Dear Parents/Families,

For May and June we have our annual opportunity to celebrate both “Mother’s Day” & “Father’s Day”.

Like any parent, when you find out your child has a disability the first thing you look for is information. You read books, do research on the internet, and ask questions.

Families are a key part of the early childhood intervention team. However parents of children with disabilities daily face a daunting array of decisions in support of their children. Family caregiving involves medical, educational, emotional, and psychological support, both for the children with disabilities and for other family members (e.g., siblings).

One of the resources available to parents, professionals, educators, and staff working with young children with disabilities and their families is the Early Childhood Special Education Library located in the IDEA Part C office. This library contains thousands of books, articles, videos and other materials regarding children, families, disabilities, parenting or grandparenting, sibling relationships, parent/professional relationships, working as a team, and early intervention practices. This library is available for use statewide to families, service providers and educators; families can request materials through their service coordinator.

Check out some of the books on pages 4 and 5.

If you would like more information, please feel free to contact me at: projectassist@dhhs.nv.gov or ddinnell@dhhs.nv.gov

Sincerely,

Dan Dinnell

Parents/Families,

An invitation to attend... Nevada’s Early Intervention

Interagency Coordinating Council (ICC)

Nevada’s ICC was set up to advise and assist Nevada in the development and implementation of a statewide system of early intervention services for young children with developmental delays or disabilities and their families. It is especially important to hear from families and we encourage you to participate. This will be a virtual ICC meeting. Members of the public are welcome to join through computer or smart phone via TEAMS. Thursday—April 22, 2021 at 10:00 a.m.

Microsoft Teams meeting - Join on your computer or mobile app

Click here to join the meeting
Or call in (audio only) +1 775-321-6111
Phone Conference ID: 125349393#

Learn More | Meeting options

You can also find the Join button on the ICC web page with the meeting agenda — posted at:

http://dhhs.nv.gov/Programs/IDEA/ICC/Meetings/

The ICC bylaws and membership can be viewed at

http://dhhs.nv.gov/Programs/IDEA/ICC/Home/

under “Who is on the ICC?”, click on Current Membership.

For information contact us at ProjectAssist@dhhs.nv.gov or 1-800-522-0066
On December 8, 2018, our lives were blessed with the birth of our little, heart warrior, Nash. We found out early into the pregnancy that he had *trisomy 21 and a severe heart defect. It was a lot to digest especially since our first son Braxton was still so young. We delivered Nash at the University of Utah hospital since they have a fantastic cardiology team. He had to stay in the NICU for a month. We learned so much while we were there, but we had no idea of the services that were available in our rural area. The hospital reached out to the Nevada Early Intervention Services (NEIS) so we could start services as soon as we could go home.

We knew we would need extra services and professionals to help him reach his full potential. When we had our first meeting with NEIS in our home, I was blown away. They had every type of therapist that we needed and they came to us! They helped us get into other helpful programs that we didn’t know were available to him. I am so thankful for the progress that our little guy has made.

It seems like a lifetime ago that he was home with an NG tube, oxygen, and pulse oximeter. He had his open heart surgery at 6 months old, and we haven’t had any hospital stays since. It has been such a blessing to have these amazing people with their tips and positive influence to help our entire family. They gave us peace of mind that he was developing at a good pace, and we were doing the right things.

I am excited to advocate for my son and for the other children in our community. It is such a wonderful program, and I am so thankful for it!” ~ Kellie Hess, ICC Parent Representative, Elko, NV

*Trisomy 21 is the most common chromosomal anomaly in humans, affecting approximately one in every 700 babies born each year and more than 350,000 people in the United States. Also known as Down syndrome, trisomy 21 is a genetic condition caused by an extra chromosome.

“Parents who have lived the experience of parenting a child with… health needs and have learned the hard way how to access services are a largely untapped high value/low cost resource… the overhead on their incredible experience and the trust they can engender among other families is likely to be modest compared to the high costs of traditional services”. — Adapted from Peer Parents: A Solution to Extend Child Mental Health Services, March 17, 2011, by Kimberly E. Hoagwood, Ph.D, Professor of Clinical Psychology in Psychiatry, Columbia University and Kelly J. Kelleher, MD, MPH, Director, Center for Innovation in Pediatric Practice, Research Institute, Nationwide Children’s Hospital.

The Part C Family Newsletter has opportunities to suggest and share… You are invited to submit articles, share your story, or include your child in a Family Spotlight, with a photo. (All items are subject to editing and review.)
Project ASSIST is Nevada’s early intervention central resource directory for anyone seeking information about resources such as organizations, programs or agencies that may provide services and supports for children with developmental delays or disabilities and their families. Project ASSIST helps to inform and educate families as well as the general public to improve outcomes for Nevada families and their communities.

http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/

FREE!!! Parenting Special Needs Magazine online, dedicated to helping the special needs community. It covers all the ages, stages and different disabilities, as well as providing an invaluable resource for the parents and caregivers of those with special needs.

http://parentingspecialneeds.org/

FREE!!! Exceptional Parent online magazine, for parents of children with disabilities and special healthcare needs who face both the reality of raising any child and the reality of the additional responsibilities that come from raising children with special needs.

http://www.eparent.com/

Social Security benefits for children with disabilities—A child with a disability who is younger than 18 years of age may be eligible for Supplemental Security Income (SSI). Have a look at SSA’s Child Disability Starter Kit, which includes a fact sheet on the application process, a child disability interview preparation checklist and a Medical and School Worksheet. In English & Spanish -


Nevada’s Children and Youth with Special Health Care Needs (CYSHCN) serves “...children who have or are at risk for chronic physical, developmental, behavioral or emotional conditions and who also require health and related services of a type or amount beyond that required by children generally”, by working with families and across systems to develop strategies that promote quality well-being and support for those children and their families.

In Nevada, the CYSHCN Program provides resources and support to community agencies serving children from birth to age 21. The CYSHCN Program funds a variety of community programs bridging service gaps by linking families to appropriate systems-level and enabling resources and providers.

http://dpbh.nv.gov/Programs/CYSHCN/CYSHCN-Home/

FREE – National Parks and Federal Recreational Lands Access Pass
This is a lifetime pass for U.S. citizens/permanent residents with permanent disabilities. Documentation is required to obtain the pass. The pass in most cases provides free access to, and use of, Federal recreation sites that charge an Entrance fee. The pass admits the pass holder and passengers in a non-commercial vehicle at per vehicle fee areas, and pass holder + 3 adults, not to exceed 4 adults, at per person fee areas (children under 16 are admitted free). The pass can only be obtained in person at the park or from a participating Federal recreation site or office. For more information, visit...

https://store.usgs.gov/access-pass

The Nevada Parent Advocacy Initiative: By Parents, for Parents — this project consists of a parent Facebook page (www.facebook.com/groups/nvparentadvocacy/) and is a place for all parents of children with disabilities to connect. Please post your personal stories, questions about your child’s development and/or disability, questions about Early Intervention programs, great parenting articles that you’ve come across, community resources and events, etc.
Some of our many library books moms might find interesting...  

**Free Lending Library**

Hundreds of books and DVDs are available for use statewide—contact your service provider or coordinator.

**Mother’s Day is May 9**

One Evolution at a Time: A Special Needs Planning Guide, by Julia Nickerson — When you go to sleep at night are you sleeping peacefully, knowing that if something happens to you, your family will be taken care of? What words describe how you feel about your family’s future? For many families who have a child or loved one with special needs, their answers include: anxious, overwhelmed and worried. After reading this book, you will know the 10 most common mistakes people make when planning for a loved one with special needs and the steps you need to take to protect your family.

My Baby Rides the Short Bus: The Unabashedly Human Experience of Raising Kids with Disabilities, by Yantra Bertelli, Jennifer Silverman — The stories in this collection provide parents of special needs kids with a dose of both laughter and reality. From professional writers to novice storytellers, this assortment of authentic, shared experiences from parents in the know is a partial antidote to the stories that misrepresent, ridicule, and objectify disabled children and their parents.

The Empowered Parent: Thinking about Your Child’s Disability, by Dr. Joseph E. Moldover — Written for parents who are faced with a child’s disability, it is a guide that distills complex topics and questions into understandable and manageable maps for action. The purpose of this book is to help parents overcome the mental and emotional barriers that paralyze them from being the effective advocates that their children need them to be.

Becoming a Seriously Happy Special Needs Mom: 21 Steps to Finding Your Happy Place, by Linda James Bennett — As a special needs mom we forget to take care of ourselves, because we are so busy taking care of everyone and everything. This level of busy is exhausting. Practical tips, life lessons, and strategies to open your mind to new ways of thinking.

More Than A Mom: Living A Full and Balanced Life When Your Child Has Special Needs, by Amy Baskin & Heather Fawcett — Research, personal experiences, and feedback from over 500 mothers across North America results in a book that is jam-packed with practical strategies, advice, and reassurance for mothers trying to create more manageable and fulfilling lives.

Shut Up About Your Perfect Kid: A Survival Guide for Ordinary Parents of Special Children, by Gina Gallagher and Patricia Konjoian — They address the challenges, the heartbreak, and the touching victories of parenting children with disabilities today.

A Cup of Comfort for Parents of Children with Special Needs: Stories that celebrate the differences in our extraordinary kids, by Colleen Sell — A diagnosis of a child’s special need can be extremely difficult for parents. However, every day, these children accomplish small victories and make great strides that improve their own lives—and brighten their parents’ days.

Breakthrough Parenting for Children with Special Needs: Raising the Bar of Expectations — award-winning writer Judy Winter helps parents 'raise the bar of expectations' for their challenged children. From getting over the myth of the perfect baby, to dealing with staring, to maneuvering the school system, her wisdom is both practical and inspiring.

Building a Joyful Life with your Child who has Special Needs, by Whiteman and Roan-Yager — This book considers the challenges of caring for children with physical, developmental and mental health disorders. Chapters deal with key topics such as coping with a diagnosis, discussing support needs with a child's teachers and explaining a child’s differences to their peers, and the authors stress the importance of parents building support systems for themselves and their children.

Living a Happy Life with a Special-Needs Child: A Parent's Perspective, by Robin Williams Evans — An invaluable resource for parents and caregivers of special-needs children, as well as anyone who wants to better understand them. Topics include surviving the neonatal intensive care unit, taking care of yourself and your significant other, organizing doctor's appointments, managing hospital stays, skillfully navigating insurance, and finding childcare.

The Common Sense Guide to Your Child’s Special Needs: When to Worry, When to Wait, What to Do, by Louis Pellegrino M.D. — If you have a child who is struggling, who is not meeting hers/his developmental milestones, Dr. Pellegrino clearly explains to parents what are the next steps to take. — Section 1 entitled Understanding Your Child goes into details about common areas of concern — Section 2 entitled Special Children, focuses on Hearing, Vision, and Sensory Problems. Also Dr. Pellegrino has a chapter on Special Medical Problems where he gives information on basic health care of children with special needs.

The Everyday Advocate: Standing Up for Your Child with Autism or Other Special Needs, by Areva Martin Esq., — As an individual rights attorney and parent of an autistic child herself, Areva Martin shares clear, step-by-step instructions on how parents can assert themselves-with doctors, teachers, school officials, neighbors, or even family members-and get the best results for their child. Practical and inspiring, with personal stories from other parents, The Everyday Advocate offers real-world actions that work and teaches parents the skills to become better advocates for their children.

If you have questions or recommendations for the Library, send an email to ProjectAssist@dhhs.nv.gov

Catalog at: http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/Special-Ed-Library/
Free Lending Library

Father’s Day is June 20

A few of our library books written by Dads

My Son, My Gentle Son – This is Robert’s story of his son David, born with a congenital heart disease. At six weeks of age he went into heart/respiratory failure, suffering extensive brain damage. The special relationship that develops between father and son embraces so many of the themes and issues common to parents of special children.

Following Ezra: What One Father Learned About Gumby, Otters, Autism, and Love From His Extraordinary Son – Following Ezra is the story of a father and son on a ten-year journey from Ezra’s diagnosis to the dawn of his adolescence. It celebrates his growth from a remote toddler to an extraordinary young man, connected in his own remarkable ways to the world around him.

Another Season: A Coach’s Story of Raising an Exceptional Son – When University of Alabama football coach Gene Stallings’s son was born with Down syndrome and a serious heart defect, doctors predicted he wouldn’t live to see his first birthday and urged Coach Stallings and his wife to institutionalize him. But for Gene and Ruth Ann that was not an option.

Don’t Squeeze the Spaceman’s Taco: Lessons Learned from My Son with Autism – My name is Kelly and I’m a proud father of a teenage son named Cade. Cade has autism. Cade has love. Cade has soul. My book is filled with honesty, love and laughter.

A Lifetime of Lessons from the Parent of a Special Needs Child: A Caretaker’s Guide to Disability Management – Written by a father that has been there. When you are tasked with being a caretaker it is a lifetime of learning.

The Boy in the Moon - A Father’s Journey to Understand His Extraordinary Son, by Ian Brown — Ian’s son Walker, is one of about 300 people worldwide diagnosed with an extremely rare genetic mutation with significant disabilities, so Ian travels the globe, meeting with genetic scientists and neurologists as well as parents, to solve the questions doctors could not answer.

Chosen Fathers: Life Lessons Learned from Fathers of Children with Disabilities, by Eliya Stromberg — Chosen Fathers is frankly about marriage, sibling rivalry, financial stress, community relations, challenges of faith, feelings of inadequacy, burn out, and more.

Common Man, Extraordinary Call: Thriving as the Dad of a Child with Special Needs, by Jeff Davidson & Becky Davidson — As a twenty-year veteran of special-needs parenting, Jeff Davidson wrote a field manual to give fathers the skills required for the day-to-day demands of parenting: warrior, protector, provider, encourager, and equipper.

Confessions of a Special Needs Dad: Honesty and Hope for the Journey — Confessions of a Special Needs Dad offers hope, healing and, most of all, honesty as well as an important reminder that you are not alone.

Dads of Disability: Stories for, by, and about fathers of children who experience disability, by Gary M Dietz — This book helps to show that Dads can be and are a part of raising a child with a disability.

Different DADS: Fathers Stories of Parenting Disabled Children — a collection of inspiring personal testimonies written by fathers (in the UK) who reflect on their own experiences and offer advice to other fathers and families on the challenges of raising a child with a disability.

Father’s Day: A Journey into the Mind and Heart of My Extraordinary Son — Buzz Bissinger’s twins were born three minutes—and a world—apart. Gerry, the older one, is a graduate student at Penn, preparing to become a teacher. His brother Zach has spent his life attending special schools. He’ll never drive a car, or kiss a girl, or live by himself. This is their journey together!

Uncommon Fathers: Reflections on Raising a Child with a Disability — A compelling collection of essays by fathers about the life-altering experience of having a child with a disability, an introspective and honest look at this deeply emotional subject, offering a seldom-heard perspective on raising children with special needs.

Half My Life: The Testimony of a Father and His Special Needs Child, by Joseph Lim — began as just a poem. Years later, it grew into this journal chronicling the adventures and experience, the highlights and the struggles, and the surprises and setbacks as told from the perspective of one of Jordan’s biggest fans—his dad.

No Greatness without Goodness: How a Father’s Love Changed a Company and Sparked a Movement, by Randy Lewis — the powerful story of a corporate executive and father who, after watching the world through the eyes of his own child with autism, realized that we all have a greater responsibility to make the world a better place for everyone, including those with disabilities.


Special CHILDREN, Challenged PARENTS: The Struggles and Rewards of Raising a Child with a Disability, by Robert A. Nassef, Ph.D., — the unique perspective of a father of a son with autism, with additional reflection from his perspective as a clinical psychologist who specializes in working with families of children with disabilities. Though the author’s personal experience is with autism, this book is a valuable resource for families of children with a wide range of disabilities.

If you have questions or recommendations for the Library, send an email to

ProjectAssist@dhhs.nv.gov

Catalog at: http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/Special-Ed-Library/
Due to changes in operations, please contact your providers for current schedules of activities or events.

EI program information > http://dhhs.nv.gov/Programs/IDEA/Early_Intervention_Programs/

**Northeastern Nevada Early Intervention Services**

* contact your Developmental Specialist/Service Coordinator for more information

⇒ Nevada Early Intervention Services (NEIS)—Elko/Ely/Winnemucca:
  • Elko (775) 753-1214 / Ely (775) 289-1622 / Winnemucca (775) 623-6593

**Northwestern Nevada Early Intervention Services**

* contact your Developmental Specialist/Service Coordinator for more information

⇒ Nevada Early Intervention Services (NEIS)—Carson City:
  • (775) 687-0101

⇒ Nevada Early Intervention Services (NEIS)—Reno:
  • (775) 688-1341

⇒ Advanced Pediatric Therapies (APT)—Reno:
  • (775) 825-4744

⇒ Capability Health and Human Services (CHHS)—Reno:
  • (775) 434-0488

⇒ Therapy Management Group (TMG)—Reno:
  • (877) 360-7045

⇒ The Continuum (TC)—Reno:
  • (775) 829-4710

**Southern Nevada Early Intervention Services**

* contact your Developmental Specialist/Service Coordinator for more information

⇒ Nevada Early Intervention Services (NEIS)—Las Vegas:
  • (702) 486-7670

⇒ Capability Health and Human Services (CHHS)—Las Vegas:
  • (702) 870-7050

⇒ MD Developmental Agency (MDDA)—Las Vegas:
  • (702) 268-8513

⇒ Positively Kids (PK)—Las Vegas:
  • (702) 262-0037, ext 4

⇒ Therapy Management Group (TMG)—Las Vegas:
  • (702) 595-5437

“Diversity is being invited to the party; inclusion is being asked to dance.” — Verna Meyers
Would you like to…

- learn about important issues affecting families with young children with special needs in their community
- be a voice for those families by communicating with local and state decision makers
- offer support for activities that strengthen the family-community partnership
- network with other individuals during scheduled meetings
- gain experience and expertise in developing programs and projects that benefit those families
- obtain resources and other materials on a wide variety of concerns facing today’s families
- grow personally through leadership development training

This is a Great Opportunity!!!

The "Family Support Resource Subcommittee" (FSRS) is a standing subcommittee of Nevada's Early Intervention Interagency Coordinating Council (ICC) and is made up of parents of young children with special needs and others who are interested in supporting early intervention. There are 4 teleconference meetings a year.

Nevada's Early Intervention Interagency Coordinating Council (ICC) was established under federal law for the purpose of advising and assisting Nevada and it’s Early Intervention Services (serving children birth until three) in managing their responsibilities under Part C of the Individuals with Disabilities Education Act (IDEA).

The Family Support Resource Subcommittee Mission Statement:
The Nevada ICC’s Family Support Resource Subcommittee will support ICC activities and ensure the ICC responds to issues important to families, strengthen and broaden family involvement at all policy and service levels, increase ICC communication with families, provide public awareness support, and identify and support efforts to improve early intervention services and programs within communities.

The Family Support Resource Subcommittee Goals/Objectives include:
Developing and facilitating parent presentations to Early Intervention Programs, possible "Family Leadership Training for Families" with ICC Parent Representatives, ICC Family Support Resource Committee Members, Program Resource Parents, parent leaders and interested parents throughout the state. They would present their discussions and recommendations at ICC meetings.
Assisting in the development of ideas for new family support projects, which could be piloted in the state and whenever possible serve on other ICC subcommittees or task forces.
Planning and implementing strategies for recruiting, training, and supporting parents to assist with and participate in statewide activities, and policy development roles within the state.

If you are interested or know of someone who might be, please contact us at projectassist@dhhs.nv.gov

http://dhhs.nv.gov/Programs/IDEA/ICC/Home/
Parents. . . want to make a difference in Nevada’s early intervention system?!

http://dhhs.nv.gov/Programs/IDEA/ICC/Home/

We are looking for parents to represent Nevada families on the Nevada Early Intervention Interagency Coordinating Council (ICC). Specifically, we are looking for a parent who has experience with our State’s early intervention services.

What is the ICC?
The purpose of the ICC is to advise and assist Nevada and the Early Intervention system in developing, implementing, and promoting a program of family-centered early intervention services for all eligible infants, toddlers and their families. The Governor appoints all members of the ICC for a three year term.

Why is it important for parents like me to serve?
You know what it feels like to have a child with a disability. You know what it feels like to have early intervention professionals in your home, working with you and your child. You probably have opinions about what worked well and what could have worked better. Your perspective is very important. As the ICC works with the State to make program changes, family input is an integral part of the process.

What would I be asked to do?
- Attend the 4 general meetings of the Interagency Coordinating Council, each year.
- Respond to email communications regarding the ICC
- Contribute information and your unique perspective regarding issues that impact Nevada early intervention programs

Would I be reimbursed for attending?
All parent members may receive a child care stipend for attending each of the 4 ICC meetings, as well as compensation and/or reimbursement of expenses for other meetings.

Am I eligible to apply?
You must be a parent/guardian of a child who has received early intervention services, now or in the recent past, with preference to parents of children currently in Early Intervention services.

If you are interested, contact your service coordinator or Nevada’s IDEA Part C office.

Email:  ProjectAssist@dhhs.nv.gov
Estimados padres / familias:
Para mayo y junio tenemos nuestra oportunidad anual de celebrar tanto el "Día de la Madre" como el "Día del Padre".

Al igual que cualquier padre, cuando descubre que su hijo tiene una discapacidad lo primero que busca es información. Lees libros, investigas en internet y haces preguntas.

Las familias son una parte clave del equipo de intervención de la primera infancia. Sin embargo, los padres de niños con discapacidades enfrentan diariamente una abrumadora variedad de decisiones en apoyo de sus hijos. El cuidado familiar implica apoyo médico, educativo, emocional y psicológico, tanto para los niños con discapacidades como para otros miembros de la familia (por ejemplo, hermanos).

Uno de los recursos disponibles para los padres, los profesionales, los educadores y el personal que trabaja con los jóvenes, los niños con discapacidades y sus familias es la Biblioteca de Educación Especial para la Primera Infancia ubicada en la Oficina de Parte de IDEA.

Esta biblioteca contiene cientos de libros, artículos, videos sobre niños, familias, discapacidades, paternidad, abuelos, relaciones entre hermanos, trabajo en equipo y prácticas de intervención temprana.

Esta biblioteca está disponible para su uso en todo el estado para las familias, proveedores de servicios y educadores; las familias pueden solicitar materiales a través de su coordinador de servicios. Consulte algunos de los libros para mamás y papás en las páginas 4 y 5.

Si tiene preguntas, contáctenos: projectassist@dhhs.nv.gov o ddinnell@dhhs.nv.gov

Sinceramente,
Dan Dinnell

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Estimados padres / familias,
Una invitación para asistir ...

**Consejo de Coordinación Interinstitucional de Intervención Temprana de Nevada (ICC)**

El ICC de Nevada se creó para asesorar y ayudar a Nevada en el desarrollo e implementación de un sistema estatal de servicios de intervención temprana para niños pequeños con retrasos en su desarrollo o discapacidades y sus familias. Es especialmente importante escuchar a las familias y lo alentamos a participar. **Esta será una reunión virtual de la ICC. Los miembros del público son bienvenidos a unirse a través de computadora o teléfono inteligente a través de TEAMS.** La próxima reunión: Jueves 22 de abril de 2021 a las 10:00 a.m.

Microsoft Teams meeting - Join on your computer or mobile app

**Click here to join the meeting**
Or call in (audio only) +1 775-321-6111
Phone Conference ID: 125349393#
Learn More | Meeting options

También puede encontrar el botón **Unirse** en la página web de la CPI con la agenda de la reunión, publicada en:

[http://dhhs.nv.gov/Programs/IDEA/ICC/Meetings/](http://dhhs.nv.gov/Programs/IDEA/ICC/Meetings/)

Los estatutos y la membresía de ICC se pueden ver en

[http://dhhs.nv.gov/Programs/IDEA/ICC/Home/](http://dhhs.nv.gov/Programs/IDEA/ICC/Home/)

debajo de "¿Quién está en el ICC?", haga clic en Membresía actual.

Para obtener información, contáctenos en ProjectAssist@dhhs.nv.gov o 1-800-522-0066
"El 8 de diciembre de 2018, nuestras vidas fueron bendecidas con el nacimiento de nuestro pequeño guerrero del corazón, Nash. Nos enteramos temprano en el embarazo que tenía *trisomía 21 y un defecto cardíaco grave. Era mucho para digerir especialmente desde que nuestro primer hijo Braxton todavía era tan joven. Entregamos a Nash en el hospital de la Universidad de Utah ya que tienen un fantástico equipo de cardiología. Tuvo que permanecer en la NICU durante un mes. Aprendimos mucho mientras estábamos allí, pero no teníamos idea de los servicios que estaban disponibles en nuestra zona rural. El hospital se puso en contacto con los Servicios de Intervención Temprana de Nevada (NEIS) para que pudiéramos comenzar los servicios tan pronto como pudiéramos volver a casa.

Sabíamos que necesitaríamos servicios adicionales y profesionales para ayudarle a alcanzar todo su potencial. Cuando tuvimos nuestra primera reunión con NEIS en nuestra casa, me quedé boquiabierto. ¡Tenían todo tipo de terapeutas que necesitábamos y vinieron a nosotros! Nos ayudaron a entrar en otros programas útiles que no sabíamos que estaban disponibles para él. Estoy muy agradecido por el progreso que nuestro pequeño ha hecho.

Parece que hace toda una vida estaba en casa con un tubo de NG, oxígeno y oxímetro de pulso. Se sometió a una cirugía a corazón abierto a los 6 meses de edad, y no hemos tenido ninguna estancia en el hospital desde entonces. Ha sido una bendición tener a estas personas increíbles con sus consejos e influencia positiva para ayudar a toda nuestra familia. Nos dieron la tranquilidad de que se estaba desarrollando a buen ritmo, y estábamos haciendo las cosas correctas.

Estoy emocionado de abogar por mi hijo y por los otros niños de nuestra comunidad. Es un programa maravilloso, y estoy muy agradecida por ello!" ~ Kellie Hess, Representante de padres de la ICC, Elko, NV

*La trisomía 21 es la anomalía cromosómica más común en los seres humanos, afectando aproximadamente a uno de cada 700 bebés nacidos cada año y a más de 350.000 personas en los Estados Unidos. También conocido como síndrome de Down, la trisomía 21 es una condición genética causada por un cromosoma adicional.

"Los padres que han vivido la experiencia de criar a un niño con necesidades de salud y han aprendido de la manera difícil cómo acceder a los servicios son un recurso de alto valor / bajo costo en gran parte sin explotar la sobrecarga de su increíble experiencia y la confianza que ellos tienen puede engendrar entre otras familias es probable que sea modesto en comparación con los altos costos de los servicios tradicionales". — Adapted from Peer Parents: A Solution to Extend Child Mental Health Services, March 17, 2011, by Kimberly E. Hoagwood, Ph.D, Professor of Clinical Psychology in Psychiatry, Columbia University and Kelly J. Kelleher, MD, MPH, Director, Center for Innovation in Pediatric Practice, Research Institute, Nationwide Children’s Hospital.
El Proyecto ASSIST es el directorio central de recursos de intervención temprana de Nevada para cualquier persona que busque información sobre recursos tales como organizaciones, programas u organismos que pueden proporcionar servicios y apoyos para niños con retrasos en el desarrollo o discapacidades y sus familias. El Proyecto ASSIST ayuda a informar y educar a las familias, así como al público en general, para mejorar los resultados para las familias de Nevada y sus comunidades.

http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/

### iiiGratis!!! Parenting Special Needs Magazine

en línea, dedicado a ayudar a la comunidad de necesidades especiales. Cubre todas las edades, etapas y diferentes discapacidades, así como proporcionar un recurso invaluval para los padres y cuidadores de personas con necesidades especiales.

http://parentingspecialneeds.org/

### iiiGratis!!! Excepcional revista en línea para padres

para padres de niños con discapacidades y necesidades especiales de salud que se enfrentan tanto a la realidad de criar a cualquier niño como a la realidad de las responsabilidades adicionales que provienen de criar niños con necesidades especiales.

http://www.eparent.com/

### Beneficios del Seguro Social para niños con discapacidades

Un niño con una discapacidad menor de 18 años de edad puede ser elegible para el Ingreso Suplementario del Seguro (SSI). Eche un vistazo al Kit de Inicio de Discapacidad Infantil de la SSA, que incluye una hoja informativa sobre el proceso de solicitud, una lista de verificación para entrevistas para discapacitados infantiles y una hoja de trabajo médico y escolar. En inglés y español -


Los niños y jóvenes de Nevada con necesidades especiales de atención médica (CYSHCN) sirven... niños que tienen o están en riesgo de enfermedades físicas, de desarrollo, conductuales o emocionales crónicas y que también requieren servicios de salud y relacionados de un tipo o cantidad más allá de lo requerido por los niños en general", trabajando con las familias y a través de sistemas para desarrollar estrategias que promuevan el bienestar de calidad y el apoyo a esos niños y sus familias.

En Nevada, el Programa CYSHCN proporciona recursos y apoyo a las agencias comunitarias que atienden a niños desde el nacimiento hasta los 21 años. El Programa CYSHCN financia una variedad de programas comunitarios que cierran las brechas de servicio al vincular a las familias a un nivel de sistemas adecuado y permitir recursos y proveedores.

http://dpbh.nv.gov/Programs/CYSHCN/CYSHCN-Home/

### GRATIS - Pase de acceso a parques nacionales y terrenos recreativos federales

Este es un pase de por vida para ciudadanos estadounidenses/residentes permanentes con discapacidades permanentes. Se requiere documentación para obtener el pase. El pase en la mayoría de los casos proporciona acceso gratuito y uso de sitios de recreación federales que cobran una tarifa de entrada. El pase admite al titular del pase y a los pasajeros en un vehículo no comercial en las áreas de tarifa por vehículo, y el titular del pase + 3 adultos, sin exceder de 4 adultos, en las áreas de tarifa por persona (los niños menores de 16 años entran gratis). El pase solo se puede obtener en persona en el parque o en un sitio u oficina de recreación federal participante. Para obtener más información, visite . . .

https://store.usgs.gov/access-pass

### Iniciativa de Promoción de Padres de Nevada:

Por Padres, para Padres — este proyecto consiste en un Facebook (www.facebook.com/groups/nvparentadvocacy/) página y es un lugar para que todos los padres de niños con discapacidades se conecten. Por favor, publique sus historias personales, preguntas sobre el desarrollo y/o discapacidad de su hijo, preguntas sobre programas de Intervención Temprana, excelentes artículos para padres que usted ha encontrado, recursos comunitarios y eventos, etc.

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Some of our many library books moms might find interesting... 

**One Evolution at a Time: A Special Needs Planning Guide**, by Julia Nickerson — When you go to sleep at night are you sleeping peacefully, knowing that if something happens to you, your family will be taken care of? What words describe how you feel about your family’s future? For many families who have a child or loved one with special needs, their answers include: anxious, overwhelmed and worried. After reading this book, you will know the 10 most common mistakes people make when planning for a loved one with special needs and the steps you need to take to protect your family.

**My Baby Rides the Short Bus: The Unabashedly Human Experience of Raising Kids with Disabilities**, by Yantra Bertelli, Jennifer Silverman — The stories in this collection provide parents of special needs kids with a dose of both laughter and reality. From professional writers to novice storytellers, this assortment of authentic, shared experiences from parents in the know is a partial antidote to the stories that misrepresent, ridicule, and objectify disabled children and their parents.

**The Empowered Parent: Thinking about Your Child’s Disability**, by Dr. Joseph E. Moldover — Written for parents who are faced with a child’s disability, it is a guide that distills complex topics and questions into understandable and manageable maps for action. The purpose of this book is to help parents overcome the mental and emotional barriers that paralyze them from being the effective advocates that their children need them to be.

**Becoming a Seriously Happy Special Needs Mom: 21 Steps to Finding Your Happy Place**, by Linda James Bennett — As a special needs mom we forget to take care of ourselves, because we are so busy taking care of everyone and everything. This level of busy is exhausting. Practical tips, life lessons, and strategies to open your mind to new ways of thinking.

**More Than A Mom: Living A Full and Balanced Life When Your Child Has Special Needs**, by Amy Baskin & Heather Fawcett — Research, personal experiences, and feedback from over 500 mothers across North America results in a book that is jam-packed with practical strategies, advice, and reassurance for mothers trying to create more manageable and fulfilling lives.

**Shut Up About Your Perfect Kid: A Survival Guide for Ordinary Parents of Special Children**, by Gina Gallagher and Patricia Konjoian – They address the challenges, the heartbreak, and the touching victories of parenting children with disabilities today.

**A Cup of Comfort for Parents of Children with Special Needs: Stories that celebrate the differences in our extraordinary kids**, by Colleen Sell, – A diagnosis of a child’s special need can be extremely difficult for parents. However, every day, these children accomplish small victories and make great strides that improve their own lives—and brighten their parents’ days.

**Breakthrough Parenting for Children with Special Needs: Raising the Bar of Expectations** — award-winning writer Judy Winter helps parents ‘raise the bar of expectations’ for their challenged children. From getting over the myth of the perfect baby, to dealing with stunning, to maneuvering the school system, her wisdom is both practical and inspiring.

**Building a Joyful Life with your Child who has Special Needs**, by Whitman and Roan-Yager — This book considers the challenges of caring for children with physical, developmental and mental health disorders. Chapters deal with key topics such as coping with a diagnosis, discussing support needs with a child's teachers and explaining a child’s differences to their peers, and the authors stress the importance of parents building support systems for themselves and their children.

**Living a Happy Life with a Special-Needs Child: A Parent’s Perspective**, by Robin Williams Evans — An invaluable resource for parents and caregivers of special-needs children, as well as anyone who wants to better understand them. Topics include surviving the neonatal intensive care unit, taking care of yourself and your significant other, organizing doctor’s appointments, managing hospital stays, skillfully navigating insurance, and finding childcare.

**The Common Sense Guide to Your Child’s Special Needs: When to Worry, When to Wait, What to Do**, by Louis Pellegrino M.D., — If you have a child who is struggling, who is not meeting her/his developmental milestones, Dr. Pellegrino clearly explains to parents what are the next steps to take. – Section 1 entitled Understanding Your Child goes into details about common areas of concern – Section 2 entitled Special Children, focuses on Hearing, Vision, and Sensory Problems. Also Dr. Pellegrino has a chapter on Special Medical Problems where he gives information on basic health care of children with special needs.

**The Everyday Advocate: Standing Up for Your Child with Autism or Other Special Needs**, by Areva Martin Esq., – As an individual rights attorney and parent of an autistic child herself, Areva Martin shares clear, step-by-step instructions on how parents can assert themselves with doctors, teachers, school officials, neighbors, or even family members and get the best results for their child. Practical and inspiring, with personal stories from other parents, The Everyday Advocate offers real-world actions that work and teaches parents the skills to become better advocates for their children.

If you have questions or recommendations for the Library, send an email to ProjectAssist@dhhs.nv.gov

Catalog at: [http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/Special-Ed-Library/](http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/Special-Ed-Library/)
A few of our library books written by Dads...  

*My Son, My Gentle Son* – This is Robert’s story of his son David, born with a congenital heart disease. At six weeks of age he went into heart/respiratory failure, suffering extensive brain damage. The special relationship that develops between father and son embraces so many of the themes and issues common to parents of special children.

*Following Ezra: What One Father Learned About Gumby, Otters, Autism, and Love From His Extraordinary Son* – Following Ezra is the story of a father and son on a ten-year journey from Ezra’s diagnosis to the dawn of his adolescence. It celebrates his growth from a remote toddler to an extraordinary young man, connected in his own remarkable ways to the world around him.

*Another Season: A Coach’s Story of Raising an Exceptional Son* – When University of Alabama football coach Gene Stallings’s son was born with Down syndrome and a serious heart defect, doctors predicted he wouldn’t live to see his first birthday and urged Coach Stallings and his wife to institutionalize him. But for Gene and Ruth Ann that was not an option.

*Don’t Squeeze the Spaceman’s Taco: Lessons Learned from My Son with Autism* – My name is Kelly and I’m a proud father of a teenage son named Cade. Cade has autism. Cade has love. Cade has soul. My book is filled with honesty, love and laughter.

*A Lifetime of Lessons from the Parent of a Special Needs Child: A Caretaker’s Guide to Disability Management* – Written by a father that has been there. When you are tasked with being a caretaker it is a lifetime of learning.

*The Boy in the Moon - A Father’s Journey to Understand His Extraordinary Son*, by Ian Brown — Ian’s son Walker, is one of about 300 people worldwide diagnosed with an extremely rare genetic mutation with significant disabilities, so Ian travels the globe, meeting with genetic scientists and neurologists as well as parents, to solve the questions doctors could not answer.

*Chosen Fathers: Life Lessons Learned from Fathers of Children with Disabilities*, by Eliya Stromberg — Chosen Fathers is frankly about marriage, sibling rivalry, financial stress, community relations, challenges of faith, feelings of inadequacy, burn out, and more.

*Common Man, Extraordinary Call: Thriving as the Dad of a Child with Special Needs*, by Jeff Davidson & Becky Davidson — As a twenty-year veteran of special-needs parenting, Jeff Davidson wrote a field manual to give fathers the skills required for the day-to-day demands of parenting: warrior, protector, provider, encourager, and equipper.

*Confessions of a Special Needs Dad: Honesty and Hope for the Journey* — Confessions of a Special Needs Dad offers hope, healing and, most of all, honesty as well as an important reminder that you are not alone.

*Dads of Disability: Stories for, by, and about fathers of children who experience disability*, by Gary M Dietz — This book helps to show that Dads can be and are a part of raising a child with a disability.

*Different DADS: Fathers Stories of Parenting Disabled Children* — a collection of inspiring personal testimonies written by fathers (in the UK) who reflect on their own experiences and offer advice to other fathers and families on the challenges of raising a child with a disability.

*Father's Day: A Journey into the Mind and Heart of My Extraordinary Son* — Buzz Bissinger’s twins were born three minutes—and a world—apart. Gerry, the older one, is a graduate student at Penn, preparing to become a teacher. His brother Zach has spent his life attending special schools. He’ll never drive a car, or kiss a girl, or live by himself. This is their journey together!

*Uncommon Fathers: Reflections on Raising a Child with a Disability* — A compelling collection of essays by fathers about the life-altering experience of having a child with a disability, an introspective and honest look at this deeply emotional subject, offering a seldom-heard perspective on raising children with special needs.

*Half My Life: The Testimony of a Father and His Special Needs Child*, by Joseph Lim — began as just a poem. Years later, it grew into this journal chronicling the adventures and experience, the highlights and the struggles, and the surprises and setbacks as told from the perspective of one of Jordan’s biggest fans-his dad.

*No Greatness without Goodness: How a Father’s Love Changed a Company and Sparked a Movement*, by Randy Lewis — the powerful story of a corporate executive and father who, after watching the world through the eyes of his own child with autism, realized that we all have a greater responsibility to make the world a better place for everyone, including those with disabilities.


*Special CHILDREN, Challenged PARENTS: The Struggles and Rewards of Raising a Child with a Disability*, by Robert A. Naseef, Ph.D., — the unique perspective of a father of a son with autism, with additional reflection from his perspective as a clinical psychologist who specializes in working with families of children with disabilities. Though the author’s personal experience is with autism, this book is a valuable resource for families of children with a wide range of disabilities.

If you have questions or recommendations for the Library, send an email to

ProjectAssist@dhhs.nv.gov

Catalog at: [http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/Special-Ed-Library/](http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/Special-Ed-Library/)
Debido a cambios en las operaciones, póngase en contacto con sus proveedores para conocer los horarios actuales de actividades o eventos.

Información del programa: [http://dhhs.nv.gov/Programs/IDEA/Early_Intervention_Programs/](http://dhhs.nv.gov/Programs/IDEA/Early_Intervention_Programs/)

**Servicios de Intervención Temprana del Noreste de Nevada**
* comuníquese con su Especialista de Desarrollo/Coordinador de Servicios para obtener más información.

⇒ **Servicios de Intervención Temprana de Nevada (NEIS) — Elko / Ely / Winnemucca:**
  - Elko (775) 753-1214 / Ely (775) 289-1622 / Winnemucca (775) 623-6593

**Servicios de Intervención Temprana de Northwestern Nevada**
* comuníquese con su Especialista de Desarrollo/Coordinador de Servicios para obtener más información.

⇒ **Servicios de Intervención Temprana de Nevada (NEIS)—Carson City:**
  - (775) 687-0101

⇒ **Servicios de Intervención Temprana de Nevada (NEIS)—Reno:**
  - (775) 688-1341

⇒ **Terapias Pediátricas Avanzadas (APT)—Reno:**
  - (775) 825-4744

⇒ **Capacidad salud y servicios humanos (CHHS)—Reno:**
  - (775) 434-0488

⇒ **Grupo de Gestión de Terapia (TMG)—Reno:**
  - (877) 360-7045

⇒ **El Continuo (TC)—Reno:**
  - (775) 829-4710

**Todos los niños deben ser una parte de la sociedad**

⇒ **Servicios de Intervención Temprana del Sur de Nevada**
* comuníquese con su Especialista de Desarrollo/Coordinador de Servicios para obtener más información.

⇒ **Servicios de Intervención Temprana de Nevada (NEIS)—Las Vegas:**
  - (702) 486-7670

⇒ **Capacidad salud y servicios humanos (CHHS)—Las Vegas:**
  - (702) 870-7050

⇒ **MD Agencia de Desarrollo (MDDA)—Las Vegas:**
  - (702) 268-8513

⇒ **Positivamente para los niños (PK)—Las Vegas:**
  - (702) 262-0037, ext 4

⇒ **Grupo de Gestión de Terapia (TMG)—Las Vegas:**
  - (702) 595-5437

"Se está invitando a la diversidad a la fiesta; se pide a la inclusión que baile". — Verna Meyers

El sitio web del Directorio Central de Nevada, lleno de información y recursos, incluye una página de "Enlaces" con todo tipo de sitios web locales, estatales y nacionales útiles.
[http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST](http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST)
¿Te gustaría...

- aprender acerca de las cuestiones importantes que afectan a las familias con niños pequeños con necesidades especiales en su comunidad
- ser una voz para esas familias comunicándose con los responsables de la toma de decisiones locales y estatales
- apoyar actividades que fortalezcan la asociación familia-comunidad
- red con otras personas durante las reuniones programadas
- adquirir experiencia y experiencia en el desarrollo de programas y proyectos que beneficien a esas familias
- obtener recursos y otros materiales sobre una amplia variedad de preocupaciones que enfrentan las familias de hoy en día
- crecer personalmente a través de la capacitación en desarrollo de liderazgo

Esta es una gran oportunidad!!!

El "Subcomité de Recursos de Apoyo Familiar" (FSRS) es un subcomité permanente del Consejo Coordinador Interinstitucional de Intervención Temprana (ICC) de Nevada y está compuesto por padres de niños pequeños con necesidades especiales y otras personas que están interesadas en apoyar la intervención temprana. Hay 4 reuniones de teleconferencia al año.

El Consejo Interinstitucional de Coordinación interinstitucional de intervención temprana (ICC) de Nevada se estableció bajo la ley federal con el propósito de asesorar y ayudar a Nevada y sus Servicios de Intervención Temprana (servir a los niños que nacen hasta las tres) en el manejo de sus responsabilidades bajo la Parte C de la Ley de Educación para Individuos con Discapacidades (IDEA, por sus hijos).

Declaración de misión del Subcomité de Recursos de Apoyo Familiar:
El Subcomité de Recursos de Apoyo a la Familia de la ICC de Nevada apoyará las actividades de la ICC y garantizará que la ICC responda a cuestiones importantes para las familias, fortalecerá y ampliará la participación familiar en todos los niveles de políticas y servicios, aumentará la comunicación de la ICC con las familias, proporcionará apoyo de conciencia pública e identificará y apoyará los esfuerzos para mejorar los servicios y programas de intervención temprana dentro de las comunidades.

Los objetivos/metas del Subcomité de Recursos de Soporte familiar incluyen:
Desarrollo y facilitación de presentaciones de padres a programas de intervención temprana, posible "Capacitación de liderazgo familiar para familias" con representantes de padres de la ICC, miembros del Comité de Recursos de Apoyo Familiar de la ICC, Padres de Recursos del Programa, líderes de padres y padres interesados en todo el estado. Presentarían sus debates y recomendaciones en las reuniones de la ICC.
Ayudar en el desarrollo de ideas para nuevos proyectos de apoyo familiar, que podrían ser pilotados en el estado y siempre que sea posible servir en otros subcomités o grupos de trabajo de la ICC.
Planificar e implementar estrategias para reclutar, capacitar y apoyar a los padres para que ayuden y participen en actividades estatales, y funciones de desarrollo de políticas dentro del estado.

Si usted está interesado o sabe de alguien que podría ser, por favor póngase en contacto con nosotros en

projectassist@dhhs.nv.gov

http://dhhs.nv.gov/Programs/IDEA/ICC/Home/
Estamos buscando padres para representar a las familias de Nevada en el Consejo Coordinador Interinstitucional de Intervención Temprana de Nevada (ICC). En concreto, buscamos un padre que tenga experiencia en los servicios de intervención temprana de nuestro Estado.

¿Qué es la ICC?
El propósito de la ICC es asesorar y ayudar a Nevada y al sistema de Intervención Temprana en el desarrollo, implementación y promoción de un programa de servicios de intervención temprana centrados en la familia para todos los bebés elegibles, niños pequeños y sus familias. El Gobernador nombra a todos los miembros de la ICC para un periodo de tres años.

¿Por qué es importante que padres como yo sirvan?
Sabes lo que se siente tener un hijo con una discapacidad. Usted sabe lo que se siente tener profesionales de intervención temprana en su hogar, trabajando con usted y su hijo. Probablemente tienes opiniones sobre lo que funcionó bien y lo que podría haber funcionado mejor. Su perspectiva es muy importante. A medida que la ICC trabaja con el Estado para hacer cambios en el programa, el aporte familiar es una parte integral del proceso.

¿Qué se me pediría que hiciera?
☐ Asistir a las 4 juntas generales del Consejo Coordinador Interinstitucional (ICC), cada año.
☐ Responder a las comunicaciones por correo electrónico con respecto a la ICC
☐ Aporte información y su perspectiva única con respecto a los problemas que afectan a los programas de intervención temprana de Nevada

¿Me reembolsarían por asistir?
Todos los miembros de los padres pueden recibir un estipendio de cuidado infantil por asistir a cada una de las 4 reuniones de la ICC, así como compensación y/o reembolso de gastos para otras reuniones.

¿Soy elegible para presentar una solicitud?
Usted debe ser padre/tutor de un niño que haya recibido servicios de intervención temprana, ahora o en el pasado reciente, con preferencia a los padres de niños actualmente en Servicios de Intervención Temprana.

Si está interesado, póngase en contacto con su coordinador de servicio o con la oficina de IDEA Parte C de Nevada.

Email: ProjectAssist@dhhs.nv.gov