

## **2025 HEALTH PROFILE Washoe County**

The Nevada Health Profiles summarize various health indicators by federal Congressional district, state Assembly or Senate district, and county in Nevada to give a general overview of the health in that region and how it compares to other regions and the State.

| Race/Ethnicity                  | Washoe<br>County |
|---------------------------------|------------------|
| White non-Hispanic              | 60.5%            |
| Black non-Hispanic              | 2.3%             |
| AI/AN non-Hispanic <sup>1</sup> | 1.0%             |
| Asian non-Hispanic              | 5.9%             |
| Hispanic or Latino              | 25.5%            |
| All Other non-Hispanic          | 4.9%             |

| Age           | Washoe<br>County |
|---------------|------------------|
| 0 - 4 years   | 5.6%             |
| 5 - 17 years  | 16.1%            |
| 18 - 39 years | 31.8%            |
| 40 - 64 years | 30.0%            |
| 65+ years     | 16.4%            |

| Death Rates <sup>2</sup>          | Washoe<br>County       | Rank |
|-----------------------------------|------------------------|------|
| Heart Disease                     | 200.7<br>(193.5-207.9) | 6    |
| Cancer                            | 164.7<br>(158.2-171.1) | 7    |
| Chronic Lower Respiratory Disease | 46.6<br>(43.1-50.0)    | 4    |
| Accidents                         | 81.4<br>(76.8-85.9)    | 10   |
| Stroke                            | 56.5<br>(52.7-60.3)    | 9    |
| Alzheimer's Disease               | 14.9<br>(12.9-16.8)    | 5    |
| Influenza and Pneumonia           | 9.0<br>(7.5-10.5)      | 5    |
| Suicide                           | 23.4<br>(21.0-25.9)    | 7    |
| COVID-19                          | 53.0<br>(49.3-56.7)    | 1    |
| Diabetes Mellitus                 | 25.2<br>(22.7-27.8)    | 3    |
| All Other Causes                  | 274.4<br>(266.0-282.8) | 5    |

| Chronic Disease <sup>3</sup> | Washoe<br>County     | Rank |
|------------------------------|----------------------|------|
| Heart Attack                 | 3.8%<br>(2.8-4.7)    | 3    |
| Stroke                       | 2.8%<br>(2.1-3.5)    | 4    |
| Asthma                       | 10.5%<br>(8.9-12.2)  | 5    |
| COPD                         | 6.9%<br>(5.7-8.2)    | 5    |
| Depression                   | 19.8%<br>(17.6-22.0) | 7    |
| Overweight or Obese          | 65.5%<br>(62.8-68.1) | 7    |
| Current Smokers              | 12.7%<br>(10.6-14.7) | 2    |
| Prescription Drug Use        | 16.5%<br>(13.7-19.3) | 11   |
| Marijuana Use                | 21.5%<br>(19.0-24.1) | 15   |

| Immunization <sup>4</sup> | Washoe<br>County     | Rank |
|---------------------------|----------------------|------|
| Children Up-To-Date       | 75.4%<br>(74.8-76.1) | 1    |
| Influenza                 | 86.3%<br>(86.2-86.4) | 1    |
| Teens Up-To-Date          | 53.0%<br>(52.6-53.4) | 2    |
| COVID-19                  | 32.5%<br>(32.4-32.6) | 1    |

| COVID-19 <sup>5</sup>   | Washoe<br>County             | Rank |
|-------------------------|------------------------------|------|
| Case Rate               | 5,898.7<br>(5,851.4-5,946.0) | 12   |
| Death Rate <sup>2</sup> | 53.0<br>(49.3-56.7)          | 1    |
| Vaccinated <sup>4</sup> | 32.5%<br>(32.4-32.6)         | 17   |

| Prescription Rates <sup>6</sup> | Washoe<br>County       | Rank |
|---------------------------------|------------------------|------|
| Opioid Patients                 | 104.4<br>(103.7-105.0) | 6    |
| Opioid Prescriptions            | 389.1<br>(387.9-390.3) | 5    |
| Total Patients                  | 176.7<br>(175.9-177.6) | 9    |
| Total Prescriptions             | 760.5<br>(758.8-762.2) | 8    |



| Substance         | e Use <sup>7</sup>            | Washoe<br>County             | Rank |
|-------------------|-------------------------------|------------------------------|------|
|                   | All Drug-Related Visits       | 1,694.0<br>(1,668.7-1,719.4) | 17   |
| Emergency<br>Room | Meth                          | 584.8<br>(569.9-599.7)       | 17   |
| Encouter<br>Rate  | Opioid                        | 231.3<br>(222.0-240.7)       | 13   |
|                   | Alcohol                       | 1,204.3<br>(1,182.9-1,225.7) | 13   |
|                   | All Drug-Related Visits       | 865.3<br>(847.2-883.4)       | 13   |
| Inpatient         | Meth                          | 350.2<br>(338.7-361.7)       | 14   |
| Admission<br>Rate | Opioid                        | 254.1<br>(244.3-264.0)       | 14   |
|                   | Alcohol                       | 938.9<br>(920.0-957.8)       | 16   |
|                   | All Drug-Related<br>Overdoses | 44.9<br>(40.8-49.0)          | 16   |
| Overdose          | Meth                          | 25.5<br>(22.4-28.6)          | 16   |
| Death Rate        | Opioid                        | 32.2<br>(28.7-35.7)          | 17   |
|                   | Alcohol                       | 9.0<br>(7.1-10.8)            | 16   |

| Child Welfare <sup>8</sup>                           | Washoe<br>County     | Rank |
|--|----------------------|------|
| CPS Abuse/Neglect Reports                            | 1,475                | 16   |
| Percent Substantiated                                | 33.0%<br>(33.0-33.0) | 8    |
| Children in Foster Care During CY2023 <sup>9</sup>   | 878                  | 16   |
| Children in Foster Care as of 12/31/23 <sup>10</sup> | 583                  | 16   |
| Children in Foster Care Rate                         | 8.0<br>(7.5-8.6)     | 11   |
| Foster Care Entries Rate                             | 0.6<br>(0.5-0.8)     | 13   |

| Birth Rates <sup>11</sup>   | Washoe<br>County | Rank |
|-----------------------------|------------------|------|
| Less Than Adequate Prenatal | 287.1            | 11   |
| Care                        | (278.4-295.8)    |      |
| Low-Birthweight Births      | 87.0             | 7    |
| Low Birdiweight Births      | (82.2-91.7)      | ,    |
| Infant Mortality Rate       | 5.4              | 10   |
| Infant Mortality Nate       | (4.3-6.6)        | 10   |
| Toon Dieth Data             | 10.9             | c    |
| Teen Birth Rate             | (10.0-11.8)      | 6    |

| HIV/STD <sup>12</sup>        | Washoe<br>County       | Rank |
|------------------------------|------------------------|------|
| Persons Living with HIV/AIDS | 245.9<br>(232.3-259.5) | 14   |
| Sexually Transmitted         | 648.8                  | 16   |
| Diseases                     | (626.7-670.9)          | 16   |

| Eligibility <sup>13</sup>        | Currently<br>Enrolled | Newly Eligible |
|----------------------------------|-----------------------|----------------|
| Medicaid Enrollment              | 103,106               | 38,951         |
| Percent of currently<br>enrolled |                       | 37.8%          |
| Moms and Kids                    | 40,306                |                |
| Aged, Blind, and<br>Disabled     | 13,212                |                |
| NV Check Up                      | 4,816                 |                |
| SNAP Enrollment                  | 48,538                |                |
| TANF Enrollment                  | 1,227                 |                |

| Eligibility Snapshot <sup>14</sup> | Washoe<br>County |
|------------------------------------|------------------|
| Medicaid Enrollment                | 61,967           |
| SNAP Enrollment                    | 7,618            |
| TANF Enrollment                    | 110              |
| Medicaid and SNAP Enrollment       | 40,054           |
| Medicaid and TANF Enrollment       | 251              |
| SNAP and TANF Enrollment           | 32               |
| All Three Enrollment               | 834              |

| Income <sup>15</sup>          | Washoe<br>County |
|-------------------------------|------------------|
| Income Below Poverty<br>Level | 9.2%             |
| Uninsured                     | 4.1%             |

| Cancer <sup>16</sup>                | Washoe<br>County       | Rank |
|-------------------------------------|------------------------|------|
| All Types Incidence Rate            | 463.9<br>(460.5-467.3) | 10   |
| 1 <sup>st</sup> Leading Cancer Type | Breast                 |      |
| Incidence Rate                      | 67.2<br>(65.9-68.5)    |      |
| 2 <sup>nd</sup> Leading Cancer Type | Prostate               |      |
| Incidence Rate                      | 58.5<br>(57.3-59.7)    |      |
| 3 <sup>rd</sup> Leading Cancer Type | Lung and<br>Bronchus   |      |
| Incidence Rate                      | 53.8<br>(52.6-54.9)    |      |

| WIC <sup>17</sup>         | Washoe<br>County       | Rank |
|---------------------------|------------------------|------|
| Total Participants Served | 10,305                 | 16   |
| Participants Served Rate  | 403.8<br>(396.2-411.5) | 10   |



## **Footnotes**

\* Suppressed due to low respondent counts.

Populations were pulled using the American Community Survey (ACS) five-year estimates (Table B01001: Sex by Age and B03002: Hispanic or Latino Origin by Race). Rates for the state and county were calculated using population estimates provided by the State Demographer (vintage 2023), and the rates for the assembly, congressional, and senate districts were calculated using the ACS five-year estimates, for the 2023 ACS were calculated using a 1.2% growth rate because 2023 data tables were not available.

<sup>1</sup>AI/AN: American Indian or Alaska Native.

<sup>2</sup>Death Rates: Department of Health and Human Services, Electronic Death Registry System. Data reflects primary causes of deaths from the ICD-10. Rates are per 100,000 population. Data are deaths occurring from 2021-2023.

<sup>3</sup>Chronic Disease: Nevada Behavioral Risk Factor Surveillance Survey (BRFSS), core questionnaire. Districts or counties with less than 50 responses combined for the three-year period have been suppressed. Marijuana includes those who used marijuana at least once in the last 30 days before the survey. Prescription drug use includes those who have ever taken a prescription drug without a doctor's prescription. Data are from 2021-2023.

<sup>4</sup>Vaccinations: Nevada Immunization Information System (IIS), WebIZ Replica Database. The child 7-series percent consist of children ages 2-3 years during the analysis years. Up-To-Date for the infant seven series is considered fully vaccinated with: 4 doses of DTaP, 3 doses of Polio, 1 dose of MMR, 3 doses of HIB, 3 doses of Hepatitis B, 1 dose of Varicella, and 4 doses of Pneumococcal Vaccine. Teenage vaccines include 13-17 year olds with 1 TDaP, 1 or 2 Meningitis, and 2 or 3 HPV depending on age of initiation. COVID vaccines are the number of COVID-19 vaccines administered during the reporting timeframe. Data are from 2022-2023.

**5COVID-19:** Case data are collected through laboratory data reported to the Department of Health and Human Services. Rates are per 100,000 population. Data are from 2022-2023. Confirmed and probable cases are included.

<sup>6</sup>Prescription Drug Monitoring Program (PDMP): The PDMP collects data on schedule II-IV controlled substance prescriptions dispensed to patients, as entered into the state system. Prescriptions and patient rates are per 1,000 population. Data are from 2022-2023.

<sup>7</sup>Substance use Emergency Department/Inpatient: From the statewide hospital billing data. Data is pulled by the diagnosis codes for the visit. Rates are per 100,000 population. Data are from 2022-2023.

Schild Welfare: Nevada Division of Child and Family Services (DCFS), Unified Nevada Information Technology for Youth (UNITY) case management system. Child Protective Service (CPS)
Abuse/Neglect Reports are screened in reports involving alleged incidents of child maltreatment that meet the child welfare agency guidelines for response and result in agency investigation or assessment. Screened in reports include reports dispositioned as differential response, investigation, or institutional investigation. This count reflects unique screened-in reports received in this district/county at any time in the calendar year. Percent Substantiated represents substantiated reports that were investigated and concluded that the allegation of maltreatment or risk of maltreatment was supported/founded by state law or policy. Data are from 2023.

Schildren in Foster Care During Year: Foster Care is a substitute care for children placed away from their guardians for at least 24 hours for whom the child welfare agency has placement and care responsibility. This includes licensed family or relative foster homes, unlicensed fictive kin or relative homes, group homes, emergency shelters, residential facilities, childcare institutions, and pre-adoptive homes. The count reflects unique children within the district/county who were in foster care during any period of the calendar year. Data are from 2023.

<sup>10</sup>Children in Foster Care as of 12/31: This count is a point-in-time snapshot of unique children in foster care on the given day. Data are from 12/31/2023.

<sup>11</sup>Birth Rates: Data are from the Division of Public and Behavioral Health, Electronic Birth and Death Registry System. Infant mortality data are the number of infants who die during the first year of life. Birth with less than adequate prenatal care are deemed if the ratio of observed to expected visits is 79% or less. Low-birthweight births are babies weighing less than 2,500 grams (about 5.5 pounds) at birth. The teen birth rate are the number of births to teenage females between the age of 15 and 19. The data are based on the mother's resident information. The rates for infant mortality, less than adequate prenatal care, and low birth rate are per 1,000 live births, while the teen birth rates are per 1,000 age 15-19 female specific population. Data are from 2021-2023.

<sup>12</sup>HIV/STD: Division of Public and Behavioral Health, Enhanced HIV/AIDS Reporting System (eHARS), Sexually Transmitted Diseases Management Information System (STD\*MIS), NEDSS [National Electronic Disease Surveillance System] Base System (NBS). Sexually Transmitted Diseases (STD) included: chlamydia, gonorrhea, primary syphilis, secondary syphilis, and early latent syphilis. Rates are per 100,000 population. Data are from 2023.

<sup>13</sup>Eligibility: A snapshot of the number of individuals currently enrolled in Nevada Medicaid, Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), and Nevada Check Up in the month of January 2024. ACA Expansion reflects the number of adults who are eligible because of expansion to the Affordable Care Act (ACA). These individuals fall into one of two categories: newly eligible parent/caretaker or childless adult. Moms and Kids (Original Adult Medicaid, Pregnant Women and Children) capture recipients who qualify for Medicaid under the TANF/Children's Health Assistance Program (CHAP) eligibility guidelines. The Aged, Blind, and Disabled account records the medical payments to providers, other than sister agencies who receive federal funds only, for recipients who qualify for Medicaid under the Medical Assistance for Aged, Blind and Disabled (MAABD) eligibility guidelines.

<sup>14</sup>Eligibility Snapshot: A snapshot of the number of individuals enrolled in Nevada Medicaid and SNAP, Nevada Medicaid and TANF, SNAP and TANF, and Nevada Medicaid and SNAP and TANF. Data are from January 2024.

<sup>15</sup>Income: ACS five-year Estimates. Percent of individuals living below the poverty level and percent of individuals who are uninsured in the year 2023. (Table DP03: Selected Economic Characteristics).

<sup>16</sup>Cancer: Data are from the Division of Public and Behavioral Health, Nevada Central Cancer Registry. Lung cancer includes lung and bronchus. To provide a ranking order for cancer, rates for sex-specific cancers (breast or prostate) were calculated using the total population and not the sex-specific population. Rates are per 100,000 population. Data are from 2017-2021.

<sup>17</sup>Women, Infants, and Children (WIC): WIC is the USDA Special Supplemental Nutrition Program for women, infants, and children. Rates are per 100,000 female population. Data are from 2023.