/ndsip/>

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Nevada Early Intervention Services Resource Sheet

Early Hearing Detection and Intervention Program

Early Hearing Detection and Intervention Program (EHDI) is a state program made to ensure that Nevada children are screened for hearing loss at birth, and when identified they are provided with timely and appropriate educational, audiological, and medical intervention.

The 1-3-6 plan:

Screening: before 1 month of age

Evaluation: before 3 months of age

Intervention: before 6 months of age

Screening: Ideally all infants should be tested before they leave the hospital and if not at least before 1 month of age.

Evaluation: Infants who do not pass the screening should receive a complete evaluation by an audiologist experienced with infants.

Intervention: All these infants with hearing loss should be referred by 6 months of age to receive: medical, audiological, educational, and support services.

EHDI services: Audiological consultation and training to families and health care providers, monitoring statewide performance of the 1-3-6 plan, tracking and surveillance of those needing intervention in the 1-3-6 plan. Ect.

Source: Call or visit their website: (775) 684-4285 or (775) 688-0382

www.health.nv.govNCCID_NewbornHearing.htm

Located at: 4150 Technology Way Suite 210, Carson City

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Nevada Early Intervention Services Resource Sheet

Did You Know?

Early Intervention

What is Early Intervention?

Family-centered early intervention during the first three years of a child's life can make a profound difference in a child's future.

Early intervention is a system of coordinated services that promotes the child's growth and development and supports families during the critical early years. Early intervention services to eligible children and families are federally mandated through the Individuals with Disabilities Education Act (IDEA).

Starting with the partnership between parents and professional at this early stage helps the child, family and community as a whole. The earlier children with or at risk of disabilities receive assistance and the sooner their families receive support towards their children's development, the farther they will go in life.

Nevada Early Intervention Services –NW (N.E.I.S)

2667 Enterprise Road

Reno, NV 89512

775-688-1341





Nevada Early Intervention Services Resource Sheet

HAWC Community Health Centers

HAWC's mission is to provide quality, affordable, comprehensive health care services to those in need. HAWC Community Health Centers provide access to Medical and Dental care for the low-income and uninsured, with a service area spanning Washoe and Storey counties in northern Nevada. HAWC's programs include:

Medical Program-HAWC's core program is to provide quality, comprehensive primary medical care to the uninsured or underinsured, working poor in northern NV.



Dental Program-Dental care is a vitally important part of primary health care

Pediatric Program-HAWC offers childhood immunizations for free, only charging a very small fee to administer the shot.

Women's Health Connection- access to pap and pelvic exams free of charge.

Patient Needs Fund-For patients that cannot afford care or a necessary procedure.

Homeless Outreach

Creating Lasting Family Connections-HAWC offers parenting classes and group counseling sessions

Healthy Breast Program-breast health screenings, mammograms and biopsies through our partnership with the Susan G. Komen Foundation.

RX's Assistance-HAWC receives special pricing from the pharmaceutical companies for our patients as well as free samples to our patients when available.

Behavioral Health Program- screen clients for mental health and substance abuse

Main Medical/Dental Center

1055 S. Wells Ave.
Reno, NV 89502

Phone: 775 329-6300

Storey County Medical Center

175 E Carson Street, Ste A
Virginia City, NV 89440

Phone: 775-284-3570

Homeless Outreach Medical Center

335 Record Street, Ste 254
Reno, NV 89512

Phone: 775-324-2599

Source Website: www.hawcinc.org

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Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Healthcare.gov

Nevada Early Intervention Services Resource Sheet

This innovative new website developed by the U.S. Department of Health and Human Services helps you understand all the health insurance options available in your local area for you and your family. After answering just a few basic questions, the website's insurance finder will identify public and private coverage options that might be right for you.

For more information visit: www.healthcare.gov



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Nevada Early Intervention Services

Main (775) 688-1341

Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Healthy Kids

Healthy Kids program helps to provide preventive health care to Medicaid eligible individuals from birth to age 21. Offered services are: yearly physicals and referrals for health problems, as well as immunizations.

Specifically, if you have concerns about these things:

- Do you have questions about your child's growth and development?
- Do your children need glasses?
- Dental Care?
- Are they having problems in school?
- Do they need immunizations?

Then Healthy Kids can help you.

Source: visit their website:

<http://dhcfp.nv.gov/hk.htm>

They have 4 locations in Nevada: Reno, Carson City, Elko, and Las Vegas.

Reno: (775) 687-1900

Elko: (775) 753-1191

Carson City: (775) 684-3676

Las Vegas: (702) 668-4200

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Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Help with Obtaining Hearing Aids

An assistance program for people who otherwise wouldn't be able to afford hearing



Aids is now available! They have provided over 20,000 hearing aids each year to people in the US and all over the world! Income guidelines along with fees and requirements are given on the application.

Contact them at:

HEAR NOW

Starkey Hearing Foundation

6700 Washington Ave. S,

Eden Prairie, MN 55344

(800) 648-4327

<http://www.sotheworldmayhear.org/>

Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Human Behavior Institute

Located in Las Vegas, Human Behavior Institute (HBI) offers various services and products, specifically tailored to the needs of the individual or company.

HBI has developed and implemented a full range of behavioral health services and employee assistance programs for: self-funded employers, insurance carriers, union trust, and third-party administrators.

HBI offers these behavior health programs:

- Behavior Care Management
- Employee Assistance Programs (EAP)
- Prevention & Wellness
- Primary Medical Care Support & Coordination
- Clinical Services
- Public Sector Programs

Source: visit their website:

<http://www.hbinetwork.com/index.php>

Located at: 2470 S. Jones Blvd.

Las Vegas, NV 89146

Call if any questions: (702) 248-8866

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Did You Know?

Nevada Early Intervention Services Resource Sheet

Immunize Nevada

Immunize Nevada is a diverse partnership of individuals, businesses and organizations committed to improving and protecting the health of children, teens, adults, and seniors in Nevada. Their mission is to promote health and prevent the incidence of vaccine preventable diseases in Nevada through community partnerships and education.

For more information about vaccine clinics and vaccination safety for infants:

Immunize Nevada

520 W. Sixth Street, Reno, NV 89503

775-770-6714

<http://www.immunizenevada.org/>

Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

InfantSEE

InfantSEE is a national public health program developed to ensure that vision and eye care is a vital part of infant wellness care.

Most importantly, InfantSEE has partnered with local optometrists to provide a no-cost comprehensive infant eye and vision assessment within the first year of the infant's life.

Source: With a list of local optometrists in your area, visit their website at:

<http://www.infantsee.org/>

Or call: [1-888-396-3937](tel:1-888-396-3937)



InfantSEE is managed by the American Optometric Association and The Vision Care Institute of Johnson & Johnson Vision Care Inc.

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Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Nevada Division of Child and Family Services

**Division of Child and Family Services (DCFS) building
strong communities through strengthening families**

DCFS together in genuine partnership with families, communities and other governmental agencies, provides support and services to assist Nevada's children and families in reaching their full human potential.

Programs of DCFS include:

Child Welfare Services, Child Protective Services, Indian Child Welfare Act, Intensive Family Services, Placement Resources, Adoption, Independent living Program, Children's Mental Health, and Juvenile Justice Services.

For more information about these programs please visit:
<http://www.dcfs.state.nv.us/>

Nevada Division of Child & Family Services
4126 Technology Way, 3rd Floor
Carson City, NV 89706
Phone: (775) 684-4400

Nevada Early Intervention Services

Main (775) 688-1341

Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Nevada Health Centers Mammovan

The Nevada Health Center operates the Mammovan, which provides a mobile mammography van that provides screening and diagnostic mammograms. The center is funded by the federal government so they take most insurances and those uninsured. They provide services to the uninsured through various grants.

Mammogram Eligibility and Patient Eligibility:

- **Insured Patients**

1. 40 yrs and older
2. Covered Dependents are eligible
3. No Mammograms within 12 months
4. Co-Pay is due at time of visit

- **Uninsured Patients**

1. 40 yrs and Older for a screening mammogram.
2. No mammograms within 12 months
3. Patient will need to apply for a sliding scale and will need to bring:
4. Proof of Income (**if income is below 200% of the poverty level, the patient will be placed under our grant**)
5. Proof of Address

Proof of dependents in household

Call: 1-877-581-6266 for an Appointment and more information

Source: Visit their website: <http://nevadahealthcenters.org/>



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Nevada Early Intervention Services
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Fax (775) 688-2984

Nevada Early Intervention Services Resource Sheet

Did You Know?

Nevada Tobacco User's Helpline



Reason to Quit:

U.S. Surgeon General Statements on Children and Secondhand Smoke:

- "Secondhand smoke contains more than 250 chemicals known to be toxic or carcinogenic (cancer causing), including formaldehyde, benzene, vinyl chloride, arsenic, ammonia, and hydrogen cyanide. Children who are exposed to secondhand smoke are inhaling many of the same cancer-causing substances and poisons as smokers."
- "Because their bodies are developing, infants and young children are especially vulnerable to the poisons in secondhand smoke."
- "Both babies whose mothers smoke while pregnant and babies who are exposed to secondhand smoke after birth are more likely to die from sudden infant death syndrome (SIDS) than babies who are not exposed to cigarette smoke."
- "Babies whose mothers smoke while pregnant or who are exposed to secondhand smoke after birth have weaker lungs than other babies, which increases the risk for many health problems."

What they do: Nevada Tobacco Users' Helpline is a FREE telephone service that has helped thousands of Nevadans quit their tobacco use since 1997. Individuals who enroll in services at the Helpline are FIVE TIMES more likely to successfully quit tobacco than those who try to quit on their own.

<http://www.livingtobaccofree.com/>

Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Northern Nevada Autism Network



The goal of Northern Nevada Autism Network is to improve the lives of everyone affected by autism. We are a diverse group with experience in parenting children with autism. We are dedicated to raising public awareness about autism and its affects on individuals, families and communities.

We accomplish this by **funding autism treatment**, because we know Elko's communities and schools are healthier when children with autism have the benefit of treatment. We help parents locate medical providers for diagnostic evaluations and service providers for treatment.

<http://www.nnan.org>

775-753-9243

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Did You Know?

Northern Nevada Dental Health Program (NNDHP)

NNDHP is a program which offers low-cost dental care to qualified children. Services include:

- Preventive oral health care including: education, fluoride varnish, dental sealants and teeth cleaning.
- Comprehensive restorative oral health care including general dentistry and specialty care.
- English and Spanish language capability for better communication.
- Medicaid and Nevada Check-Up billing.

Dentists, utilizing their own offices provide treatment and prevention services to patients. After qualifying for the program, children are scheduled into needed care.

Mission Statement

Northern Nevada Dental Health Program (NNDHP) provides quality low-cost oral health care for economically disadvantaged children who reside in Northern Nevada.

Who qualifies for care?

- Children to age 18 who live in Northern Nevada.
- Children with Medicaid or Nevada Check-Up benefits.

Children with no dental insurance and whose family meets program income guidelines.

How to Apply

Please call NNDHP. If eligible, a dental appointment will be made for the needed care:

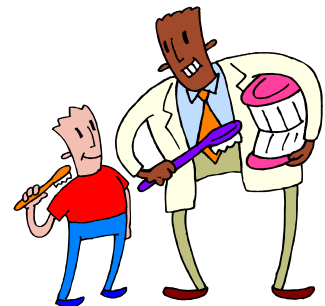
Office: 775.770.6609

Fax: 775.770.6375

6770 S. McCarran Blvd, Ste. 102

Reno, NV 89519

Source: Northern Nevada Dental Society website,
www.nndental.org



Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Nevada Early Intervention Services Resource Sheet

Did You Know?



Partnership for
Prescription Assistance

Partnership for Prescription Assistance

The Partnership for Prescription Assistance brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients without prescription drug coverage get free or low-cost medicines through the public or private program that's right for them.

For eligibility, call toll-free:

1-888-4PPA-NOW

(1-888-477-2669)

<http://www.pparx.org/>



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Nevada Early Intervention Services Resource Sheet

SNAP (Special Needs Advocate for Parents)

SNAP - Special needs advocate for parents - A national information source for families with special needs children providing assistance to parents in sorting out private medical insurance authorization or reimbursement problems. The goal of SNAP is to provide information, education, advocacy and referrals to families with special needs for children of all ages and disabilities.

call SNAP toll free at 888-310-9889.

Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Spina Bifida and Hydrocephalus Association of Nevada



The Spina Bifida Association (SBA) serves adults and children who live with the challenges of Spina Bifida. Since 1973, SBA has been the only national voluntary health agency **solely dedicated to enhancing the lives of those with Spina Bifida** and those whose lives are touched by this challenging birth defect. Its tools are education, advocacy, research, and service

<http://www.spinabifidaassociation.org/>

[http://www.autismlink.com/
listingspina_bifida_and_hydrocephalus_association_of_nevada](http://www.autismlink.com/listingspina_bifida_and_hydrocephalus_association_of_nevada)

3106 Laentrada Street
Henderson, NV 89014

Tel: (702) 796-7242

Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

STEP 2/Lighthouse of the Sierra

STEP 2 provides a comprehensive substance abuse treatment program and services related to the women and their children, suffering from chemical addition, domestic violence, and poverty. The goal is that the family is able to rebuild their lives and the result is self-sufficient healthy families.

For the women: STEP 2 offers a clinically managed outpatient treatment for chemically dependent women and their families. They do however, offer affordable housing to women and their families, as well as a 27 bed living transitional homes. On site a few of their other services are: case management, couples and family counseling, relapse prevention, childcare, transportation, ect.

For the children: Also located on the Lighthouse of the Sierra campus, is an early head start and childcare programs, with center and home based services. They also provide afterschool programs, role modeling, and health and safety skills.

For admission/ eligibility call: (775) 787-9411

Source: Visit their website: <http://www.step2reno.org/>

Located at: 3700 Safe Harbor Way, Reno, NV 89512

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Nevada Early Intervention Services

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Fax (775) 688-2984

Nevada Early Intervention Services Resource Sheet

Did You Know?

The Medicine Program

The Medicine Program (TMP) is a patient advocacy organization that helps families and individuals get access to free or nearly free prescriptions through Patient Assistance Programs.



Their services are free of charge and there are no age restrictions to their services.

Source: Visit their website:

<http://www.themedicineprogram.com/>

Their website has lists of available prescriptions, the application, and more information about the process.

Or call for more information: [1-573-996-7300](tel:1-573-996-7300)

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Did You Know?

Nevada Early Intervention Services Resource Sheet

United Cerebral Palsy of Northern Nevada



United Cerebral Palsy educates, advocates and provides support services to ensure a life without limits for people with a spectrum of disabilities. **UCP works to advance the independence, productivity and full citizenship of people with disabilities** through an affiliate network that has helped millions.

<http://www.ucp.org/>

[http://www.autismlink.com/listing/
united cerebral palsy of northern nevada](http://www.autismlink.com/listing/united_cerebral_palsy_of_northern_nevada)

255 Glendale Avenue, Suite 3
Sparks, NV 89431

Tel: (775) 331-3323

Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

American Cancer Society

American Cancer Society (ACS) is a volunteer based health service organization dedicated to eliminating cancer. ACS provides cancer information and referrals to local, state and federal resources.

American Cancer Society
6490 S. Mc Carran Blvd.
Suite 40
Reno, NV 89509

www.cancer.org

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Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Carson City Health Department

Carson City Health Department provides emergency food, clothing, and rental as well as utility, medical and general assistance for eligible individuals.

303 Butti Way
Suite 1
Carson City, NV 89701

775-887-2110

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Nevada Early Intervention Services

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Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Carson Tahoe Cancer Resource Center

With early intervention, treatment, and oncology support - **cancer** is treatable. And no one has to do it alone. The **Carson Tahoe Cancer Center** provides every aspect of **cancer** care, all under the same roof. Our oncologist, staff of cancer survivors, and cancer treatment facilities have helped patients from Carson City, Reno, Lake Tahoe, Dayton, Douglas County, and beyond regain their lives.

They host eight support groups and offer one on one peer support. They have referrals to local community agencies associated with cancer care, such as Medicaid, Medicare and help with insurance issues. They have an extensive lending library, free pamphlets and booklets covering all types of cancer, treatments and nutrition. All services are free. Services are available to all cancer patients, their families, care givers and friends of where or from whom they are receiving treatment. For more information, please contact:

Carson Tahoe Cancer Resource Center
990 N. Minnesota Street
Carson City, NV 89702
775-445-7500

<http://www.carsontahoecancer.com>

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Nevada Early Intervention Services
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Did You Know?

Nevada Early Intervention Services Resource Sheet

Carson Tahoe Regional Medical Center

Carson Tahoe Hospital has more than 185 physicians representing 35 specialties ranging from Oncology, Cardiology and Neurology to Plastic and Microsurgery. The hospital offers a comprehensive Women and Children's Center, extensive orthopedic services, the latest diagnostic advances with filmless imaging, 24 hour emergency care, state of the art Cath Lab, chemistry and lab equipment and Nuclear Medicine. For more information, please contact them at:

Carson Tahoe Regional Medical Center

1600 Medical Parkway

Carson City, NV 89703

<http://www.carsontahoe.com>

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Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Juvenile Diabetes Research Foundation



JDRF was formed by families living with Juvenile Diabetes to first of all find a cure, but also to help families of children and teens cope with this way of living. JDRF is the leading global organization focused on type 1 diabetes (T1D) research.

Parents: If someone in your family has been newly diagnosed and would like to meet a mentor family to talk with - **contact the Reno JDRF staff at northernnevada@jdrf.org** and you will be connected with a local family from Northern Nevada

JDRF Northern Nevada Branch

JDRF.org/NorthernNevada

775-786-1881

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Nevada Early Intervention Services
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Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

National Cancer Institute (NCI)

National Cancer Institute conducts and supports research, training, health information dissemination and other programs with respect to the cause, diagnosis, prevention and treatment of cancer, rehabilitation from cancer and the continuing care of cancer patients and the families of cancer patients, NCI answers questions about cancer through Information Specialists, the Internet and free publications.

800-4 CANCER

www.cancer.gov

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Did You Know?

Nevada Early Intervention Services Resource Sheet

Nevada Cancer Institute

Nevada Cancer Institute (NVCi) is committed to bringing innovative cancer therapy options to all cancer patients. NVCi provides research, prevention, detection, education for and about cancer, including Patient Navigation and Case Management programs to assist patients with education, information and referrals to local, state and federal resources. Please contact them for more information.

www.nevadacancerinstitute.org

Nevada Cancer Institute
1301 N. McCarran Blvd
Suite 101
Sparks, NV 89431
775-356-8800

2596 Idaho St.
Elko, NV 89801
775-738-4673 (HOPE)

570 E. Williams Avenue
Fallon, NV 89406
775-423-7060

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Did You Know?

Nevada Early Intervention Services Resource Sheet

Northern Nevada Children's Cancer Foundation (NNCCF)



The Northern Nevada Children's Cancer Foundation (NNCCF) is the only organization dedicated solely to supporting children with cancer and their families in Northern Nevada and the eastern Sierra region. NNCCF is a comprehensive resource organization providing financial and emotional assistance, advocacy, awareness and research funds. Since its inception, the Foundation has helped approximately 300 families and provided more than \$1.5 million in direct financial assistance.

Contact:

Northern Nevada Children's Cancer Foundation
3550 Barron Way, #5A
Reno, NV 89511

Phone : 775-825-0888

Fax : 775-825-4726

Email : info@nvchildrenscancer.org

Website: <http://www.nvchildrenscancer.org/>

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Nevada Early Intervention Services
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Did You Know?

Nevada Early Intervention Services Resource Sheet

Northern Nevada Medical Center



Northern Nevada Medical Center is a progressive acute care hospital that offers high quality medical care to residents of Sparks, Reno and the surrounding areas of Nevada and California. The hospital's tradition of providing quality healthcare in a comfortable, accessible environment means peace of mind for the thousands of patients it serves each year.

Northern Nevada Medical Center
2375 E. Prater Way
Sparks, NV 89434
775-331-7000

<http://www.nnmc.com/>

Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Nevada Early Intervention Services Resource Sheet

Did You Know?

Renown Regional Medical Center



Renown offers access to more healthcare services than all other providers in the region. This includes four hospitals plus northern Nevada's only NACHRI-affiliated Children's Hospital and Children's ER. Renown Regional is the region's only accredited Trauma Center to treat seriously injured patients. Additionally, recognized areas of excellence include Institutes specializing in heart, cancer, robotics and neurosciences.

Renown Children's Hospital is the only dedicated children's hospital in northern Nevada and offers a variety of programs and services designed specifically to take care of our community's families. Renown Children's Hospital has the region's only Children's ER, Pediatric ICU and Children's Specialty Care that treats children and adolescents with cancer. Children's Specialty Care is also home to the region's only Children's Infusion Center.

<http://www.renown.org/>

Renown Children's Hospital
1155 Mill Street
Reno, NV 89502
Ph: 775-982-KIDS (5437)

Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Saint Mary's Regional Medical Center

Saint Mary's Regional Medical Center offers a wide range of comprehensive state-of-the-art cancer services including treatment, related resources education and support services.

Saint Mary's Regional Medical Center

235 W. 6th Street

Reno, NV 89503

775-770-3000

<http://www.saintmarysreno.org>

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Nevada Early Intervention Services
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Did You Know?

Nevada Early Intervention Services Resource Sheet

Shriner's Hospitals for Children

Shriners Hospitals for Children has a mission to provide the highest quality care to children with neuromusculoskeletal conditions, burn injuries and other special health-care needs within a compassionate, family-centered and collaborative care environment.

This mission is carried out without regard to race, color, creed, sex or sect, disability, national origin or ability of a patient or family to pay.

Children are eligible for care up to the age of 18 if, in the opinion of our physicians, there is a reasonable possibility they can benefit from the specialized services available. Applicants are accepted based solely on a child's medical needs.

The hospital that services Northern Nevada is located in Northern California at:

2425 Stockton Blvd.
Sacramento, CA 95817
916-453-2000



Local Shriners and Shrine Clubs offer assistance with transportation to and from the hospital.

An application for care can be completed by the parent(s)/guardian(s) of the patient, or a referral can also be made directly by a physician.

For more information and to get started on an application, contact:

Kerak Shrine Center
4935 Energy Way
Reno, NV 89502
(775) 856-3330

Email: Kerak@sbcglobal.net

Web: www.KerakShrine.com

Source: www.shrinershospitalsforchildren.org



Shriners Hospitals
for Children™

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Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Susan G. Komen Breast Cancer Foundation Northern Nevada Affiliate

Susan G. Komen Breast Cancer Foundation's mission is to eradicate breast cancer as a life-threatening disease by advancing research, education, screening and treatment. For more information, please contact them at:

Susan G. Komen Breast Cancer Foundation
Northern Nevada Affiliate

P.O. Box 19538

Reno, NV 89511

www.northnvkomen.org



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Nevada Early Intervention Services
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Did You Know?

Nevada Early Intervention Services Resource Sheet

The Reno-Sparks Tribal Health Center

The Reno–Sparks Tribal Health Center provides healthcare to American Indians and Alaska Natives enrolled or a descendant of a federally recognized tribe.

Such services provided at the clinic include:

Medical

Pharmacy

Dental

Optometry

Mental Health

Youth services

Fitness

Nutrition

HIV/AIDS prevention and substance abuse counseling.

Source: Visit their website:

<http://www.rsic.org/health.asp?action=clinic>

Located at:

1715 Kuenzli St.

Reno, NV 89502

[\(775\) 329-5162](tel:(775)329-5162)

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Did You Know?

Baby Bottle Tooth Decay

Baby Bottle Tooth Decay (BBTD) is caused by prolonged contact with almost any liquid other than water. This can happen from putting her to bed with a bottle of formula, milk, juice, soft drinks, sugar water, sugared drinks, etc. Allowing her to suck on a bottle or breastfeed for longer than a mealtime, either when awake or asleep, can also cause BBTD.

When liquid from a baby bottle builds up in the mouth, the natural or added sugars found in the liquid are changed to acid by germs in the mouth. This acid then starts to dissolve the teeth (mainly the upper front teeth), causing them to decay. Baby Bottle Tooth Decay can lead to severe damage to your child's baby teeth and can also cause dental problems that affect her permanent teeth. But there are steps you can take to prevent Baby Bottle Tooth Decay.

Keep these pointers in mind as you care for your child's teeth:

- Never put your child to bed with a bottle. By 7 or 8 months of age, most children no longer need feedings during the night. Children who drink bottles while lying down also may be more prone to getting ear infections.
- Only give your baby a bottle during meals. Do not use the bottle as a pacifier; do not allow your child to walk around with it or to drink it for extended periods. These practices not only may lead to BBTD, but children can suffer tooth injuries if they fall while sucking on a bottle.
- Teach your child to drink from a cup as soon

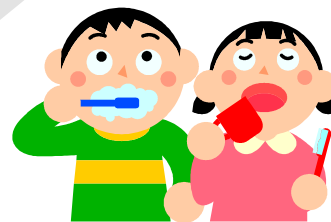
as possible, usually by 1 year of age. Drinking from a cup does not cause the liquid to collect around the teeth, and a cup cannot be taken to bed. If you are concerned that a cup may be messier than a bottle, especially when you are away from home, use one that has a snap-on lid with a

straw or a special valve to prevent spilling.

- Keep your baby's mouth clean. This is an important part of preventing tooth decay. After feedings, gently brush your baby's gums and any baby teeth with a soft infant toothbrush.

- Use water and a soft child-sized toothbrush for daily cleaning once your child has 7 to 8 teeth.

By the time your toddler is 2 years of age, you should be brushing his teeth once or twice a day, preferably after breakfast and before bedtime. Once you are sure your child will spit, and not swallow, toothpaste, you should begin using a fluoride toothpaste. Use a pea-sized amount of toothpaste to limit the amount he can accidentally swallow.



Article Source: American Academy of

Pediatrics website: WWW.AAP.ORG

Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Boys and Girls Club of Truckee Meadows



Nevada Early Intervention Services Resource Sheet

Since 1976, the Boys & Girls Club of Truckee Meadows has helped build great futures for thousands of Northern Nevada youth with everything from before- and after-school programs, to sports leagues, education and healthy meals. The Club operates at 19 locations in northern Nevada.

Core programs of the Boys and Girls Club of Truckee Meadows include: Character and Leadership Development, Education and Career Development, Health and Life Skills, The Arts, and Sports Fitness and Recreation. Please visit their website for information on how to enroll.

<http://www.bgctm.org/>

2680 East 9th Street Reno, NV 89512
(775) 331-3605

Nevada Early Intervention Services

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Did You Know?

Nevada Early Intervention Services Resource Sheet

Buckle Up

Child seat safety:

Children younger than 6 years of age or who weigh less than 60 lbs must ride in an approved child restraint system. (NRS 484B.157)

Suggested practices via the Nevada DMV:

All children below the age of 12 should be buckled in the back seat.

Birth– 12 Mos.

Use a rear facing car seat until 12 mos. And until the baby reaches the height and weight limits of the seat's manufacturer.

1-3 years

Keep the child rear-facing as long as tolerated. Then use a forward-facing toddler seat with a harness once the toddler outgrows the infant car seat's limits.

4-7 years

Once the young child outgrows the toddler seat, use a booster seat until the child is large enough for regular seat belts. They are large enough for a seat belt when the lap belt crosses the thighs and not the stomach. Also when the shoulder belt does not cross the neck or the face.

8-12 years

Once the child can wear the regular seat belt appropriately they do not need a booster seat. Continue to keep the child in the back seat.

Other tips:

- Never use pillows, towels, or books to help boost the child.
- Never place a rear facing child seat in the front seat with an air-bag.

Lastly free inspections and advise are available through: 866-SEAT-CHECK

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Did You Know?

Nevada Early Intervention Services Resource Sheet

Check-ups

When to get those Check– ups:

Babies and Toddlers– Birth -4 years old. These checks are particularly important due to immunizations, and progression in development and growth. Also 12 and 24 months are important due to lead level testing.

Under 1 month	15 months
2 months	18 months
4 months	2 years
6 months	3 years
9 months	4 years
12 months	

School aged children Ages 5-12. State Law requires that all those entering kindergarten or first grade or new students need to be current on immunizations.

5 years	10 years
6 years	12 years
8 years	

Teens and Young Adults– 13-20. If NV check up then 13-18 or 13-20 for Medicaid. These check-ups are important to assess for nutritional issues, substance abuse, risky behavior, and other concerns.

14 years	18 years
16 years	20 years

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Did You Know?

Child Development: How to help Birth-6 weeks

Birth– 6 weeks:

- As infants are learning to hold their head and neck up, give them short periods of time on their tummy to practice.
- As they can recognize your voice, talk to them. They might be startled to loud noises and are sensitive to sounds, so talk with them in a soothing manor and use soothing noises when around them.
- The infant will already know how to suck; so you can provide things for them to suck on, such as a pacifier or letting them use their thumb or fist. These things often bring them comfort.
- They will begin to respond to touch, so holding and rocking are always encouraged as it is very comforting to the infant. It also shows them that they are in a safe environment.
- As their vision and eyes are still developing, talk close to their face so they can recognize you and hold options within 2 feet of their face.
- Be patient. As they will be sleeping most of the day (maybe for short periods of time), they may be crying a lot as well. Comfort them during those times, as they are trying to show you they are hungry, in discomfort, or fatigued. This time is important as they are learning to trust you.

Nevada Early Intervention Services Resource Sheet

Did You Know?

Child Development: How to help 6 weeks - 4 months

6 weeks—4 months:

- As infants continue to practice holding their heads up on their own, continue with tummy time several times a day.
- As they have learned to track you and objects, move objects side to side within 2 feet of their face. Perhaps, even place a mobile above their crib that has brightly colored objects. This also will encourage the infant to reach and maybe bat the objects.
- Smile intentionally at them as they might respond with smiling back or cooing.
- By now they would of learned that they are safe and that you will provide for their needs. Continue to comfort them, rock them, hold them, and supply affection.
- Continue to be patient. By now they may be sleeping less, but sleeping for longer periods of time during the evening. During periods of crying they might of indicated what they are comforted by: pacifier, being held, rocking, ect. If not, continue to try different things that might provide a soothing and comforting environment for the infant.

Nevada Early Intervention Services Resource Sheet

Did You Know?

Child Development: How to help 4 months - 6 months

4 months to 6 months:

- As the infant can grasp objects and reach for things, place toys in reaching distance of the infant so they can practice reaching for them. Perhaps, having toys that make noises as they may be able to imitate the sound.
- Now that the infant can roll side to side, placing them on the floor with a blanket to kick and stretch, and to be active is important.
- Provide positive affection. Smiling, hugging, kissing, holding, and cuddling. These are all important for the infant as they will begin to express emotions and will respond.
- Providing different environments for the infant to explore as they are more curious now. For example, taking them to different areas of your house, or trips to the store, ect.

Nevada Early Intervention Services Resource Sheet

Did You Know?

Child Development: How to help 6 months - 12 months

6 months– 12 months:

- As the baby can reach and hold objects, provide a wide range of toys that rattle or make noise. Make sure the objects are appropriate to bang and drop. Perhaps even let your baby play with the kitchen's tubberware, unbreakable pots and pans, ect.
- Play and interact with the baby through games like pee-a-boo, reading picture books, name the objects they point to, or make the sound that animals make, ect.
- Providing different environments for the infant to explore as they are more curious now. For example, taking them to different areas of your house, or trips to the store, ect.
- They make be shy or uneasy around new people. Do not rush the baby to interact with them, but encourage and hold them if they are uncomfortable. However, have a wide variety of people in your home so they are used to seeing "new people."
- Encourage the baby to explore your home; however remember to always hide or lockup things they should not be playing with.

Nevada Early Intervention Services Resource Sheet

Did You Know?

Child Development: How to help 12 months - 18 months

12 months—18 months:

- As they are developing their language using a technique called **parallel talk** is very beneficial. This is when you say what your child is doing, looking at, touching, or playing with. This will help your child learn what they are doing and how to say it
- Use simple directions when you are speaking, and praise them when they respond
- Listen attentively to them when they are trying to talk with you
- During bath time, point to body parts and identify them, allow them to imitate and say the body part.
- Play games like simple puzzles or stack blocks
- Read books, as they will learn to turn the pages, imitate the animal sounds, or ask them to identify they characters, or body parts
- Spend time in different environments, during the outing point to various objects
- They might be using “No” a lot during this time, so re-directing them or distracting them from the behavior might be necessary to avoid a tantrum
- They might be a picky eater, so provide small portions of a variety of food for them to eat. Remove the plate when they are playing with the food, but allow them to try and feed themselves. Make sure the food is in small sizes, as they may choke

Nevada Early Intervention Services Resource Sheet

Did You Know?

Child Development: How to help 18 months - 24 months

18 months—24 months:

- Given them pieces of paper and pencils/crayons to draw.
- Play with a large ball for them to throw or kick.
- Play music and allow them to be expressive and dance..
- Teach them about sharing, by you sharing with them and asking them to share with you.
- Have play dates with other children and give them opportunities to interact with other children. They will learn to play with each other and eventually learn to share, although at this range it might be difficult.
- Allow them to feed themselves with a spoon and fork if able.
- To help their independence allow them to pick out their clothing. They might be able to help you sort the clothing closer to 24 months.

Nevada Early Intervention Services Resource Sheet

Did You Know?

Child Development: How to help 2 years - 3 years

2-3 years:

- To help with their motor development begin to hop and jump with them. Also incorporate standing on one leg into your play with them.
- To help develop their language continue to read to them and use longer commands ie. Please grab a diaper and throw this away.
- Help show them how to express their emotions. Use a mirror to show different faces to express their feelings, instead of tantrums.
- To help with their creativity and their hand muscles play with play dough and show them how to poke, kneed, and mold.
- Continue to engage them in conversation. Ask them to describe the different environments they are in or what they see. Continue to parallel talk with them and describe what they are doing and what you are doing together.

Did You Know?

Child Development: What to look for Birth - 6 weeks

Throughout your child's development there are certain "milestones" to look for in the areas of growth, motor, social/ emotional, and language. If you notice that your infant is not doing one of these things, please notify your pediatrician during their well checks.

Birth– 6 weeks: Keep in mind that these are ranges and may vary somewhat per child.

- Infants will begin to lift their head for short periods of time, but most of the time the head will be wobbly. They will need continued head/neck support.
- Move their arms and their legs, and will usually have equal movements on both sides.
- While sucking is usually voluntary, they will continue to improve their sucking ability.
- Recognize and maybe turn toward mom or dad's voice.
- May make brief eye contact.

Things to be aware of:

- Infant should be in a proper fitting car seat and facing the rear end of the vehicle.
- They should be sleeping on their backs.
- Be aware when placing infant on the edge of bed or couch. Be careful of falls.
- Never smoke around or near the infant. And remember to change your clothes after smoking. As second– hand smoke is harmful to the infant.

Did You Know?

Child Development: What to look for 6 weeks - 4 months

Throughout your child's development there are certain "milestones" to look for in the areas of growth, motor, social/ emotional, and language. If you notice that your infant is not doing one of these things, please notify your pediatrician during their well checks.

6 weeks to 4 months: Keep in mind that these are ranges and may vary somewhat per child.

- Raise their head to 45 degrees on their own
- Will grasp your finger
- Will begin to localize sounds, and will begin to track and follow you or objects with their eyes.
- May response back with a smile
- Keeps hands open, and may bring objects to mouth/face
- May begin to laugh or squeal
- Begin to push with their feet while in standing position
- Closer to 4 months, they maybe able to roll over one way

Things to be aware of:

- Keep up with their well-child checks as most of the appointments are for vaccinations too.
- Continue to be cautious when placing the infant on the edge of the bed or couch. Be aware of potential falls as they might be able to roll over.
- Be aware of potential choking hazards as they might be able to move objects to their mouths.

Nevada Early Intervention Services

Main (775) 688-1341

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Nevada Early Intervention Services Resource Sheet

Did You Know?

Child Development: What to look for 4 months - 6 months

Throughout your child's development there are certain "milestones" to look for in the areas of growth, motor, social/ emotional, and language. If you notice that your infant is not doing one of these things, please notify your pediatrician during their well checks.

4 months to 6 months: Keep in mind that these are ranges and may vary somewhat per child.

- Turns directly to sound and voice
- Rolls both ways, sits with support
- Babble consonants, and imitates speech sounds, may respond to own name. May even babble at toys.
- May like to look at self in the mirror
- Begins to pass things from one hand to another, shows curiosity and tries to get things that are out of reach.

Things to be aware of:

- Keep up with their well-child checks as most of the appointments are for vaccinations too.
- Continue to be cautious when placing the infant on the edge of the bed or couch, as baby can rollover and fall. Also begin to secure stairs with gates.
- Be aware of potential choking hazards as they might bring small objects to mouth .
- Never place hot objects or liquids in reaching distance of infant, as they are able to grasp things and may pull the object on themselves.

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Did You Know?

Child Development: What to look for 6 months - 12 months

Throughout your child's development there are certain "milestones" to look for in the areas of growth, motor, social/ emotional, and language. If you notice that your infant is not doing one of these things, please notify your pediatrician during their well checks.

6-12 months Keep in mind that these are ranges and may vary somewhat per child.

Begins to sit alone and eventually crawls on hands and knees

May bang objects together

Begins to bang, drop, or even throw objects

May show hesitation or shyness around strangers

Begins using their index finger and thumb (pincer grasp)

Understands words like no, bye, mommy and daddy

Continues to babble and may repeat ma ma or ba ba.

Things to be aware of:

- If they have reached the weight and height requirements for their car seat they may face the front of the vehicle at 12 months.
- Keep all things in an unreachable place as the baby can crawl and reaches for things. I.e. Lock all weapons, poisons, medications, and kitchen supplies
- Once the baby has developed some of their teeth, you may start cleaning their teeth with a moist cloth or toothbrush if tolerated.
- Never leave an infant alone in water, even if they can sit alone.

Nevada Early Intervention Services Resource Sheet

Did You Know?

Child Development: What to look for 12 months - 18 months

Throughout your child's development there are certain "milestones" to look for in the areas of growth, motor, social/ emotional, and language. If you notice that your infant is not doing one of these things, please notify your pediatrician during their well checks.

12 to 18 months: Keep in mind that these are ranges and may vary somewhat per child.

Closer to 15 months child will be walking independently

May say 4-10 words, closer to 18 months— 10-20 words

Will identify family members, also recognize them in pictures.

Can identify body parts

Closer to 18 months may walk down stairs with assistance

Will climb on furniture, walk backwards,

Can use spoon and drinks from a cup, although will be messy

May be stubborn, and uses "No" frequently

Things to be aware of:

Continue to lock all valuable, medications, firearms, and poisons as child is mobile and is curious.

Continue to use stair gates as child again is curious, but might not be stable enough to walk down the stairs on their own.

As the child has developed teeth, dental care is important, and discuss supplemental fluoride with your dentist. They should see the dentist during this time.

Did You Know?

Child Development: What to look for 18 months - 24 months

Throughout your child's development there are certain "milestones" to look for in the areas of growth, motor, social/ emotional, and language. If you notice that your infant is not doing one of these things, please notify your pediatrician during their well checks.

18 months-24 months Keep in mind that these are ranges and may vary somewhat per child.

- Can build towers and stack blocks
- Jumps, kicks, dances, and throws a ball
- Increased their vocabulary to 20-50 words, and states 2- words phrases
- Displays affection toward parent/caregiver
- Begins to scribble- can draw circles or circular objects
- Can play alone or with other children

Things to be aware of:

- As they have grown in size and reach, careful placing objects in reach of child, as they like to throw. Be especially careful with any objects on the stove
- Always survey the room before letting your child roam/play freely
- Be watchful of furniture as they are able to climb independently and the piece of furniture might fall on them if they start to climb on it
- Although they have developed some of their teeth, it is still important to feed them small sized foods

Nevada Early Intervention Services Resource Sheet

Did You Know?

Child Development: What to look for 2 years - 3 years

Throughout your child's development there are certain "milestones" to look for in the areas of growth, motor, social/ emotional, and language. If you notice that your infant is not doing one of these things, please notify your pediatrician during their well checks.

2- 3 years: Keep in mind that these are ranges and may vary somewhat per child.

- Can "help" around the house
- Runs, climbs, up/down stairs on their own
- Balances on 1 foot
- Begins to play make believe
- Increased independence
- Begins to speak more clearly and their vocabulary is increasing
- Can take things apart
- Expresses more emotion

Things to be aware of:

- As they want to play "catch/ throw" be clear on what they can throw as they can hurt someone or themselves
- As they might become more and more picky eaters, give them healthy items when they do eat
- Continue to lock up poisons, medications, weapons, and harmful items in the hands of your young child

Nevada Early Intervention Services

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Did You Know?

Nevada Early Intervention Services Resource Sheet

Child Find Project



The Washoe County School District Student Support Services Child Find Project believes that every child has the right to a public education. The objective of the Child Find Project is to identify, evaluate, and find the appropriate programs for any Washoe County handicapped child (age 3-21) who is not now enrolled in any school program.

The Child Find Project is a federally funded program to identify the needs of the unserved handicapped child. After the child has been evaluated and found eligible for services, the Child Find Coordinator works with the School District to create a program appropriate for the child.

Programs/Services Available: classroom placement, special education resource rooms, specialized/self-contained special education classes, a special education school, itinerant speech/language services, visual services, itinerant occupational/physical therapy, adapted physical education and home-bound service.

To make a referral call **775-689-2584**

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Did You Know?

Nevada Early Intervention Services Resource Sheet

Considering Breastfeeding

Before you begin:

- You can enroll in a breast feeding class (most hospitals offer classes to the public)
- Ask your Obstetrician if they suggest any lactation consults near by
- Ask the hospital you want to deliver in if they have any lactation consultants
- Read books or research breastfeeding practices online
- Research breastfeeding groups like La Leche league or Nevada WIC, ect.

Deciding to breastfeed and some of the benefits:

- All the nutrients the infant needs are found in breast milk
- It is a cheaper option than formula
- Provides bonding time between you and the infant
- Research has shown that breastfeeding provides certain immunological benefits for the infant
- And provides a great way to lose some of the “baby weight” put on during pregnancy

Of course there are a few reasons why a mother should not breastfeed, and the mother should always disclose any medication they will be taking during the breastfeeding time, and any medical conditions they have. Always consult a physician while making the decision to breastfeed.

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Did You Know?

Nevada Early Intervention Services Resource Sheet

Early Head Start

Early Head Start offers:

Developmental screenings	Help finding a medical home
Nutritional services	Parent meetings & training
Home visits	Medical referrals
Prenatal support & referrals	Other community referrals

Early Head Start has 2 kinds of programs:

Home-based program: this program offers personalized home visits by certified parent educators, gives practical advice in ways to foster the child's learning, how to manage difficult behaviors, and provides group meetings.

Center-based program: provides full-time, year round child care for infants and toddlers. The sites are: The Nelson building, The Comstock Center, and Lighthouse of the Sierra.

Eligibility:

Pregnant women
Infants and toddlers– Birth-2 years old
Limited income

Any questions and location details please call: [\(775\) 327-5100](tel:7753275100)

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Did You Know?

From the Crib to the “Big Bed”

Making the transition to a big bed for a toddler can be very exciting time for the family. But most parents aren’t sure when the transition should happen. A few indications that your child maybe ready for the change are:

- When they are taller than 35 inches
- If they are repeatedly trying to crawl out of the crib
- Your child is able to put themselves to sleep or back to sleep
- They are older than 2 years old

Some children will take the transition very well, while others might have difficulty. Perhaps, getting them used to the idea with reading books about “big beds”, having them pick out the bed or new sheets, or having them pick out the toys or stuffed animals that can sleep with them.

Remember, now they are able to get out of bed, so safety is very important. Begin with a low set bed, or start off even with a mattress on the floor, as they might roll off the new bed. Also make sure to safe guard the room as they might roam around their room, now that they can get out of bed.

Of course some children make the transition too early, and are unable to stay in bed or unable to sleep well. Going back to the crib for a short period of time does not mean they will never sleep in a “big bed”, they will eventually make the transition when they are ready.

Did You Know?

Helpful Tips for Breastfeeding

In the beginning, remember to be patient as your milk is “coming in.” The first substance your baby will be nourished by is **colostrum**. Colostrum is produced through the early days of breastfeeding, and is high in carbohydrates, antibodies, and proteins. This substance is usually yellowish, sticky, and highly concentrated. This should help the baby pass their early stools as it has laxative effects.

To help the baby **latch on**, you can lightly brush or touch the baby’s cheek closest to the breast, and this will cause the baby to turn toward the breast. This is one of the earliest reflexes of the infant, as it helps with latching on. If you are having difficulty with the baby latching on, you might try to expel some of the milk and then try again.

Once the baby latches on, frequent nursing periods are suggested. Your breasts might be tender or ache as they begin to fill and become engorged. The most popular feeding position is the cradle position, but you may also lie down and nurse. While **nursing frequency** varies for each baby, even every hour to four hours is common. Just watch for indications that your baby is hungry like crying, chewing or sucking, or turning into your breast. Sometimes for a hungry baby you will need to wake them to nurse. Remember to alternate breasts during feedings, or break up each feeding between the two breasts.

Moms are encouraged to stay well-rested (or as much as possible), eat well, and enjoy time with their newborn. Of course avoidance of tobacco, alcohol, and drugs are always encouraged. **Questions** about when to start weaning, vitamins, and solid foods, should be discussed with the baby’s pediatrician. Also discuss any medications you are currently taking with the pediatrician or your obstetrician before you start breastfeeding.

Nevada Early Intervention Services Resource Sheet

Did You Know?

Helpful Tips for Speech and Language Development

- It is important early in their development to speak face-to face with the infant.
- READ, READ, READ to them. They can be picture books, rhyme books, or song books. Whatever it is, reading is always beneficial. While reading depends on what stage the child is in, their interaction will vary while reading. If younger, ask them to point to the “tree” or the “dog” in the book. They might want to turn the pages, even babble while you read the book. Eventually they might fill in the blank as you read the book as they have heard the sequence of the book so often. Allow them to “read” the book to their dolls or stuff animals.
- Continue the techniques of self talk and parallel talk.
- Listen. Listen even when you are unsure what they are saying or it is difficult to understand their babbling. Perhaps use the opportunity to elaborate or help fill in the blank for them. Ie. “Oh, I see you are looking at the bird. Do you like the bird? What color is his beak?”
- If they are having a difficult time saying a word, don’t criticize, just say the word correctly when you use the word. Use correct speech when talking with the child.
- Don’t use baby talk. But you can use talk that is called “parentese.” Parentese is a slower, simpler, more animated, and exaggerated form of speech. Usually this means you use the same words frequently and speak in a higher pitched voice. Often your facial expressions are exaggerated as well.
- It is important to play social games like peek-a boo as they will learn what to do when they hear the word used.

Did You Know?

Hitting, Kicking, and Biting

Some children are naturally aggressive in ways that begin to show during the second year. They want to take charge and control everything that goes on around them. When they don't get what they want, they may turn their energy toward violent behavior like kicking, biting, or hitting. How can you help your child gain mastery over these impulses and feelings? The most important step you can take is to set firm, consistent limits. This will help him understand what is expected of him and what behavior is, and is not, permitted. Be sure that everyone who cares for your child agrees on the rules he's expected to observe as well as the response to use if he disobeys. Whenever he breaks an important rule, he should be reprimanded immediately so that he understands exactly what he's done wrong.

It's also important to help your child find ways to deal with his anger without resorting to violence. Teach him to say no in a firm tone of voice, to turn his back, or to find compromises instead of fighting with his body. Through example, teach him that settling differences with words is more effective and more civilized than with physical violence. Praise him and tell him how "grown-up" he is acting whenever he uses these tactics instead of hitting, kicking, or biting. Your youngster has little natural self-control. He needs you to teach him not to kick, hit, or bite when he is angry, but instead to express his feelings through words.

In some families aggressiveness is encouraged, especially in boys. Parents proudly call their little child "tough," which he may take to mean that he has to kick and bite in order to win their approval. In other families, a toddler's aggressive outbursts are considered an omen of future delinquency. Believing they have to come down hard on this behavior as soon as it appears, the parents spank or hit the child as punishment. However, a child treated

this way can begin to believe that this is the correct way to handle people when you don't like their behavior, so this reaction may just reinforce his aggressiveness toward others.



Despite all this, it is very normal for youngsters to have occasional outbursts, especially during temper tantrums. Most children get angry at others only when they are provoked. Unless they are very tired or overstressed, they usually can be distracted or consoled, and will quickly forget their anger. They may cry, argue or yell, but they resort to violence only when they are extremely frustrated.

Some children are supersensitive, easily offended, and quickly angered. Many of these youngsters have been tense and unusually active since birth. They are often more difficult to soothe and settle as infants. Beginning in the preschool years, they show signs of becoming violent toward other children, adults, and even animals. They often lash out suddenly and for no apparent reason, and may seem to be touchy or irritable most of the time. Even if they hurt someone in their anger, they rarely are sorry, and never feel responsible for the incident. Instead, they blame the other child for "making me angry," as if this excuses their own actions. Your child might go through a brief period of this kind of behavior if he's particularly worried, tired, or overstressed, but if it continues for more than a few weeks, consult your pediatrician. If it becomes a routine daily pattern for more than three to six months, it should be viewed as a serious problem.

This article was excerpted from "Caring for Your Baby and Young Child: Birth to Age 5" Bantam 1998.

Nevada Early Intervention Services Resource Sheet

Did You Know?

How to be an Active Participant in the IFSP (Individual Family Service Plan)

It may just seem like a large stack of papers, but your child's IFSP is the road map to his or her educational services. It is important that you take an active role in creating this document and that you understand everything it says. Remember, you are the expert when it comes to your child! The following are some helpful hints for successful participation in the IFSP process.

Think about your goals for your child Before the meeting, spend time thinking about how your child is doing. Do you have particular concerns about his/her development? What are your hopes and dreams for your child? What do you think needs to happen to make these dreams a reality? Write down all of these ideas and bring them to share at the meeting.

Prepare a report Prepare a brief report to give at the meeting, outline who your child is, what she does best, and what she needs to work on. Prioritize which goals are most important to you, your child, and your family. Share any concerns you have

about your child's progress or the program.

Does the IFSP address family needs?

.... The IFSP is unique because it is family centered. Be sure the document reflects family needs for services such as respite, counseling, or parent training opportunities.

Keep records of the meeting....

Bring your list of concerns and check them off as they are addressed. And lastly, remember that you are a part of the process all year long, not just at the IFSP meeting. Regular, ongoing communication with the IFSP team is essential to your child's success!

Adapted from article "Road Map to Your Child's Educational Program" by *Sara Gelser, Parent Representative, SICC*



Did You Know?

How to Help With Language Development

As your child is learning to put words together two specific techniques have been shown to be very helpful in children learning their words. **Self talk** and **parallel talk** are great techniques to use with babies or even toddlers.

Self talk really just means that you talk about what you are doing, touching, eating, examining, or seeing. You basically just narrate your actions to your child. Important things to note: try to use words they might understand, use short phrases, and have fun with it. For example:

"I'm cooking. I'm making you spaghetti. Yummy!"

"I see a bird. He's a blue bird. He's eating a worm."

"I'm washing dishes. Now I'm putting them away. All done."

Remember this should be fun and interactive. Your child might not repeat what you say or even respond. It is just important for them to hear words over and over again to learn the words, but also the meaning.

Parallel talk is very similar to self talk, but now you say what the child is doing, touching, eating, examining, or seeing. Now you narrate their actions to them. For example:

"You're hugging the teddy bear."

"You're eating peaches. Yummy!"

"You threw a ball. Nice throw, Jenny."

What is great about parallel talk is they are already interested in what they are doing, so you don't need to divert their attention to something else. They will learn the words by repetition and making the association to what they are seeing and doing and the words that you are saying.

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Did You Know?

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Lead Poisoning

Exposure

The most significant source of lead exposure and lead poisoning is found in **older homes painted with lead-based paint**. These homes are built **before 1978**, and the walls, doors, window sills or anything else painted may contain heavily leaded paint. The exposure to these buildings and the paint can be very harmful for children and adults. Exposure may happen through contaminated soil, water, or dust, located in the home/building or around the structure.

Signs of exposure or poisoning:

Infants: Slowed growth, learning difficulties, impaired hearing, or failure to thrive.

Children: Weight loss, fatigue, abdominal pain, learning difficulties, decline in mental functions, and short attention span.

You think you have been exposed:

Infants are tested for lead levels at their 12 month and 24 month well-visit as a routine lab. Contact your physician to test your other children and you for possible lead poisoning.

Ask the local or state health department to test your home or building with possible lead-paint.

For questions about treatment and removal of heavily leaded areas contact your physician and health department for more assistance.

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Did You Know?

My Toddler is Not Sleeping Well

Parents entering into the toddler stages often inquire about their child's sleeping issues. Of course there are some medical conditions that a parent should always discuss with their pediatrician if they observe:

- Seizures or periodic limb movements during sleep
- Excessive daytime sleepiness after a long night of sleeping
- Periods of breathing changes or apnea while asleep
- Child appears stressed or even anxious
- Persistent night terrors

However, there are common complaints made by parents with toddler aged children:

- Frequent night time waking and difficulty falling asleep
- Bad dreams

These complaints make bedtime a battle with their children and often a restless night for the parents. Some helpful hints are:

- Set a routine: Keep a consistent time, order, and environment, for bedtime.
- Don't let them nap close to bedtime.
- Encourage security objects like a blanket or stuffed animal.
- If they have a bad dream, reassure them that you are there and that it was only a dream. Perhaps, having a night light or leaving the door open a little bit might help.

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Did You Know?

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Nevada Academy of Sign Language

The Nevada Academy of Sign Language offers opportunities for all kinds of people to enjoy the benefits of sign language. Whether you are a parent, family member, caregiver, or someone who just wants to learn sign language, they offer a variety of educational classes and workshops. The classes are tailored to people who want to learn sign language but not through a formal college or university. Classes/Programs include:

- Baby Signing Time
- Toddler Signing Time
- New and Expectant Parents
- Facing Hearing Loss
- Deaf and Hard of Hearing
- Elementary Kids Signing
- Educators and Home Schoolers
- Literacy Enhancement
- And more....



For more information visit the website at: www.nvasl.com or contact them at:

Nevada Academy of Sign Language

Classes are held at:

3267 Research Way

Carson City, NV 89706

Tel: (775) 720-8829

E-mail: info@nvasl.com

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Did You Know?

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Once Upon A Child



longer need as well as offer a large selection of children's items they can grow into.

Why pay retail anymore when you can get great quality clothing at fantastic prices? We pay same day for your kids' stuff that is in great condition, meets our safety standards, and is of current style. Come make your own discount by trading in your kids outgrown items for stuff they need." - www.onceuponachildreno.com

Once Upon A Child Reno

6015 S Virginia St Ste G

Reno, NV 89502

775-825-4448

Hours: Mon-Sat 9:30am-7:00pm; Sun 11:00am-5:00pm

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Did You Know?

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Resource Sheet

Parent Information & Resource Center: Pre-K Initiatives

The Nevada State PIRC offers the following resources and programs for early childhood parents:

Virtual Pre-K: provides activities for parents to do with their children at home as well as workshop activities and video instruction; access to web-based materials and links to community events.

Classroom on Wheels Adult Learning Facility Van: offers free training to parents/caregivers on child development, behavior management, appropriate expectations and family literacy.

Apple Seeds Home Visiting: home based, bilingual parent education program where a family advocate meets with a participating family weekly or bi-weekly in their home to address specific parenting needs.

For more information:

PIRC: 775-353-5533

<http://www.nevadapirc.org>

Education Alliance of Washoe County, Inc.

1150 Matley Lane, Suite 201

Reno, NV 89502



Nevada Early Intervention Services Resource Sheet

Did You Know?

Role of the NEIS Developmental Specialist



The **Developmental Specialist** is the professional on the IFSP team who is the primary person working with the family. The Developmental Specialist is an early childhood special educator who provides two major functions; 1. Early

Intervention Services and 2. Service Coordination. The Developmental Specialist works with all of the consultants on strategies to assist the family in working with their child. The Developmental Specialist takes the recommended strategies from each discipline and models for the family ways to implement the strategies in the family's daily routine. The Developmental Specialist is an active participant in the evaluations and interventions, not just an observer.

Early Intervention means the services, supports, and resources necessary to meet the developmental needs of each child who participates in an early intervention program, and the services, supports, and resources needed by parents and the family to enhance child development. Early intervention includes the activities, opportunities, and procedures for promoting child learning and development, as well as the opportunities provided to the family for them to use to enhance child learning and development.

What skills does the Developmental Specialist have in providing "hands on" training for the child and parent?

- The Developmental Specialist is licensed in Early Childhood Special Education by the Nevada State Department of Education. The Developmental Specialist has at least a Bachelor Degree and one year of experience. Most have Master's Degrees and several years of experience.
- The Developmental Specialist has a foundation in early childhood assessment which covers all of the developmental domains (gross motor, fine motor, cognitive, language development, social/emotional development, self help/adaptive).
- The Developmental Specialist has the foundation to implement strategies to meet outcomes across all domains. The scope of their work includes but is not limited to;
 - Understanding variations in muscle tone and developing strategies to assist child in reaching motor outcomes.
 - Understanding and promoting proper positioning so that the child can achieve outcomes.
 - Understanding and skills to promote language stimulation. Demonstrates for the family ways in which they can enrich their child's language/communication opportunities.
 - Understands and models for families, ways to increase their child's sensory awareness (visual, auditory, tactile, olfactory, vestibular) of their world.
 - Understands and provides learning opportunities to the child and parents in the child's acquisition of social and self-help skills, including: development of eye contact, turn-taking, following simple directions, etc.

Nevada Early Intervention Services Resource Sheet

The Role of the NEIS Developmental Specialist (cont.)

- Understands the foundation of behavior modification. Assists families in how to increase or decrease a specific behavior as requested on the IFSP.
- Understands the grieving process and provides support to families through active listening skills.
- Understands normal child development and assists the family with strategies to promote feeding skills for their child.
- Understands cognitive development birth to three and provides strategies to increase the child's abilities, such as object permanence, cause and effect, identification of family members, objects, likes, dislikes, etc.

Service Coordination. The Developmental Specialist provides service coordination by developing and coordinating a plan (Individualized Family Service Plan) to guide the services and supports for the family.

- The Service Coordinator assesses the child to determine where he/she is currently functioning.
- The Service Coordinator will have a conversation with the family to determine the family's "ecology" (who's involved and what the relationships are like).
- The Service Coordinator will talk with the family about their daily routines, everyday activities (mealtime, playtime, bath time, bed time, etc) and special activities that don't happen every day (religious activities, visiting Grandma, going to the grocery store, etc.).
- The Service Coordinator will talk with the family about the child's participation during the family routines. Some of the questions might be, "How much does he participate in the routine?" "How independent is she?" "How does he get along with other people at this time of the day?" "Is this routine working for my

family?"

- The Service Coordinator supports the family in making decisions about the services to help their child and themselves. The team including the family will decide which outcomes (goals) to work on. The outcomes are written goals, which state the progress the child will make to more fully participate in a family daily routine.

- Once the outcomes are determined, the family and the rest of the team will decide what supports are needed to help the child accomplish his/her goals.

- The Service Coordinator will coordinate the supports from other related professionals (Physical Therapist, Speech Therapist, Occupational Therapist, etc.) to help the child accomplish his/her goals.

- The Service Coordinator will make home visits to provide strategies to the family in assisting the child's learning during his/her daily routines. The Service Coordinator will provide the family with information, will demonstrate or "model" different ways of working with the child and be available to give the family emotional support.

- The Service Coordinator will coordinate all of the supports provided by the other team members.



- The Service Coordinator will coordinate with all team members to review child and family plan (Individualized

Family Service Plan) every six months. Once a year, the plan will be rewritten. However, at any time changes can be made to the IFSP.

Did You Know?

Separation Anxiety

Around ten months of age, you may notice that your child becomes much more "clutchy" about leaving you. When you leave her with someone else she may scream as though her heart will break. At bedtime she'll refuse to leave you to go to sleep, and then she may wake up searching for you in the middle of the night. This developmental stage is known as separation anxiety. It can be a tough stage for both of you but it also marks the dawning realization for your child that each object is unique and permanent, and that there's only one of you.

In some ways, this phase of your child's emotional development will be especially tender for both of you, while in others it will be painful. Instead of resenting her possessiveness during these months, maintain as much warmth and good humor as you can. Through your actions, you're showing her how to express and return love. This is the emotional base she'll rely on in years to come. The following suggestions may help ease separation anxiety.

- Your baby is more susceptible to separation anxiety when she's tired, hungry, or sick. If you know you're going out, schedule your

departure so it occurs after she's napped and eaten. Try to stay with her as much as possible when she's sick.

- Don't make a fuss over your leaving. Instead, have the person staying with her create a distraction (a new toy, a visit to the mirror, a bath). Then say goodbye and slip away quickly.

- Remember that her tears will subside within minutes of your departure. Her outbursts are for your benefit to persuade you to stay. With you out of sight, she'll soon turn her attention to the person staying with her.

- Help her cope with separation through short practice sessions at home. Separation will be easier on her when she initiates it, so when she crawls to another room (one that's baby-proofed), don't follow her right away; wait for one or two minutes. When you go to another room for a few seconds, tell her where you're going and that you'll return. If she fusses, call to her instead of running back. Gradually, she'll learn that nothing terrible happens when you're gone and, just as important, you always come back when you say you will.



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Did You Know?

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Sierra Kids

The Sierra Kids Program provides a safe, supervised, positive, active environment before and after school.

School Sites include: *Sites are subject to change

Alice Smith	Lemmon Valley
Cauglin Ranch	Mamie Towles
Desert Heights	Mount Rose
Dodson	Peavine
Donner Springs	Roy Gomm
Double Diamond	Sarah Winnemucca
Elmcrest	Sierra Vista
Ester Bennett	Silver Lake
Hunter Lake	Stead
Jessie Beck	Virginia Palmer
Westergard	

Morning Program: 7-8:45

Afternoon Program: 3-6

Daily activities include: Homework assistance, organized group games, and free time to play or read, ect.

There is a weekly rate; however there are scholarships available. Please call: (775) 334- 2262.

Source: Visit their website: <https://www.cityofreno.com/index.aspx?page=851>

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Did You Know?

Temper Tantrums

You're witnessing your toddler's second temper tantrum of the day. It shows no signs of stopping, and the supersonic, ear-shattering, teeth-jarring screams pierce the air. Your first instinct is to run away and join the circus, but of course this isn't a real option. There must be a better way.

Temper tantrums range from whining and crying to screaming, kicking, hitting, and breath holding. They're equally common in boys and girls and usually occur from age 1 to age 3. Some children may experience regular tantrums, whereas for other children, tantrums may be few and far between.

Why Do Kids Have Tantrums?



Even the most good-natured toddler has an occasional temper tantrum. They're a normal part of development and don't have to be seen as something negative. Unlike adults, children don't have the same control.

Imagine how it feels when you're determined to program your DVD player and aren't able to do it, no matter how hard you try, because you can't understand how. It's pretty frustrating - do you swear, throw the manual, walk away, and slam the door on your way out? That's the adult version of a tantrum. Toddlers are also trying to master the world and when they aren't able to accomplish a task, they use the only tools at their disposal for venting frustration - a tantrum.

There are several basic causes of tantrums that are familiar to parents everywhere: The child is seeking attention or is tired, hungry, or uncomfortable. In addition, tantrums are often the result of children's

frustration with the world - they can't get something (for example, an object or a parent) to do what they want. Frustration is an unavoidable part of kids' lives as they learn how people, objects, and their own bodies work.

Tantrums are common during the second year of life, a time when children are acquiring language. Toddlers generally understand more than they can express. Imagine not being able to communicate your needs to someone - a frustrating experience that may precipitate a tantrum. As language skills improve, tantrums tend to decrease.

A child wants a sense of independence and control over the environment - more than the toddler may be capable of handling. This creates the perfect condition for power struggles as the child thinks "I can do it myself" or "I want it, give it to me." When a toddler discovers that he or she can't do it and can't have everything he or she wants, the stage is set for a tantrum.

Avoiding Tantrums Altogether

The best way to deal with temper tantrums is to avoid them in the first place, whenever possible. Here are some strategies that may help:

- Make sure your child isn't acting up simply because he or she isn't getting enough attention. To a child, negative attention (a parent's response to a tantrum) is better than no attention at all. Try to establish a habit of catching your child being good ("time in"), which means rewarding your little one with attention for positive behavior.
- Try to give your child some control over little things. This may fulfill the need for independence and can ward off tantrums. Offer minor choices such as "Do you want orange juice or apple

Nevada Early Intervention Services Resource Sheet

Temper Tantrums, cont.

juice?" or "Do you want to brush your teeth before or after taking a bath?" This way, you aren't in the position of saying, "Do you want to brush your teeth now?" which inevitably will be answered "no."

- Keep off-limits objects out of sight and out of reach, which will make struggles less likely to develop over them. Obviously, this isn't always possible, especially outside of the home where the environment can't be controlled.

- Distract your child. Take advantage of your little one's short attention span by offering a replacement for the coveted object or beginning a new activity to replace the frustrating or forbidden one. Or simply change the environment. Take your child outside or inside or move to a different room.

- Set the stage for success when your child is playing or trying to master a new task. Offer age-appropriate toys and games. Also, start with something simple before moving on to more challenging tasks.

- Consider the request carefully when your child wants something. Is it outrageous? Maybe it isn't. Choose your battles; accommodate when you can.

- Know your child's limits. If you know your child is tired, it's not the best time to go grocery shopping or try to squeeze in one more errand.

If a safety issue is involved, and the toddler repeats the forbidden behavior after being told to stop, use a time-out. Be consistent. The child must understand that you are inflexible on safety issues.

Tantrum Tactics

The most important thing to keep in mind when you're faced with a child in the throes of a tantrum, no matter what the cause, is simple and crucial: Keep cool. Don't complicate the problem with your own frustration. Kids can sense when parents are becoming frustrated. This can just make your child's frustration worse, and you may have a more exaggerated tantrum on your hands. Instead, take deep breaths and try to think clearly.

Your child relies on you to be the example. Hitting and spanking don't help; physical tactics send the message that using force and physical punishment is

OK. Instead, have enough self-control for both of you. First, try to understand what's going on. Tantrums should be handled differently depending on the cause. Try to understand where your child is coming from. For example, if your little one has just had a great disappointment, you may need to provide comfort.

Ignoring the outburst is one way to handle it - if the tantrum poses no threat to your child or others. Continue your activities, paying no attention to your child but remaining within sight. Don't leave your little one alone, though, otherwise he or she may feel abandoned on top of all of the other uncontrollable emotions.

When to See Your Child's Doctor or Seek Professional Help

- The tantrums are more frequent or last longer than you had expected.
- You're uncomfortable with your responses.
- The tantrums increase in frequency, intensity, or duration.
- Your child frequently hurts himself or herself or others.
- Your child is destructive.
- You think your child's tantrums are more serious than typical toddler tantrums- Trust your instinct and seek a professional opinion.



Your child's doctor or other professional can also check for any physical problems that may be contributing to the tantrums, although this is less common. These include hearing or vision problems, a chronic illness, language delays, or a learning disability.

Adapted from article on this website:

<http://kidshealth.org>

Visit Kids Health online for more helpful articles like this one!

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Did You Know?

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The Children's Cabinet

The Children's Cabinet ChildCare Resource and Referral (CCR&R) Department **promotes quality child care** that is affordable and accessible to all members of our community.

Subsidy Program

The Children's Cabinet Subsidy program is a financial assistance program for eligible parents who are working or seeking employment.

<http://www.childrencabinet.org/>

Reno-Main Office: All services
1090 South Rock Boulevard
Reno, NV 89502
(775) 856-6200 Toll-Free: (800) 753-5500

Carson City Office: Child Care Resource and Referral
2527 N. Carson Street, Suite 255
Carson City, NV 89701
(775) 684-0880 Toll Free: (866) 434-2221

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Did You Know?

The COW and CALF programs

The Classroom On Wheels (COW) program provides free developmentally appropriate preschool education to 3-5 year old children who would not otherwise have these resources. The COW program is located on black and white buses and are a self-contained classroom, and uses a teaching curriculum and skill set that are critical to the child in being successful for Kindergarten. The COW Adult Learning Facilities Resource Van (CALF) is also a mobile classroom that goes to the various sites along with the COW bus and provides free workshops and resources to families enrolled in the Pre-K and Cow Bus Program provided through the Washoe County School District.

Please call for enrollment, schedule and sites of the buses, as they vary: (775) 327-5633

Source: Visit their website: <http://www.washoe.k12.nv.us/district/programs/state->

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Did You Know?

Toilet Learning Readiness

Your child must also be emotionally ready. He needs to be willing, not fighting or showing signs of fear. If your child resists strongly, it is best to wait for a while.

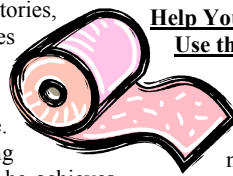
Look for any of the following signs that your child is ready:

- Your child stays dry at least 2 hours at a time during the day or is dry after naps.
- Bowel movements become regular and predictable.
- Facial expressions, posture, or words reveal that your child is about to urinate or have a bowel movement.
- Your child can follow simple instructions.
- Your child can walk to and from the bathroom and help undress.
- Your child seems uncomfortable with soiled diapers and wants to be changed.
- Your child asks to use the toilet or potty chair.
- Your child asks to wear grown-up underwear.

Stooling patterns vary. Some children move their bowels 2 or 3 times a day. Others may go 2 or 3 days between movements. Soft, comfortable stools brought about by a well-balanced diet make training easier for both child and parent. Trying too hard to toilet train your child before she is ready can result in long-term problems with bowel movements.

Talk with your pediatrician if there is a change in the nature of the bowel movements or if your child becomes uncomfortable. Don't use laxatives, suppositories, or enemas unless your pediatrician advises these for your child.

Most children achieve bowel control and daytime urine control by 3 to 4 years of age. Even after your child is able to stay dry during the day, it may take months or years before he achieves the same success at night. Most girls and more than 75% of boys will be able to stay dry at night after age 5.



Source: AAP.ORG

Teaching Your Child to use the Toilet. Decide What Words to Use

You should decide carefully what words you use to describe body parts, urine, and bowel movements. Remember that friends, neighbors, teachers, and other caregivers also will hear these words. It is best to use proper terms that will not offend, confuse, or embarrass your child or others.

Avoid using words like "dirty," "naughty," or "stinky" to describe waste products. These negative terms can make your child feel ashamed and self-conscious. Treat bowel movements and urination in a simple, matter-of-fact manner.

Your child may be curious and try to play with the feces. You can prevent this without making him or her feel upset by simply saying, "This is not something to be played with."

Pick a potty chair

Once your child is ready, you should choose a potty chair. A potty chair is easier for a small child to use, because there is no problem getting on to it and a child's feet can reach the floor.

Children are often interested in their family's bathroom activities. It is sometimes helpful to let children watch parents when they go to the bathroom. Seeing grown-ups use the toilet makes children want to do the same. If possible, mothers should show the correct skills to their daughters, and fathers to their sons. Children can also learn these skills from older brothers and sisters, friends, and relatives.

Help Your Child Recognize Signs of Needing to Use the Potty

Encourage your child to tell you when he or she is about to urinate or have a bowel movement. Your child will often tell you about a wet diaper or a bowel movement after the fact. This is a sign that your child is beginning to

Nevada Early Intervention Services Resource Sheet

Toilet Learning Readiness, cont.

recognize these bodily functions. Praise your child for telling you, and suggest that "next time" she let you know in advance.

Before having a bowel movement, your child may grunt or make other straining noises, squat, or stop playing for a moment. When pushing, his or her face may turn red. Explain to your child that these signs mean that a bowel movement is about to come, and it's time to try the toilet.

It often takes longer for a child to recognize the need to urinate than the need to move bowels. Some children do not gain complete bladder control for many months after they have learned to control bowel movements. Some children achieve bladder control first. Most, but not all, boys learn to urinate sitting down first, and then change to standing up. Remember that all children are different!

Make Trips to the Potty Routine

When your child seems to need to urinate or have a bowel movement, go to the potty. Keep your child seated on the potty for only a few minutes at a time. Explain what you want to happen. Be cheerful and casual. If he protests strongly, don't insist. Such resistance may mean that it is not the right time to start training.

It may be helpful to make trips to the potty a regular part of your child's daily routine, such as first thing in the morning when your child wakes up, after meals, or before naps. Remember that you cannot control when your child urinates or has a bowel movement.

Success at toilet training depends on teaching at a pace that suits your child. You must support your child's efforts. Do not try to force quick results. Encourage your child with lots of hugs and praise when success occurs. When a mistake happens, treat it lightly and try not to get upset. Punishment and scolding will often make children feel bad and may make toilet training take longer.

Teach your child proper hygiene habits. Show your child how to wipe carefully. (Girls should wipe thoroughly from front to back to prevent bringing germs from the rectum to the vagina or bladder.) Make sure both boys and girls learn to wash their hands well after urinating or a bowel movement.

Some children believe that their wastes are part of their



bodies; seeing their stools flushed away may be frightening and hard for them to understand. Some also fear they will be sucked into the toilet if it is flushed while they are sitting on it. Parents should explain the purpose of body wastes. To give your child a feeling of control, let him or her flush pieces of toilet paper. This will lessen the fear of the sound of rushing water and the sight of things disappearing.

Encourage the use of Training Pants

Once your child has repeated successes, encourage the use of training pants. This moment will be special. Your child will feel proud of this sign of trust and growing up. However, be prepared for "accidents." It may take weeks, even months, before toilet training is completed. It may be helpful to continue to have your child sit on the potty at specified times during the day. If your child uses the potty successfully, it's an opportunity for praise. If not, it's still good practice.

In the beginning, many children will have a bowel movement or will urinate right after being taken off the toilet. It may take time for your child to learn how to relax the muscles that control the bowel and bladder. If these "accidents" happen a lot, it may mean your child is not really ready for training.

Sometimes your child will ask for a diaper when a bowel movement is expected and stand in a special place to defecate. Instead of considering this a failure, praise your child for recognizing the bowel signals. Suggest that he or she have the bowel movement in the bathroom while wearing a diaper. Encourage improvements and work toward sitting on the potty without the diaper.

Most of the time, your child will let you know when he is ready to move from the potty chair to the "big toilet." Make sure your child is tall enough, and practice the actual steps with him.

Your Pediatrician Can Help

If any concerns come up before, during, or after toilet training, talk with your pediatrician. Often the problem is minor and can be resolved quickly, but sometimes physical or emotional causes will require treatment. Your pediatrician's help, advice, and encouragement can help make toilet training easier. Also, your pediatrician is trained to identify and manage problems that are more serious.

Nevada Early Intervention Services

Main (775) 688-1341

Fax (775) 688-2984

Nevada Early Intervention Services Resource Sheet

Did You Know?

Using Their Imagination

While learning is often found through academic means, dramatic play and pretend play has shown to be very beneficial in the child's growth through improving their language, social skills, as well as cognitive and emotional development.

Often during dramatic play or "playing pretend" the child has the opportunity to verbalize words or sounds like others do. This time to impersonate someone else allows them to mimic what they see and hear. While children see through various people in their life appropriate behaviors, they are able to learn empathy, how to express emotion, and act in different situations. Often it has been found that dramatic play gives children an outlet of expressing their emotions, instead of internalizing them or being frustrated because they don't know how to verbalize how they are feeling. While playing in a safe environment they have the ability to control the plot and events and ultimately learn to decipher between make-believe and reality.

While they grow older the complexity of dramatic play will grow; however it's important for them to learn things like dressing their dolls, running and playing, jumping, ect. Dramatic play gives them the environment to do such things.

As parents, looking to give them opportunities or even prompt pretend play is critical. For example, giving them pots and pans to "play kitchen", or let them dress up in your clothes, or pretend shopping with play money. Mainly, the parents should not hinder free play in the home, but encourage it, as it is more than just "pretend play", but helpful in improving their development.

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Nevada Early Intervention Services Resource Sheet

Advocates to End Domestic Violence

AEDV is a private, not-for-profit organization. We were formed in 1979 by two formerly battered women who saw a need for a domestic violence program in Carson City, Nevada. We have grown from a small two-bedroom apartment, to a full service program that operates a 51-bed shelter and provides a wide variety of services designed to protect and support battered women and their children in the community.

Our mission is to provide a safe, supportive environment where domestic violence victims can re-examine their view of themselves and work towards a violence free future. We accept a woman as she is and encourage her positive growth toward independence and self-sufficiency.

For more information:

Advocates to End Domestic Violence.

775-883-7654

Email: CARSONADVOCATES@aol.com

<http://aedv.org/>

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Did You Know?

Nevada Early Intervention Services Resource Sheet

American Comprehensive Counseling Services

American Comprehensive Counseling Services (ACCS) provides a wide range of treatment programs for all of their clients.

Their programs and services include:

- Domestic violence and evaluation
- Licensed Alcohol and Drug Abuse Counseling
- Parenting
- Individual, Marriage, & Family Therapy
- Anger Management and Evaluation
- Mental Health Evaluation/ Dual Diagnosis Evaluation
- Individual/ Group Therapy
- Court Ordered Group Therapy
- Psychosocial Rehabilitation and Basic Skills Training

Source: Visit their website for times and enrollment: <http://www.accsnv.net>

Please call and request a no– fee telephone or email consultation with one of their professionals: 1-877-317-8064 or (775) 324-5820

Reno: 620 E. Plumb Lane, Suite 201, 89502.

Sparks: 860 Tyler Way, 89431

Carson City: 603 E. Robison Drive 89701

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Did You Know?

Nevada Early Intervention Services Resource Sheet

Casa de Vida-Baby's Closet

The boutique is full of infant and children's clothing that have been donated for families in need.



Baby equipment is also available—however inventory varies—Families are encouraged to call ahead of time to check the status of the inventory.

Casa de Vida
1290 Mill St.
Reno, NV 89502
(775) 329-1070

Hours: Tues, Wed, Thurs.
10am –3pm

Source: visit their website:

<http://www.casadevidareno.org/index.aspx>

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Did You Know?

Nevada Early Intervention Services Resource Sheet

(CCNN) Catholic Charities of Northern Nevada

About 35,000 people every month turn to the St. Vincent's Programs of Catholic Charities of Northern Nevada (CCNN).

CCNN provides eight programs for basic needs:

- St. Vincent's Dining Room
- St. Vincent's Food Pantry
- Immigration Assistance
- Emergency Assistance
- Adoptions
- Holy Child Early Learning Program
- Residence and Affordable Housing
- St. Vincent's Thrift Shop

Source: visit their website:

<http://ccsnn.org/index.html>

For more information about CCNN: (775) 322-7073

St. Vincent's Food pantry and Thrift Shop, Emergency Assistance, Adoptions, and Immigration Assistance:

500 E. Fourth Street
Reno, NV 89512

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Did You Know?

Nevada Early Intervention Services Resource Sheet

Children's Behavioral Services

Children's Behavioral Services, part of the Nevada Division of Child and Family Services, provides an extensive range of mental health services to children, adolescents, and their families in Clark and Washoe Counties. There are also services provided for the rural regions through the Rural Mental health Division.

Referrals may be made by parents, child welfare, schools, juvenile justice, private mental health providers, ect. Services are individualize for each child and family, and are always made with respect to the family's cultural practices, and includes the family in the decision making process for the various treatment services.

The mental health services provided are community– based outpatient services, residential and day treatment services, and various services and contracted services.

Please call: (775) 684-4400 or (775) 688-1600

Source: Visit their website:

http://www.dcfs.state.nv.us/dcfs_childmentalhealth.htm

Nevada Division of Child & Family Services

4126 Technology Way, 3rd Floor

Carson City, NV 89706

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Did You Know?

Nevada Early Intervention Services Resource Sheet

Committee to Aid Abused Women

Committee to Aid Abused Women (CAAW) provides many different supportive services for families experiencing violence. Their services are **free** for the families in Washoe County and they help them with resources needed to restore a safe environment and reclaim their independence. Through the help of housing options, legal referrals, and support groups, those families that are assisted through CAAW are able to rebuild safety for their families.

Their free services include:

- 24– hot line
- Legal support/Assistance with Temporary Protection Orders (TPOs)
- Emergency Shelter
- Children’s Programs
- Support groups
- Transitional housing
- Domestic Violence Advocacy at Child Protective Services (CPS)

All of their services are in English and Spanish. They offer full anonymity for all their clients and are available for victims 24– hours a day.

Please call (775) 329-4150 anytime

Source: Visit their website: <http://caaw.org>

Located at: 1735 Vassar Street, Reno, NV 89502

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Nevada Early Intervention Services Resource Sheet



Crisis Call Center

Suicide Prevention and Crisis Hotline: Call Anytime, 24/7/365:

1.800.273.8255 or 775.784.8090

Crisis Call Center's 24-hour crisis line often serves as the first point of contact for individuals who are seeking help, support, and information. Unfortunately, crisis can affect anyone at any time. The need for emotional support or referral assistance is something most individuals encounter at some point in their lives. Staff and volunteers are available 24/7/365 to help individuals discover the skills and resources that they uniquely possess and that allow them to develop solutions and maximize self-sufficiency.

Services include: suicide prevention, child abuse reporting, elder abuse reporting substance abuse, and other additional resources.

Crisis Call Center's 24-hour crisis line provides a safe and non-judgmental source of support for individuals in any type of crisis. **In addition to our 24-hour crisis hotline, we also offer crisis intervention services through text messaging. To access this service, text the keyword ANSWER to 839863.**



Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Deaf & Hard of Hearing Advocacy Resource Center

The Deaf and Hard of Hearing Advocacy Resource Center (DHHARC) participates in empowering the Deaf and Hard of hearing individuals by offering services, educating the community about the rights of these individuals, and enhancing the quality of life for all those they serve.

The DHHARC offers various programs focused on telecommunications equipment, employment and referrals, and advocacy. They also provide free sign language classes, free telecommunications equipment distribution to qualifying individuals, and other events like summer camps and local educational events.

Source: Visit their website: <http://www.dhharc.org/index.html>

Reno office:	Las Vegas
1150 Corporate Blvd.	2575 Westwind Road
Reno, NV 89502	Las Vegas, NV 89146
(775) 355-8994 (voice/tty)	(702) 363-3323 (voice/tty)
(775) 434-0290 (vp)	(702) 475-4751 (vp)

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Nevada Early Intervention Services

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Nevada Early Intervention Services Resource Sheet



Down Syndrome Network of Northern Nevada (DSNNN)

“DSNNN is a network of individuals with Down syndrome, their parents, families and friends. The mission of the DSNNN is to create a positive understanding of Down syndrome. We provide events, information, education, and awareness as we advocate for full community inclusion of people with Down syndrome and their families. “

. www.dsnnn.org

DSNNN provides services such as a lending library, resource center, family support group, and parent to parent training.

Contact DSNNN for more information on events and programs:

Mailing Address:

316 California Avenue #436

Reno, Nevada 89509

Phone: 775-828-5159

Email: dsnnninfo@gmail.com

Website: www.dsnnn.org

Physical Address:

University of Nevada, Reno

William Raggio Bldg. Rm#4090

Reno, NV 89557



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Nevada Early Intervention Services
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Fax (775) 688-2984



Nevada Early Intervention Services Resource Sheet

Easter Seals Nevada

Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for more than 80 years. Whether helping someone improve physical mobility, return to work or simply gain greater independence for everyday living, Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals.

Autism Services Program: Providing Services to Families of Children Birth to Three Through Early Intervention

Child Development Center: Providing a Learning Environment for Children and Peace of Mind for Parents

Early Intervention: Creating a Family Centered Approach to Planning

Family Respite: Providing a Break When Needed

412 E. Musser Street, Suite 2

Carson City, NV 89701

(775) 434-0488

www.eastersealsnevada.org

Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Family Resource Centers of Northeastern Nevada

Family Resource Centers of Northeastern Nevada, located in Elko, provides monetary assistance for **respite care for older guardians/grandparents**. This unique service is offered for those older individuals who are primary caregivers for younger children due to the children's parents unable to take care of them. **They offer up to \$1000.00 per year for respite vouchers.**

Eligibility:

- Providers of primary care must be 55 or older
- Grandparents/Guardians need proper documentation
- Grandparents/Guardian and the child must reside in the same home
- The child's parents are unable/ unwilling to take care of them
- Income is not a factor in eligibility

Source: Visit their website: elkofamilyresourcecenter.org

Or call: [\(775\) 753-7352](tel:7757537352).

Located at: 1401 Ruby Vista Drive, Elko, NV 89803

They provide services for these counties: Carson, Churchill, Douglas, Elko, Eureka, Humboldt, Lander, Lyon, Pershing, Storey, Washoe, and White Pine.

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Nevada Early Intervention Services

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Nevada Early Intervention Services

Resource Sheet

Family Support Council of Douglas County

1. Parenting classes are offered quarterly for parents of children 0 to 5, 6 to 12, and teenagers. Free child care is provided. Call for class schedule and to pre-register.
2. Monday Workshops offer participants a wide variety of topics to explore. From Parenting through divorce support to Internet Safety for your children. Free child care is provided. Call for class schedule and to pre-register.
3. Grandparents as Parents Education & Support Group meets the third Friday of every month from 10:00 to 11:30. Free childcare is provided.
4. Community Education on Domestic Abuse and Seniors coming soon. Please call for details.
5. Domestic violence case workers assist victims the entire process.
6. A women's shelter for victims of domestic violence is available.
7. Women's Support Group, is available every Wednesday evening from 6-7:30pm. This group addresses the needs of victims of domestic violence as well as other issues women would like to discuss.

Case management for community resources is available.

Must be a Douglas county Resident. All services are free.

Crisis Hotline: 24 hours, 7 days a week: (775) 782-8692

Tel: (775) 782-8692

Fax: (775) 782-1942

Mailing address: PO Box 810, Minden, NV 89423-0810

Office address: 1255 Waterloo Lane, Suite A, Gardnerville, NV 89410



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Nevada Early Intervention Services Resource Sheet

Did You Know?

Family TIES

Family TIES is the Nevada Family-to-Family Health Information Center - a family-run non-profit organization that provides information, education, training, outreach, and peer support at no cost to families of children and youth with special health care needs and the professionals who serve them.

Family Ties offers parent-to-parent supports through a matching program. They will attempt to match you with another parent who is facing similar issues so that you can talk on the phone, visit in person, or chat by email.

Family TIES of Nevada - Reno Office

3100 Mill Street, Suite 117

Reno, NV 89502

Phone: (775) 823-9500

Email: info@familytiesnv.org

www.familytiesnv.org



Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Nevada Early Intervention Services Resource Sheet

Did You Know?

FISH Friends in Service Helping

The Fish Mission:

To provide food, clothing, shelter, and medical aid to the homeless and hungry within our community, with the objective to provide programs and referral to families and individuals so they may become self-sufficient.

They serve the Carson City, Douglas, Lyon and Storey Counties.

Call for more info: (775) 882-FISH

Source: visit their website:

<http://www.nvfish.com/index.html>

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Nevada Early Intervention Services Resource Sheet

Food Bank of Northern Nevada

In addition to distributing food to local food pantries and providing emergency food assistance, FBNN also runs the Commodity Supplemental Food Program, which provides a free monthly box of supplemental food to low-income pregnant and breastfeeding women, other new mothers up to one year postpartum, infants, children up to age six and people age 60 years and older; and the Kids Café which provides a free meal program for children ages 1 to 18 years during the school year at local public schools and at area parks during the Summer months.

For more information about local food pantries and available services:

Food Bank of Northern NV

550 Italy Drive McCarran, NV 89434

(775) 331-3663

<http://fbnn.org/>

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Did You Know?

Nevada Early Intervention Services Resource Sheet

For Kids Foundation

The For Kids Foundation is a non-profit organization that serves the Northern Nevada children by providing financial aid and assistance, when they otherwise would not be able to be eligible for assistance or their needs are unmet.

They offer provide funding for medical, mental health, dental health, and educational services for children who are in genuine need.

For example in the past, they have helped with psychological counseling, prescriptions, medical consultations, eye glasses, hearing tests, summer school, and more.

For kid foundation services children under 21, and proof of income is not required as financial status is not necessarily a factor. They review applications weekly.

Source: Visit their website for more information, including the application: <http://www.forkidsfoundation.org>

Or call: (775) 741-5231

For kids Foundation
834 Willow Street
Reno, NV 89502

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Nevada Early Intervention Services Resource Sheet

Did You Know?

Friends of Special Children

Did you know that for over 20 years Friends of Special Children has supported the staff and families of Nevada Early Intervention Services? We are committed to helping NEIS staff and families in as many ways as we can.

Mission Statement:

"Friends of Special Children is dedicated to establishing supports for children with special need and their families through education, advocacy and inclusion."

Education and Advocacy:

We offer support groups, family events, and workshops for parents and caregivers to learn and network together.

Our Objective is to provide services and supports to families with children with special needs in a way best suited for each family. Friends of Special Children's vision statement is one of our guiding principles to obtain this objective.

Vision Statement:

"Friends of Special Children is a non-profit organization that serves and supports families of children with special needs, supports the staff of Nevada Early Intervention Services and educates families and the community. We are committed to providing a greater sense of family wellness through education, advocacy and inclusion. We believe all people can participate in society-everyone has value, a sense of purpose. We fully respect a family's decision, choices, lifestyle and culture."

Friends of Special Children can be contacted through our website:

www.friendsofspecialchildren.org or by calling

775-688-1341



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Main (775) 688-1341
Fax (775) 688-2984

Nevada Early Intervention Services Resource Sheet

Did You Know?

JUSTin Hope Foundation

JUSTin HOPE foundation was inspired by Justin Reitz who was diagnosed with Autism Spectrum Disorder (ASD) and was created by a group of individuals who believe “a little bit of help gives a lot of hope.”

The non-profit organization helps provide medical equipment, supplies and opportunities that are not otherwise available to families due to lack of funds or accessibility. These resources are for those children and families affected by ASD or other neuro-developmental disorders.

Source: Visit their website: <http://www.justinhope.org/index.cfm>

Or please call: (775) 453– 9262

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Nevada Early Intervention Services Resource Sheet

Did You Know?

Kids First Family Services

Kids First Family Services helps families and children impacted by trauma by caring for their physical, emotional, and behavior needs.

They offer:

- Evidence based counseling
- Psychosocial rehabilitation services
- Parenting classes
- Basic skills training

Source: visit their website for accepted insurances and more information:

<http://www.kidsfirstreno.org/>

Contact them:

[\(775\)-348-9047](tel:(775)348-9047)

Email: info@kidsfirstreno.org

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Did You Know?

Nevada Early Intervention Services Resource Sheet

Kid's Korner Program



The Kid's Korner program in Reno, Nev., is a "Knock-and-Talk" program in which police officers visit and check on the welfare of children living in local motels and provide families access to resources in the community

Kid's Korner focuses on one of Reno's hidden crises: the significant need of homeless children and families who have found temporary housing in the area's motels. The program's target population is children who range in age from newborn to age 6

who are at risk because of inadequate health care, adult supervision, housing, and nutrition. A public health nurse accompanies a police officer to offer on-the-spot health and social assessments of the families, "well-baby" checkups, and immediate medical referrals. The nurse also provides education on hygiene, nutrition, child development, parenting skills, and the effects of drugs and alcohol. In preparation for motel visits, the team assembles resources, which include educational materials, toys, school supplies, children's clothes, diapers, transportation vouchers, and resource guides. Many community groups regularly provide resources for the program.

For more information about Kid's

Korner, contact:

Kid's Korner

City of Reno Police Department

P.O. Box 1900

Reno, NV 89505

775-321-8325

Source: <http://www.ncjrs.gov/App/Publications/abstract.aspx?ID=181718>

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Did You Know?

Nevada Early Intervention Services Resource Sheet

Kids to Seniors Korner Outreach Program

Kids to Seniors Korner Outreach Program has partnered with many local organizations to provide community based outreach to at risk communities like low-income children, families, and senior citizens.

Their services include home assessments by social workers and law enforcement officers, education regarding health and safety issues, resource information, assistance in getting families/individuals food, clothing, transportation, and healthcare, and lastly helping with follow-up visits.

Often these services are provided during the “knocking and talking” time, when a team of community professionals visit neighborhoods and discuss various topics specific to the population. Some of the topics discussed are: childhood immunizations, immunization records and certificates, and senior education for chronic disease, referrals for medical care, and flu/ pneumonia vaccinations.

Source: Visit their website: <http://www.washoecounty.us/health/cchs/kk.html>

For questions or for a home visit call: (775) 858-5251

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Did You Know?

Nevada Early Intervention Services Resource Sheet

La Leche League

La Leche League of Northern Nevada is part of a non-profit international organization that provides education, information, encouragement, and support to those women who desire to breastfeed.

Specifically, the La Leche League of Northern Nevada has 2 groups that meet every month and they also provide a toddler group.

All women interested in breastfeeding are encouraged to go to the meeting, even if they are not a member. Babies are welcome.

Source: For questions about group meeting location and times visit their website: <http://llnocal.org/Welcome.html>

Or call for questions: [775-982-5022](tel:775-982-5022)

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Nevada Early Intervention Services Resource Sheet

Did You Know?

Learning Disabilities Association



LDA Mission:

LDA's mission is to create opportunities for success for all individuals affected by learning disabilities and to reduce the incidence of learning disabilities in future generations.

The state and local affiliates, through their affiliation with the national LDA, work continuously for individuals with learning disabilities, their parents and the professionals who serve them.

Contact:

Candy Von Ruden
1672 Havencrest Dr.
Reno, NV 89523
e-mail: nevspedlaw@aol.com
<http://www.ldanatl.org>

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Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

LogistiCare

LogistiCare is a non-emergency transportation service that assists in getting their clients from various medical appointments and services. For example: Dialysis, chemo treatments, check-ups, hospital discharges, ect.

For Nevada, their specific clients are those with Medicaid, Nevada Check-up does not qualify.

Reservations need to be made 5 days in advance and can be made at: [1-888-737-0831](tel:1-888-737-0831).

Source: Visit their website:
www.logisticare.com

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Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

March of Dimes

March of Dimes was developed to assist moms in having full-term pregnancies and research the difficulties and problems that threaten the overall health of babies.

In particular, March of Dimes Nevada Chapter has partnered with local state agencies to help reduce the prematurity and infant mortality rate by 8 % by 2014.

The various programs they sponsor:

- 39 weeks Toolkits (resources for the families like month- to-month progress and development, access to interact with experts, ect.)
- Expansion of Centering Pregnancy- which helps increase awareness of preconception health and gives access to preconception health care.
- “Don’t Rush Your Baby’s Birth Day”- which are public service announcements to promote baby health and full-term pregnancy.
- NICU family support and prenatal curriculum.

Source: Visit their website: <http://www.marchofdimes.com/nevada/>

Reno: (775) 826-2166

1000 Bible Way

Reno, NV 89502

Las Vegas: (702) 732-9255

5564 S. Ft. Apache Road

Las Vegas, NV 89148

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Nevada Early Intervention Services

Main (775) 688-1341

Nevada Early Intervention Services Resource Sheet

Did You Know?

Military Family Resource/Support Options

Sesame Street's Talk, Listen, Connect: They offer families various strategies and resources to help their children through transition and separation that can come with military service. Please visit: <http://www.sesamestreet.org/parents/topicsandactivities/toolkits/tlc>
<https://www.familiesnearandfar.org/login/>

Military Child Education Coalition: Helps ensure inclusive, quality educational experiences for military– connected families again affected by separation and transition. Please visit: Militarychild.org

GreenCare for Troops: A nationwide program coordinated by GreenCare, helps provide free lawn and landscape service for thousands of military families nationwide. Please visit: Projectevergreen.com/gcft/get-greencare/

Military One Source: Funded by the Department of Defense, they provide comprehensive information about Military life for those on Active Duty or Guard and Reserve members. Information included: Deployment, reunion, relationship, grief, spouse employment and education, parenting and child care, to name a few.
Please visit: Militaryonesource.mil Or call 1-800– 342-9647

Nevada National Guard Joint Force Headquarters: Provides a wide range of support services to those in the Guard and their families. Please visit their website: <http://www.nv.ngb.army.mil/nvng> or call for information about their family programs: (Reno) 775-384-5801 or (Winnemucca) 775-297-1811. Or for information about their youth programs: 775-384-5805.

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Did You Know?

Mothers of Preschoolers (MOPS)

MOPS stands for "mothers of preschoolers" - but don't let that confuse you. MOPS is about meeting the needs of every mom of a child from conception through kindergarten. Whether you're urban, suburban, rural, stay-at-home, working, teen, adoptive, special-needs, single or married, MOPS is for you!

Being moms is what brings us together and allows us to build a community. The early years of being a mom are just as foundational to you as they are to your baby, and those years are filled with unique needs that other moms instinctively understand.

"What MOPS has provided for me is a welcome break; a chance to make new friends; the opportunity to know I'm not the only mom who goes through the struggles and joys of raising young children!" -Alice B



Call one of these MOPS groups in Northern Nevada to find out meeting times and places, or visit the website at www.mops.org for more information and contact options:

Reno Christian Fellowship - Reno
(775) 853-4234

LifePoint MOPS - Minden
(775) 267-0151

Covenant Presbyterian Church - Reno
(775) 746-8195

Parkside Bible Church - Fallon
(775) 423-3855

Lutheran Church of the Good Shepherd - Reno
(775) 329-0696

Source: www.mops.org

Nevada Early Intervention Services Resource Sheet

Did You Know?

MUMS Parent Matching

MUMS is a National Parent to Parent Network whose mission is to help parents who have a child with any disorder, medical condition, or rare diagnosis to make connections with other parents whose children have the same or similar condition. If possible, matches are made according to age, geographical location, gender, and severity of the symptoms. MUMS is a non-profit tax-exempt organization that runs on donations and subscription fees received for their quarterly newsletters. If you would like to be registered in the MUMS database for matching with other parents please download the MUMS' survey form from the website below.

MUMS c/o Julie Gordon
150 Custer Court, Green Bay,
Wisconsin 54301-1243 U.S.A.

www.netnet.net/mums/



Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

National Alliance on Mental Illness



NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raising awareness and building a community of hope for all of those in need.

NAMI Nevada
Address: 1170 Curti Dr.
Reno, NV 89502
(775) 329-3260

Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Nevada Academy of Sign Language

The Nevada Academy of Sign Language offers opportunities for all kinds of people to enjoy the benefits of sign language. Whether you are a parent, family member, caregiver, or someone who just wants to learn sign language, they offer a variety of educational classes and workshops. The classes are tailored to people who want to learn sign language but not through a formal college or university. Classes/Programs include:

- Baby Signing Time
- Toddler Signing Time
- New and Expectant Parents
- Facing Hearing Loss
- Deaf and Hard of Hearing
- Elementary Kids Signing
- Educators and Home Schoolers
- Literacy Enhancement
- And more....



For more information visit the website at: www.nvasl.com or contact them at:

Nevada Academy of Sign Language

Classes are held at:

3267 Research Way

Carson City, NV 89706

Tel: (775) 720-8829

E-mail: info@nvasl.com

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Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Nevada Disability Advocacy & Law Center

The Nevada Disability Advocacy & Law Center (NDALC) is a statewide organization whose purpose is to serve Nevada as a federally-mandated advocacy system for legal and human rights for those individuals with disabilities.

Specifically, they have programs for those individuals with mental illness, developmental disabilities, individuals with traumatic brain injury, those who receive social security, individuals with HIV/AIDS, and individuals who need assistive technology.

Northern Office

1865 Plumas Street, #2

Reno, NV 89509

Call for questions: (775) 333-7878

Source: Visit their website:

<http://www.ndalc.org/index.htm>

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Nevada Early Intervention Services
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Fax (775) 688-2984



Nevada Early Intervention Services Resource Sheet

Nevada Governor's Council on Developmental Disabilities

The Nevada Governor's Council on Developmental Disabilities engages in advocacy, systems change, and capacity building activities for people with developmental disabilities and their families in order to promote equal opportunity, self-determination, and community inclusion.

Governor's Council on Developmental Disabilities
896 W. Nye Ln., Suite 202
Carson City, NV 89703
Phone: (775) 684-8619

Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984



Nevada Early Intervention Services Resource Sheet

Nevada PEACE Project

PEACE stands for **P**arent **E**ducation **A**nd **C**hild **E**nrichment. Services offered include morning playgroups, parenting classes for teens/adults, car seat installation & safety education, family auto safety classes, home visits taking curriculum/services to parent, if needed, Pre-K readiness classes, clothing exchange for sizes 0-4T, food pantry, and developmental screenings.

For more information call: (775) 355-6880

Website: www.nv-peace-project.com



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Nevada Early Intervention Services

Main (775) 688-1341

Fax (775) 688-2984

Nevada Early Intervention Services Resource Sheet

Did You Know?

Nevada PEP



encouragement and empowerment activities.” - www.nvpep.org

Nevada PEP services are provided free of charge to Nevada families because they receive funding from a variety of government, foundation, and private sources. Those who can benefit from their services include: Parents of children with special needs, illnesses, and disabilities, parents of children with mental health needs, parents needing encouragement and support from other parents, family members, friends, and persons with disabilities, and professionals in the medical, educational, and human services fields.

Nevada PEP offers a range of resources and services including education, classes, workshops, Parent Training and Information (PTI), and a Statewide Family Network. Please call or visit the website for more information.

Give the main Nevada PEP office a call at (702) 388-8899; the satellite office in Northern Nevada at (775) 448-9950 or the toll-free state-wide at 1-800-216-5188. Regular office hours are Monday through Friday from 9:00 am – 5:00 pm PST (not including evening and weekend trainings, workshops, and support groups)

Website: www.nvpep.org

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Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Nevada Urban Indians, Inc.

Nevada Urban Indians, Inc (NUI) is a non-profit community based agency that is supported by grants. The main mission of (NUI) is to promote American Indian/Alaskan native's health, culture, and general well-being.

They have several programs at their 2 locations in Reno and Carson City:

Community health	Homemaker
Diabetes	Mental health
Exercise	Suicide prevention
HIV/AIDS	Substance abuse
Education	Domestic violence

For more particulars about each program visit their website:

<http://www.nevadaurbanindians.org/index.html>

Reno Office:

1475 Terminal Way, Suite B

Reno, NV 89502

[\(775\) 788-7600](tel:(775)788-7600)

Hours for both offices are Mon-Fri. 8:00- 4:30pm.

Carson Office:

232 E. Winnie Lane

Carson City, NV 89706

[\(775\) 883-4439](tel:(775)883-4439)

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Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984



Nevada Early Intervention Services Resource Sheet

Nevada Yellow Pages for Kids

Nevada Yellow Pages for Kids is used to find educational consultants, psychologists, diagnosticians, health care specialists, academic tutors, speech language therapists, advocates, and attorneys, as well as government programs, grassroots organizations, special education schools, and parent support groups.

<http://www.yellowpagesforkids.com/help/nv.htm>

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Nevada Early Intervention Services
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Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Northern Nevada Amputee Support Group

The Northern Nevada Amputee Support Group provides assistance and support for amputees, families, and caregivers. Meet together with individuals in the community who are knowledgeable and familiar with artificial limbs and local companies that fit and supply them. Talk with others who have personal experience with amputations, prosthetics, and the process of adjusting to life with their disability.

3985 Warren Way
Reno, NV 89509
775-828-0885

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Nevada Early Intervention Services Resource Sheet

Northern Nevada Mothers of Twins Club (NNMOTC)

NNMOTC's purpose is to share information on the special aspects of child development and parenting that relate to raising multiples, provide emotional support, and provide an opportunity to develop friendships for parents and their children.

NNMOTC offers various resources for parents raising multiples and organizes many local community activities.

Meetings are generally held on the third Thursday of each month at various locations in the Reno/Sparks area.

For more information:

NNMOTC

866-872-1979

<http://www.nnmotc.org/>

Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Nevada Early Intervention Services Resource Sheet

Did You Know?

Note-able Music Therapy Services



Note-able Music Therapy Services is a nonprofit organization that serves children and adults of all ages and abilities

with providing inclusive music programs.

They provide:

- Individualized music therapy
- Individual music and adaptive music lessons
- Keyboard class
- Exploring music classes
- Dance & movement classes
- Summer camps
- Performance opportunities

Call or stop by:

(775) 324-5521

925 Riverside Drive, Suite 6 & 7
Reno, Nevada 89503

Source: Visit their website: <http://note-ables.org/>

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Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services

Resource Sheet

Parent Advisory Committee

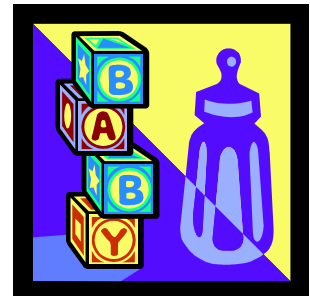
This is your opportunity to...

- . Provide valuable input from a parent's perspective
- . Assist in the development of program policies
- . Help shape a better system of care for children receiving Nevada Early Intervention Services
- . Child Care stipends are available upon request
- . Teleconferencing is available for those without child-care

If you are interested in participating on your regional committee, please contact your program service coordinator or resource parent and advise them of your interest. Or you may call Project ASSIST at 1-800-522-0066 for information.

OR

Nevada Early Intervention Services
2667 Enterprise Road
Reno, NV 89512
775-688-1341



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Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Parent Information & Resource Center: Pre-K Initiatives

The Nevada State PIRC offers the following resources and programs for early childhood parents:

Virtual Pre-K: provides activities for parents to do with their children at home as well as workshop activities and video instruction; access to web-based materials and links to community events.

Classroom on Wheels Adult Learning Facility Van: offers free training to parents/caregivers on child development, behavior management, appropriate expectations and family literacy.

Apple Seeds Home Visiting: home based, bilingual parent education program where a family advocate meets with a participating family weekly or bi-weekly in their home to address specific parenting needs.

For more information:

PIRC: 775-353-5533

<http://www.nevadapirc.org>

Education Alliance of Washoe County, Inc.

1150 Matley Lane, Suite 201

Reno, NV 89502



Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Parents of Preemies Support Group (POPS)

Parents of Preemies Support Group (POPS) provides support to parents with preemies of any age born at any hospital. Meetings are the first Saturday of every month at Saint Mary's Regional Medical Center, Auditorium A or B, from 10am—12pm. In addition to a presentation by a guest speaker at each meeting, each member of the group is invited to share preemie stories and concerns. Free childcare is provided. A Spanish interpreter is available at our meetings.

For more information

Call Meg McDonald (775) 826-7850

Our Mission Statement:

"Parents of Preemies Support Group consists of parents of prematurely born children providing support to one another in a safe and confidential environment. This group will provide opportunities for discussion of ongoing developmental issues and will include educational materials, lecture opportunities, and information on community outreach programs. This group was formed by former parents of premature infants who desire to create a community for other parents and their children."



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Nevada Early Intervention Services
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Nevada Early Intervention Services Resource Sheet

Did You Know?

Paws 4 Love Therapy Dogs

We are the PAWS for LOVE Pet Therapy Group, based in Reno, Nevada and we visit local hospitals, nursing homes, and other facilities providing companionship and unconditional love to people of all ages.

Our reading program, **PAWS to READ**, helps local children develop a love of reading by providing dogs to read to at libraries, schools, and community centers.

<http://www.paws-for-love.org/2.html>

Emails at: paws4lovereno@hotmail.com

Call us at:
Tel: (775) 826-5199

Or write to us at:
PAWS for LOVE
P.O. Box 20925
Reno, NV 89515-0925

Did You Know?

Nevada Early Intervention Services Resource Sheet

Project ASSIST

Project ASSIST is a central resource directory for anyone seeking information about organizations, programs or agencies that may provide services and supports for children and young adults up to 21 years with disabilities, and their families.

Information is available on:

- Parent Support Groups
- Respite Care
- Screening, Diagnosis or Assessment
- Early Intervention Programs for Infants and Toddlers
- Preschool Special Education Services
- Education, Health, and Social Service Agencies
- Vocational Training
- Physical and Occupational Therapy
- Speech and Language Therapy
- Counseling and Psychological Services
- Advocacy Organizations
- Life Planning, Financial and Legal Assistance as well as many other services

Call toll free and a packet will be mailed to you 1-800-522-0066

http://health.nv.gov/BEIS_ProjectAssist.htm

Nevada Early Intervention Services

Main (775) 688-1341

Fax (775) 688-2984

Nevada Early Intervention Services Resource Sheet



Ron Wood Family Resource Center

The mission of the Ron Wood Family Resource Center is to create a lasting community-wide cooperative effort between the private sector and governmental agencies to promote healthy family relationships through education and support services. We currently offer a vast array of services that range from basic needs assistance to parenting classes and after school programs.

Director's Message:

"We're happy to see you at the Ron Wood Family Resource Center! Our Staff would like to welcome you and we promise to offer the best of services and referrals available.

The Ron Wood Family Resource Center staff is eager to help individuals, families and our community locate assistance targeting everyday issues and offering realistic solutions.

We pledge to provide fast, friendly and professional response to a variety of family needs.

Come by and see us first...We'd like to help!"

. Joyce Buckingham



Ron Wood Family Resource Center:

2621 Northgate Ln. Ste. 62,

Carson City, NV 89706

Phone: (775) 884-2269

E-mail: info@carson-family.org

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Nevada Early Intervention Services

Main (775) 688-1341

Fax (775) 688-2984

Nevada Early Intervention Services Resource Sheet

Did You Know?

Safe Kids Washoe County

Mission Statement: "We believe that children should grow up safe, healthy and injury free. Our programs focus on injury prevention for children aged 0-14. Accidental injury is the number one cause of death among children ages 14 and under in the United States, and annually, one out of every four children needs medical attention for accidental injury. Safe Kids creates programs that reduce injuries through educating adults and children, creating safe environments, conducting research and advocating for effective laws."

. www.safekidswc.com

Safe Kids Washoe County offers a range of services for parents and children, including automobile safety, car seat safety and inspection, cribs for kids, etc. For more information about programs and services offered, please contact:

Safe Kids Washoe County

450 Edison Way

Reno, NV 89502

Email: info@safekidswc.com

Phone: (775) 858-5700

(775) 858-KIDS (information line)

Fax: (775) 858-5726

Website: www.safekidswc.com



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Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

SafeLink Wireless

SafeLink Wireless is a program for income eligible households that are participating in a State or Federal support program (Food stamps or Medicaid), and is provided by TracFone Wireless, Inc.

This program offers a **free cell phone and 1,000 texts/250 minutes per month**, for those eligible. SafeLink Wireless is limited to one person per household and does not require a service contract.

Source: Visit their website, for application and more information.

<https://www.safelinkwireless.com>

Questions? Call: **1-800– Safelink**

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Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Step into Music

We aim to give children a wonderful musical start and to encourage a lifetime of musical enjoyment. Children experience success with music each week and know the fun of making music with others. Just a few minutes a week can give your child a lifetime of learning!

Maytan Music Center
777 South Center Street
Reno, NV 89501
775-772-2477

<http://www.stepintomusic.com/>



Nevada Early Intervention Services

Main (775) 688-1341

Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

United Way

United Way of the Northern Nevada the Sierra is geared toward making a difference in the community through the areas of Education, Financial Stability, and Health. They do this through partnering with smaller agencies and programs that impact the community in those categories. Such organizations they partner with are:

Nevada 2-1-1– This resource gives individuals information regarding: health care, tax credits, basic needs resources, mental health resources, receiving financial services (WIC, food stamps, ect), services for those with disabilities, or support for children and their families. Such resources are given by just calling Nevada 2-1-1.

Born Learning– gives resources and shows techniques to parents to help teach their children while they are young through everyday living.

Familywize: Is a service that provides a prescription discount card for those with no insurance, Medicaid, Medicare, and some other benefit plans. There is no charge for the discount card.

Financial Stability Partnership: This organization helps prepare taxes for those in the Northern Nevada area.

Family Engagement for High School Success: This resource partners with the school and the families of 9th graders who are high-risk of not graduating and provides toolkits and resources for the teens and their families to get back on track.

For more information about the above resources, call: (775) 322-8668

Source: Visit their website: <http://www.uwnns.org/home.asp>

Located at: 639 Isabell Rd., Suite 460, Reno, NV, 89509

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Nevada Early Intervention Services

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Fax (775) 688-2984

Nevada Early Intervention Services Resource Sheet

Did You Know?

University Center for Autism and Neurodevelopment (UCAN)

UCAN is a multi-disciplinary team of professionals dedicated to children with autism and neurodevelopmental disorders, through providing training and developing high standards for assessment.

Their team provides open access to diagnostic evaluations for children in a timely and affordable manor.

The UCAN Assessment Team is a diverse group of professionals, from child psychiatrists, child psychologists, speech language pathologists, school psychologist, a pediatrician, an occupational therapist, a developmental specialist, and a social worker.

Their team believes early diagnosis is vital for the children, and assessment is available for children between 18 months– 18 years old. The goal is that through early identification this will lead to better treatment and care.

The assessment team makes various recommendations for therapy based on the individual child/ family and their specific needs.

Such therapies may include language/ communication, occupational therapy, social skills training, or behavior management.

They do not accept self referrals, a referral from a mental health professional (psychiatrist, psychologist, or other clinical therapist is needed). Once the referral is approved, a pre-evaluation will take place and eventually a thorough longer evaluation will be conducted.

Source, visit their website: <http://www.medicine.nevada.edu/ucan>

Questions or to schedule an evaluation, Please call: (775) 682-7025

Located at: Department of Speech Pathology & Audiology

On the 1st floor of the Redfield Building

1664 N. Virginia, Reno, NV 89522

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Nevada Early Intervention Services
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Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

University of Nevada Early Childhood Autism Program

Specializing in early intensive behavioral intervention for young, pre-school aged children with autism, the UNR Early Childhood Autism Program offers a comprehensive, individualized home-based intervention that seeks to normalize all aspects of a child's psychological development.

The UNR Early Childhood Autism Program is dedicated to improving the lives of young children with autism and their families. The scientific principles and established practices of Applied Behavior Analysis (ABA) are at the core of the program. The practice of behavior analysis is complemented and extended by research that contributes to the knowledge base of behavior science. Whether practice, research, or both, the focus is always on the individual child and family, emphasizing the progressive development, refinement, and elaboration of meaningful skills and abilities.

For more information:

Patrick M. Ghezzi, PhD, BCBA-D
Department of Psychology/296

University of Nevada, Reno
Reno, NV 89557

Telephone: 775.682.8687

E-mail: patrickg@unr.edu

<http://www.unr.edu/psych/behavior/>

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Fax (775) 688-2984



Nevada Early Intervention Services Resource Sheet

VSA NEVADA “Art Access For ALL”

VSA Nevada’s mission is to provide quality arts opportunities for ALL focusing on children and adults who have a disability, are disadvantaged, at-risk, or under-served by the arts.

Our Beliefs:

- Quality experiences in the arts, designed to engage participants in the development of artistic skills and expressions, are the foundation of our program.
- The arts, as a part of education, leisure and recreation, provide a viable, effective way of teaching skills to ALL individuals. It can also be a chance to succeed, a chance to build self-control and self-esteem, and a chance to focus on ability rather than disability.
- The arts serve as an important link for all individuals to experience the expressive, aesthetic and therapeutic elements within themselves and others through their capacity to create.

For more information:

VSA NEVADA

250 Court St.

Reno, NV 89501

775-826-6100

www.vsanevada.org

This flyer is part of a series of informational handouts provided compliments of Nevada Early Intervention Services. Information subject to change. Description of services is condensed and formatted to fit and therefore may not be all inclusive. Rev. 05-01-12

Nevada Early Intervention Services
Main (775) 688-1341
Fax (775) 688-2984

Did You Know?

Nevada Early Intervention Services Resource Sheet

Washoe County School District Family Resource Center

Family Resource Center offers services to anyone who lives in the Northern Nevada community. Services include: resources and referral services, family success program, parenting education, on-going support and case management services, and the differential response program. Classes are offered both in English and Spanish.

For more information:

Rose McGuire Family Resource Center, North Valleys -
(775) 677-5437.

Central Reno - (775) 786-5809.

Miguel Ribera - (775) 689-2573.

Northeast Reno - (775) 353-5563.

Sparks - (775) 353-5733.

Sun Valley - (775) 674-4411.

<http://www.familyresourcecenterreno.com/>

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Nevada Early Intervention Services

Resource Sheet

Did You Know?

What is Respite?

Having a child with special needs can be very trying at times. While most jobs offer vacation time and mandatory 15 minute breaks, parenting is a 24-7 job with no time for a trip to the water cooler. **Respite** is taking time out to do something you enjoy. To relax, have fun, take some time out to enjoy yourself. A **Respite Provider** is the person who watches your child so that you may experience this "break". A Respite Provider can be a relative, a trained caregiver, or a nurse. **Respite Funds** are monies available from different agencies to help pay for this service. Most agencies have specific criteria that relates to the grant or the funding source. Listed here are some of the agencies that may provide Respite Funding for you and your family. Call today and find out if you qualify. If there is a waiting list, ask to be added to it. You deserve a break! And remember, if you're concerned about leaving your baby with someone, you can always start out small... Take a bubble bath in the next room, read a book in the backyard. Eventually you may work your way up to going to running a quick errand! It will make you a better parent and caregiver if you take the time to relax. You and your precious baby deserve a refreshed you!



RAVE : www.raveforkids.org

Reno: 775-334-9647

Rural NV: 775-851-9255

The Children's Cabinet:

www.childrencabinet.org

775-856-6200

Sierra Regional Center: 775-688-1930

Northern Nevada Child and Adolescent Services: 775-688-1600

Eagle Valley Children's Home Carson City: 775-882-1188

Family Respite of Northeastern Nevada Elko: 775-934-5236

Fallon Rural Respite: 775-426-0085

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Nevada Early Intervention Services Resource Sheet

Did You Know?

Women & Children's Center of the Sierra

The Women and Children's Center of the Sierra provides educational training, job training, and resources for women and their families, to avoid poverty and give them tools to pursue their career.

They specifically offer these classes:

- English as a Second Language (ESL) classes
- General Education Diploma (GED) studies
- Getting Ahead classes (anti-poverty education)
- Beginning computer classes
- Keyboarding
- Microsoft Office classes

In addition to the classes, they offer additional services through their diaper bank. Those women who are income-eligible may receive diapers for their children. In order to be eligible a new client must have a referral from a case worker, social worker, or from another social service agency (WIC, Welfare, ect), who can verify the emergency situation or income status.

WACCS Administrative Office
Classes & Diaper Bank
3905 Neil Road, Suite 2
Reno, Nevada 89502
Phone: (775) 825-7395



Source: visit their website: <http://waccs.org/>

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Did You Know?

Nevada Early Intervention Services Resource Sheet

Yoga for the Special Child

The Yoga Center provides Yoga for the Special Child, a class taught by a Certified Practitioner that provides an innovative and effective approach to therapy for infants, children, and their parents. This class is specifically for **Down Syndrome, Attention Deficit Disorder, Learning disabilities, Cerebral palsy, and other developmental delays.** The Yoga class was designed to stimulate all the areas needed for the child's development.

Often these classes qualify for payment by the State of Nevada Sierra Regional Center, Washoe County Social Services, or the State of Nevada Rural Regional Center.

To sit in on a class or for more questions please call:
[\(775\) 359- 4938](tel:7753594938)

Source: Visit their website: [http://
www.theyogacenterreno.com/yoga/forthe_specialchild.htm](http://www.theyogacenterreno.com/yoga/forthe_specialchild.htm)

Located at: 720 Tahoe Street #C, Reno, NV 89509

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