



# Nevada Early Intervention Winter—Spring Family Newsletter

January – February– March 2021 Volume 11 No 1

Message from Part C's State Family Resource Coordinator,  
Information & Referral... **HAPPY NEW YEAR!**

Dear Parents/Families,

Every year the U.S. Department of Education requires all states to submit an Annual Performance Report (APR) in order to receive federal funding. As part of this APR states must provide information about families receiving early intervention services and family outcomes.

Nevada collects and reports information on three family outcomes related to receiving early intervention services. This report, following the perspective of family-centered services, covers families who are currently receiving early intervention services for at least 6 months and determines if families feel their providers have helped them:

1. Know their rights under early intervention.

2. Effectively communicate their children's needs.

3. Help their children develop and learn.

Again, this Spring you will be receiving the annual family survey. Please take the time to fill it out and turn it in. We want the best information possible about the ways in which early intervention services may or may not have helped your family.

The results of this survey will help guide efforts to improve services and outcomes for children and families across Nevada receiving early intervention services.

If you have questions, contact us: [ProjectAssist@dhhs.nv.gov](mailto:ProjectAssist@dhhs.nv.gov) or 1-800-522-0066

Sincerely,  
Dan Dinnell



Cheryl, Eric, and Dan

NEVADA'S EARLY INTERVENTION SERVICES

IDEA Part C Office  
1000 E. William St., Suite 105  
Carson City, NV 89701  
Office: (775) 687-0544  
Project ASSIST  
**1-800-522-0066**  
To receive the newsletter electronically contact us!  
[ProjectAssist@dhhs.nv.gov](mailto:ProjectAssist@dhhs.nv.gov)

Been There, Done That — page 2  
A Brighter Future — page 3  
RESOURCES — page 4  
LIBRARY — page 5  
List of Programs — page 6

Parents/Families,

## An invitation to attend...

### NEVADA'S EARLY INTERVENTION

## INTERAGENCY COORDINATING COUNCIL (ICC)

Nevada's ICC was set up to advise and assist Nevada in the development and implementation of a statewide system of early intervention services for young children with developmental delays or disabilities and their families. It is especially important to hear from families and we encourage you to participate. **This will be a virtual ICC meeting. Members of the public are welcome to join through computer or smart phone via TEAMS. Tuesday—January 12, 2021 at 10:00 a.m.**

Click here—[Join Microsoft Teams Meeting](#)

[Learn more about Teams | Meeting options](#)

You can also find the **Join button** on the ICC web page with the meeting agenda — posted at:

<http://dhhs.nv.gov/Programs/IDEA/ICC/Meetings/>

The ICC bylaws and membership can be viewed at

<http://dhhs.nv.gov/Programs/IDEA/ICC/Home/>

under "Who is on the ICC?", click on **Current Membership**.

For information contact us at [ProjectAssist@dhhs.nv.gov](mailto:ProjectAssist@dhhs.nv.gov) or 1-800-522-0066

# Been There, Done That!



*"My youngest, Maddon, was 5 months old when we noticed he was not tracking objects as my other children had. Soon after, he was diagnosed with Bilateral Optic Nerve Hypoplasia ("ONH").*

*In search of answers and support within the Las Vegas community, my husband and I anxiously walked into the Nevada Early Intervention Services (NEIS) building knowing nothing about the organization.*

*Over the past 2 years, we have worked hand in hand with several of the NEIS professionals to aid Maddon in staying on track developmentally and preparing him to be successful in his transition to the educational world. NEIS continues to provide us valuable resources and roadmaps that push Maddon to reach his full potential.*

*I am grateful for the opportunities that lie ahead to advocate for the families and children who too often are unable to advocate for themselves. I look forward to supporting Nevada's Early Intervention Interagency Coordinating Council (ICC) and Nevada families!"* — Lisa Hunt, ICC Parent Representative

"Parents who have lived the experience of parenting a child with... health needs and have learned the hard way how to access services are a largely untapped high value/low cost resource... the overhead on their incredible experience and the trust they can engender among other families is likely to be modest compared to the high costs of traditional services". — Adapted from **Peer Parents: A Solution to Extend Child Mental Health Services**, March 17, 2011, by Kimberly E. Hoagwood, Ph.D, Professor of Clinical Psychology in Psychiatry, Columbia University and Kelly J. Kelleher, MD, MPH, Director, Center for Innovation in Pediatric Practice, Research Institute, Nationwide Children's Hospital.

**Nevada Parent Advocacy Initiative:** By Parents, for Parents—It's all the insider information about Nevada's Early Intervention Services System in one common place. This project consists of a parent **Facebook** ([www.facebook.com/groups/nvparentadvocacy/](http://www.facebook.com/groups/nvparentadvocacy/)) support page for families with children in Early Intervention Services, information to give parents the basic knowledge they need to access and utilize services effectively, and a website that shares with everyone. **Early Intervention Parents Nevada** is a place for all parents of children with disabilities to connect. Please post your personal stories, questions about your child's development and/or disability, questions about Early Intervention programs, great parenting articles you've come across, community resources and events at [www.nvparents.com](http://www.nvparents.com)



## — Plan A Brighter Future —

Since this is the New Year, it is always good to think about and plan for the future and especially for our children. Preparing for the future is important for everyone but having a plan for children with disabilities is critical.

Today, more than one in five Americans (21.3 percent) are caregivers, having provided care to an adult or child with special needs at some time in the past 12 months. This totals an estimated 53.0 million adults in the United States. According to the *Caregiving in the U.S. May 2020* report, approximately 14.1 million unpaid caregivers provided care to a child with special needs under the age of 18 in the US.

The single most important concern in the mind of any parent who has a child with a disability, regardless of the age of the child, is what will happen to the child should the parent no longer be there. Families with children with disabilities have different needs and planning for our children with special needs' future is easier when you plan ahead.

### **Future Planning Help: The Arc Is Here for Your Family**

Planning for the future—is important and possible for all families. These plans can include housing, financials, employment and daily activities, and maintaining good relationships. **The Arc's Center for Future Planning** (<https://thearc.org/our-initiatives/future-planning/>) has resources to help, including a free tip sheet, "A Letter to My Doctors." This self-advocacy resource helps facilitate health care decisions and supported decision-making if necessary.

<https://thearc.org/wp-content/uploads/2019/08/Making-My-Own-Health-Care-Decisions--A-Letter-for-to-My-Doctors.pdf>

### **A few resources in the lending Library. . .**

**"Laying Community Foundations for Your Child with a Disability"** — This practical guide shows families how to establish a network of people who can provide lasting relationships for their children, and the importance of beginning the process as early as possible in the life of their child. It emphasizes the need to begin now to build a caring community of people who will provide emotional support and guidance for your child throughout their life. Chapters discuss: • how to assess your child's needs & interests • how to navigate the human side of estate planning • how to foster long-term relationships for your child • where to look for potential relationships • how to ask people for a commitment • independent living arrangements.

**"The Special Needs Planning Guide: How to Prepare for Every Stage of Your Child's Life"** (includes **CD-ROM**) — The authors (who also have family members with special needs) give parents a chronological guide for each stage of financial planning from birth to adulthood. Parents will get comprehensive advice and strategies on how to address: *financial factors—legal factors—government factors—family and support factors—emotional factors.*

**Beyond a Parent's Love: Lessons Learned in Life-Planning for Special Needs Children**, by Minoti Rajput — Planning for one's financial future can sometimes be difficult. Raising children also has its challenges. Now imagine how hard it is for parents of special needs children to plan not only for their retirement but for the long-term care of their children. A certified financial planner, Minoti has dedicated the last three decades of her practice to helping families of special needs children. Whether you're a family with a special needs child, or a practitioner who works with the families, this book provides essential guidance and perspective on how to navigate both the emotional and financial challenges.

**Financial Freedom for Special Needs Families: 9 Building Blocks to Reduce Stress, Preserve Benefits, and Create a Fulfilling Future** — Will help you: Understand special needs-trusts and how to have yours in place in 30 days. Create financial stability and reduce stress. A comprehensive planning guide designed to give you the ideas and tools needed to create a financial and legal plan for your family.

Available to anyone—contact your service provider/coordinator or [ProjectAssist@dhhs.nv.gov](mailto:ProjectAssist@dhhs.nv.gov)

**Catalog at:** <http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/Special-Ed-Library/>

**Social Security benefits for children with disabilities**—A child with a disability who is younger than 18 years of age may be eligible for Supplemental Security Income (SSI). Have a look at SSA's *Child Disability Starter Kit*, which includes a fact sheet on the application process, a child disability interview preparation checklist and a Medical and School Worksheet. In English & Spanish -

[http://www.ssa.gov/disability/disability\\_starter\\_kits\\_child\\_eng.htm](http://www.ssa.gov/disability/disability_starter_kits_child_eng.htm)





**FREE – National Parks and Federal Recreational Lands Access Pass**

This is a lifetime pass for U.S. citizens/permanent residents with **permanent disabilities**. Documentation is required to obtain the pass. The pass in most cases provides free access to, and use of, Federal recreation sites that charge an Entrance fee. The pass admits the pass holder and passengers in a non-commercial vehicle at per vehicle fee areas, and pass holder + 3 adults, not to exceed 4 adults, at per person fee areas (children under 16 are admitted free). **The pass can only be obtained in person at the park or from a participating Federal recreation site or office.** For more information, visit. . .

<https://store.usgs.gov/access-pass>

Nevada's **Children and Youth with Special Health Care Needs (CYSHCN)** serves "...children who have or are at risk for chronic physical, developmental, behavioral or emotional conditions and who also require health and related services of a type or amount beyond that required by children generally", by working with families and across systems to develop strategies that promote quality well-being and support for those children and their families.

In Nevada, the CYSHCN Program provides resources and support to community agencies serving children from birth to age 21. The CYSHCN Program funds a variety of community programs bridging service gaps by linking families to appropriate systems-level and enabling resources and providers.

<http://dpbh.nv.gov/Programs/CYSHCN/CYSHCN-Home/>

U.S. Department of Education Tip Sheet: **Milestones: Understanding Your Child's Social and Emotional Development - Birth to Age 5**

Children are born with the need and desire to connect with those around them. When parents and caregivers establish positive relationships with children from birth through the early years, children feel safe and secure, laying the foundation for healthy social and emotional development – nurturing children's ability to develop healthy relationships, manage challenges and realize their full potential.

<https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/feelings-milestones.pdf>

U.S. Department of Education Tip Sheet: **Fostering Healthy Social and Emotional Development in Young Children - Tips for Families**

This tip sheet for families is organized by age (Infants, Toddlers, Preschoolers) and is intended to help parents and families support their children's social and emotional development. These tips are based on what has been learned from research focused on social and emotional development.

<https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/feelings-families.pdf>

From **Psychology Today** – [10 Daily Rituals That Help Parents Bond with Young Children](https://www.psychologytoday.com/us/blog/joyful-parenting/201912/10-daily-rituals-help-parents-bond-young-children)

A key aspect of positive parenting is "bonding," achieved through simple acts of connecting with children. These simple, effective rituals can be completed in 10 minutes or less.

<https://www.psychologytoday.com/us/blog/joyful-parenting/201912/10-daily-rituals-help-parents-bond-young-children>



**Project ASSIST** is Nevada's early intervention central resource directory for anyone seeking information about resources such as organizations, programs or agencies that may provide services and supports for children with developmental delays or disabilities and their families. Project ASSIST helps to inform and educate families as well as the general public to improve outcomes for Nevada families and their communities.

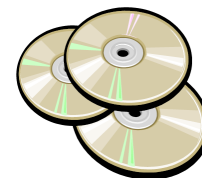
<http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/>

The Part C Family Newsletter has opportunities to suggest and share... You are invited to submit articles, share your story, or include your child in a Family Spotlight, with a photo. (All items are subject to editing and review.)



For Families & Professionals —

## **FREE LENDING LIBRARY**



*There are a great many things to learn... check them out!!!*

Hundreds of books and DVDs are available for use statewide—  
contact your service provider or coordinator.

### **New Books In !!!**

***Do You Hear What I Hear? Parents and Professionals Working Together for Children with Special Needs*** — Explores the journey to creative partnerships. Although written to parents and professionals who help children with special needs, this book guides us all in understanding how to strengthen our partnerships with others.

***Cerebral Palsy: A Complete Guide for Caregiving*** — Every chapter includes new content for parents, grandparents, teachers, therapists, and others who care for and about people with cerebral palsy and cerebral palsy like conditions.

***The Gems of Inverness: A Father's Odyssey Through a World of Disabilities*** — chronicles Len's walk on his path as a husband, a father, and a lawyer. His journey evolves to an eventual clarity evoked by his care, with his wife, Barbara, of their sons, Benjamin and Gregory, both of whom were unexpectedly born with profound developmental disabilities.

***Off the Fence: Disability Advocacy*** — Advice on making decisions that benefit special needs children; dealing effectively with agencies, committees, and people; and telling your story in a way that generates attention.

***The Parent's Guide to Occupational Therapy for Autism and Other Special Needs: Practical Strategies for Motor Skills, Sensory Integration, Toilet Training, and More*** — With the help of this guide, you can bring tried and tested occupational therapy activities into your home and encourage your child to succeed. This book includes new advice on toilet training, coping with changes in routine, repetitive behaviors, self-regulation and much more.

***The Parent's Notebook: A Support Guide for Parents, Families and Caregivers of Children with Developmental Disabilities and Special Healthcare Needs*** — The Parent's Notebook offers opportunities for parents, siblings, caregivers, friends and other important family members to learn new ways of managing challenges related to raising a child with developmental disabilities and special health care needs.

***The Everyday Advocate: Standing Up for Your Child with Autism or Other Special Needs***, — As an individual rights attorney and parent of an autistic child herself, Areva Martin shares clear, step-by-step instructions on how parents can assert themselves-with doctors, teachers, school officials, neighbors, or even family members-and get the best results for their child.

***Does My Child Have a Developmental Delay?: A Step-by-Step Guide for Parents on Early Intervention*** — a step-by-step guide for families on how to navigate the early intervention process. The book also includes personal stories of families that have experienced the early intervention process with their own children.

***Special Brothers and Sisters: Stories and Tips for Siblings of Children with Special Needs, Disability or Serious Illness*** — There is a lot of advice available for parents of a child with a disability or illness, but very little about the important issue of educating their siblings about how they feel, and why they may behave differently from other children. These stories come with related tips to help siblings deal with some of the things that happen in their family lives.

***The Parent's Notebook: A Support Guide for Parents, Families and Caregivers of Children with Developmental Disabilities and Special Healthcare Needs***, by Susan E. Rosano MA — The Parent's Notebook offers opportunities for parents, siblings, caregivers, friends and other important family members to learn new ways of managing challenges related to raising a child with developmental disabilities and special health care needs.

If you have questions or recommendations for the Library, send an email to

[ProjectAssist@dhhs.nv.gov](mailto:ProjectAssist@dhhs.nv.gov)

Catalog at: <http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/Special-Ed-Library/>

# "I AM A BIG BELIEVER IN EARLY INTERVENTION" - Temple Grandin

**Due to changes in operations, please contact your providers for current schedules of activities or events.**

EI program information > [http://dhhs.nv.gov/Programs/IDEA/Early\\_Intervention\\_Programs/](http://dhhs.nv.gov/Programs/IDEA/Early_Intervention_Programs/)

## **NORTHEASTERN NEVADA EARLY INTERVENTION SERVICES**

**\* contact your Developmental Specialist/Service Coordinator for more information**

⇒ ***Nevada Early Intervention Services (NEIS)—Elko/Ely/Winnemucca:***

- Elko (775) 753-1214 / Ely (775) 289-1622 / Winnemucca (775) 623-6593

## **NORTHWESTERN NEVADA EARLY INTERVENTION SERVICES**

**\* contact your Developmental Specialist/Service Coordinator for more information**

⇒ ***Nevada Early Intervention Services (NEIS)—Carson City:***

- (775) 687-0101

⇒ ***Nevada Early Intervention Services (NEIS)—Reno:***

- (775) 688-1341

⇒ ***Advanced Pediatric Therapies (APT)—Reno:***

- (775) 825-4744

⇒ ***Capability Health and Human Services (CHHS)—Reno:***

- (775) 434-0488

⇒ ***Therapy Management Group (TMG)—Reno:***

- (877) 360-7045

⇒ ***The Continuum (TC)—Reno:***

- (775) 829-4710

Parents, if you are interested in volunteer activities, where you can receive knowledge, share information, gain skills and experience in advocating for others and your family, NEVADA EARLY INTERVENTION INTERAGENCY COORDINATING COUNCIL (ICC) has a permanent **FAMILY SUPPORT RESOURCE SUBCOMMITTEE** (FSRS) that can always use parents and others who have a passion for supporting early intervention.

For more information, email [ProjectAssist@dhhs.nv.gov](mailto:ProjectAssist@dhhs.nv.gov)

## **SOUTHERN NEVADA EARLY INTERVENTION SERVICES**

**\* contact your Developmental Specialist/Service Coordinator for more information**

⇒ ***Nevada Early Intervention Services (NEIS)—Las Vegas:***

- (702) 486-7670

⇒ ***Capability Health and Human Services (CHHS)—Las Vegas:***

- (702) 870-7050

⇒ ***MD Developmental Agency (MDDA)—Las Vegas:***

- (702) 268-8513

⇒ ***Positively Kids (PK)—Las Vegas:***

- (702) 262-0037, ext 4

⇒ ***Therapy Management Group (TMG)—Las Vegas:***

- (702) 595-5437



*"Diversity is being invited to the party;  
inclusion is being asked to dance." – Verna Meyers*

**Nevada's Central Directory** website, filled with information and resources, includes a "Links" page with all kinds of useful local, state, and national websites.

<http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST>



**Free** to all parents of children with developmental delays who may be interested in learning advocacy, communication and leadership skills. This will be an all Virtual Training - **statewide**.

The Nevada Governor's Council on Developmental Disabilities is pleased to announce the application period for [\*\*2021 Partners in Policymaking Class\*\*](#) is now open!

### **What is "Partners in Policymaking"?**

Partners in Policymaking is a program designed for individuals with developmental disabilities and parents/caregivers of individuals with developmental disabilities. The program is based on a national model developed by the Minnesota Council on Developmental Disabilities. The goal is to develop productive partnerships between people who need services and those who are in a position to make policies and laws.

Graduates of the Partners program are in a better position to help change these policies and laws through the knowledge they gain in this program. They will have the opportunities to talk with professionals in the developmental disabilities field as well as become confident in their ability to connect with organizations and opportunities within their communities.

The Partners program provides information and the development of skills needed to tackle the battle of current issues, state-of-the-art approaches and best practices, and policymaking and legislative processes at local, state and national levels.

### **Who should apply?**

We are seeking a diverse group of highly motivated and enthusiastic individuals with intellectual/developmental disabilities or family members of individuals with intellectual/developmental disabilities. Please note, reasonable accommodations may be provided as needed. If selected, and depending upon individual needs, respite and attendant care may be reimbursed.

Applications will be accepted until 5:00 PM on **December 18, 2020**. The application is available in [English](#) and [Spanish](#) .

One weekend a month, the course dates are January - August 2021. Participants will be required to attend all courses and complete the corresponding online courses and homework between classes.

Please visit our [website](#) for more information and to apply!

If you have any questions, please contact our office at 775-684-8619 or email Catherine Nielsen at [cmnielsen@dhhs.nv.gov](mailto:cmnielsen@dhhs.nv.gov).

<https://www.nevadaddcouncil.org/ngcdd-partners-in-policymaking/>

**Thank you,**

**Catherine Nielsen, B.A., Projects Manager**  
Nevada Governor's Council on Developmental Disabilities  
808 W. Nye Lane  
Carson City, NV 89703  
**Office: (775) 684-8619**  
**Direct Line: (775) 684-8620**  
**Fax: (775) 684-8626**  
**Email: [cmnielsen@dhhs.nv.gov](mailto:cmnielsen@dhhs.nv.gov)**  
**Website: [www.nevadaddcouncil.org](http://www.nevadaddcouncil.org)**





## Intervención Temprana de Nevada – Boletín familiar de Invierno – Primavera

Enero – Febrero – Marzo 2021 Volumen 11 No 1

### Mensaje del Coordinador Estatal de Recursos Familiares de la Parte C, Información y Referencias ... *Feliz Año Nuevo!*

Estimados Padres/Familias:

Cada año, el Departamento de Educación de los Estados Unidos exige que todos los estados presenten un Informe Anual de Desempeño (APR) para recibir fondos federales. Como parte de esta APR, los estados deben proporcionar información sobre las familias que reciben servicios de intervención temprana y los resultados familiares.

Nevada recopila y da información sobre tres resultados familiares relacionados con la recepción de servicios de intervención temprana. Este informe, siguiendo la perspectiva de los servicios centrados en la familia, cubre a las familias que actualmente reciben servicios de intervención temprana durante al menos 6 meses y determina si las familias sienten que sus proveedores los han ayudado a:

1. Conocer sus derechos bajo intervención temprana.

2. Comunicar efectivamente las necesidades de sus hijos.
3. Ayudar a sus hijos a desarrollarse y aprender.

Nuevamente, esta primavera recibirá la encuesta familiar anual. Tómese el tiempo para completarla y entregarla. Queremos la mejor información posible sobre las formas en que los servicios de intervención temprana puedan o no haber ayudado a su familia.

Los resultados de esta encuesta ayudarán a guiar los esfuerzos para mejorar los servicios y los resultados para los niños y las familias de Nevada que reciben servicios de intervención temprana.

If you have questions, contact us: [ProjectAssist@dhhs.nv.gov](mailto:ProjectAssist@dhhs.nv.gov) or 1-800-522-0066

Sincerely,  
Dan Dinnell



Cheryl, Eric, and Dan

NEVADA'S EARLY INTERVENTION SERVICES

IDEA Part C Office

1000 E. William St., Suite 105

Carson City, NV 89701

Office: (775) 687-0544

Project ASSIST

**1-800-522-0066**

To receive the newsletter electronically contact us!

[ProjectAssist@dhhs.nv.gov](mailto:ProjectAssist@dhhs.nv.gov)

iHe estado ahí, hecho eso! — página 2

Un futuro más brillante — página 3

Recursos — página 4

BIBLIOTECA — página 5

Lista de programas — página 6

Estimados padres / familias,

Una invitación para asistir ...

### **Consejo de Coordinación Interinstitucional de Intervención Temprana de Nevada (ICC)**

El ICC de Nevada se creó para asesorar y ayudar a Nevada en el desarrollo e implementación de un sistema estatal de servicios de intervención temprana para niños pequeños con retrasos en su desarrollo o discapacidades y sus familias. Es especialmente importante escuchar a las familias y lo alentamos a participar. **Esta será una reunión virtual de la CPI. Los miembros del público son bienvenidos a unirse a través de computadora o teléfono inteligente a través de TEAMS.** La próxima reunión: **Martes—12 de enero de 2021 a las 10:00 a.m.**

Haga clic aquí—[Join Microsoft Teams Meeting](#)

[Learn more about Teams | Meeting options](#)

También puede encontrar el **botón Unirse** en la página web de la CPI con la agenda de la reunión, publicada en:

<http://dhhs.nv.gov/Programs/IDEA/ICC/Meetings/>

Los estatutos y la membresía de ICC se pueden ver en

<http://dhhs.nv.gov/Programs/IDEA/ICC/Home/>

debajo de "¿Quién está en el ICC?", haga clic en Membresía actual.

Para obtener información, contáctenos en [ProjectAssist@dhhs.nv.gov](mailto:ProjectAssist@dhhs.nv.gov) o 1-800-522-0066



# ¡He estado ahí, hecho eso!



"Mi hijo menor, Maddon, tenía 5 meses cuando nos dimos cuenta de que no estaba rastreando objetos como mis otros hijos. Poco después, fue diagnosticado con Hipoplasia Bilateral del Nervio Optico ("ONH").

En busca de respuestas y apoyo dentro de la comunidad de Las Vegas, mi esposo y yo entramos ansiosamente en los Servicios de Intervención Temprana de Nevada (NEIS) construyendo sin saber nada sobre la organización.

Durante los últimos 2 años, hemos trabajado mano a mano con varios de los profesionales de NEIS para ayudar a Maddon a mantenerse en el camino del desarrollo y prepararlo para tener éxito en su transición al mundo educativo. NEIS continúa proporcionándonos valiosos recursos y hojas de ruta que empujan a Maddon a alcanzar todo su potencial.

Estoy agradecido por las oportunidades que se avecinan para abogar por las familias y los niños que con demasiada frecuencia son incapaces de abogar por sí mismos. ¡Espero apoyar al Consejo De Coordinación Interinstitucional de Intervención Temprana (ICC) de Nevada y a las familias de Nevada!" — Lisa Hunt, ICC Parent Representative

*"Los padres que han vivido la experiencia de criar a un niño con necesidades de salud y han aprendido de la manera difícil cómo acceder a los servicios son un recurso de alto valor / bajo costo en gran parte sin explotar la sobrecarga de su increíble experiencia y la confianza que ellos tienen puede engendrar entre otras familias es probable que sea modesto en comparación con los altos costos de los servicios tradicionales".* — Adapted from **Peer Parents**: A Solution to Extend Child Mental Health Services, March 17, 2011, by Kimberly E. Hoagwood, Ph.D, Professor of Clinical Psychology in Psychiatry, Columbia University and Kelly J. Kelleher, MD, MPH, Director, Center for Innovation in Pediatric Practice, Research Institute, Nationwide Children's Hospital.

**Nevada Parent Advocacy Initiative:** Por los padres, para los padres — Es toda la información privilegiada sobre el Sistema de Servicios de Intervención Temprana de Nevada en un lugar común. Este proyecto consiste en una página de apoyo para padres de Facebook (<https://www.facebook.com/groups/nvparentadvocacy/>) para familias con niños en los Servicios de Intervención Temprana, información para proporcionar a los padres los conocimientos básicos que necesitan para acceder y utilizar los servicios de manera efectiva, y un sitio web que comparte con todos. **Early Intervention Parents** Nevada es un lugar para que todos los padres de niños con discapacidades se conecten. Por favor publique sus historias personales, preguntas sobre el desarrollo y/o discapacidad de su hijo, preguntas sobre programas de Intervención Temprana, grandes artículos de crianza que haya encontrado, recursos comunitarios y eventos en [www.nvparents.com](http://www.nvparents.com)



## Planificar un futuro más brillante

Dado que este es el Año Nuevo, siempre es bueno pensar y planificar para el futuro y especialmente para nuestros hijos. Prepararse para el futuro es importante para todos, pero tener un plan para los niños con discapacidades es fundamental.

Hoy en día, más de uno de cada cinco estadounidenses (21.3 por ciento) son cuidadores, habiendo brindado atención a un adulto o niño con necesidades especiales en algún momento en los últimos 12 meses. Esto representa un total de 53,0 millones de adultos en los Estados Unidos. Según el informe Caregiving en los Estados Unidos de mayo de 2020, aproximadamente 14,1 millones de cuidadores no remunerados proporcionaron atención a un niño con necesidades especiales menores de 18 años en los Estados Unidos.

La preocupación más importante en la mente de cualquier padre que tenga un hijo con una discapacidad, independientemente de la edad del niño, es lo que le sucederá al niño si el padre ya no está allí. Las familias con niños con discapacidades tienen diferentes necesidades y planificar el futuro de nuestros niños con necesidades especiales es más fácil cuando usted planea con anticipación.

### Ayuda para la planificación futura: El arco está aquí para su familia

Planificar para el futuro, es importante y posible para todas las familias. Estos planes pueden incluir vivienda, finanzas, empleo y actividades diarias, y mantener buenas relaciones. **El Centro de Planificación futura del Arco** (<https://thearc.org/our-initiatives/future-planning/>) tiene recursos para ayudar, incluyendo una hoja de propinas gratuita, "Una carta a mis médicos." Este recurso de autoabogacía ayuda a facilitar las decisiones de atención médica y apoya la toma de decisiones si es necesario.

<https://thearc.org/wp-content/uploads/2019/08/Making-My-Own-Health-Care-Decisions--A-Letter-for-to-My-Doctors.pdf>

### Algunos recursos en la Biblioteca de préstamos. . .

**"Poner las fundaciones comunitarias para su hijo con una discapacidad"** — Esta guía práctica muestra a las familias cómo establecer una red de personas que pueden proporcionar relaciones duraderas para sus hijos, y la importancia de comenzar el proceso tan pronto como sea posible en la vida de sus hijos. Hace hincapié en la necesidad de comenzar ahora para construir una comunidad solidaria de personas que proporcionarán apoyo emocional y orientación para su hijo a lo largo de su vida. Los capítulos discuten: • cómo evaluar las necesidades e intereses de su hijo • cómo navegar por el lado humano de la planificación patrimonial • cómo fomentar relaciones a largo plazo para su hijo • dónde buscar relaciones potenciales • cómo pedir a las personas un compromiso • arreglos de vida independientes.

**"La Guía de Planificación de Necesidades Especiales: Cómo Prepararse para cada etapa de la vida de su hijo"** (incluye **CD-ROM**) — Los autores (que también tienen familiares con necesidades especiales) dan a los padres una guía cronológica para cada etapa de la planificación financiera desde el nacimiento hasta la edad adulta. Los padres recibirán asesoramiento y estrategias integrales sobre cómo abordar: *factores financieros*—factores legales—factores gubernamentales *legal factors*—*factores familiares* y *de apoyo*—*factores emocionales*.

**"Más allá del amor de un padre: Las lecciones aprendidas en la planificación de la vida para niños con necesidades especiales"**, por Minoti Rajput — Planificar el futuro financiero a veces puede ser difícil. Criar niños también tiene sus desafíos. Ahora imaginen lo difícil que es para los padres de niños con necesidades especiales planear no sólo para su jubilación, sino para el cuidado a largo plazo de sus hijos. Un planificador financiero certificado, Minoti ha dedicado las últimas tres décadas de su práctica a ayudar a las familias de niños con necesidades especiales. Ya seas una familia con un niño con necesidades especiales, o un practicante que trabaja con las familias, este libro proporciona orientación y perspectiva esenciales sobre cómo navegar tanto los desafíos emocionales como financieros.

**"Libertad financiera para familias con necesidades especiales: 9 Building Blocks para reducir el estrés, preservar los beneficios y crear un futuro satisfactorio"** — Le ayudará: Comprender las necesidades-confianzas especiales y cómo tener el suyo en su lugar en 30 días. Crear estabilidad financiera y reducir el estrés. Una guía de planificación integral diseñada para darle las ideas y herramientas necesarias para crear un plan financiero y legal para su familia.

Disponible para cualquier persona: comuníquese con su proveedor/coordinador de servicios o

[ProjectAssist@dhhs.nv.gov](mailto:ProjectAssist@dhhs.nv.gov)

**Beneficios del Seguro Social para niños con discapacidades**—Un niño con una discapacidad menor de 18 años de edad puede ser elegible para el Ingreso de Seguridad Suplementario (SSI, por sus", por sus datos). Eche un vistazo al Kit de Inicio para *Discapacitados Infantiles de la SSA*, que incluye una hoja informativa sobre el proceso de solicitud, una lista de verificación de preparación para la entrevista para discapacitados para niños y una Hoja de Trabajo De Medicina y Escuela. En inglés y español -

[http://www.ssa.gov/disability/disability\\_starter\\_kits\\_child\\_eng.htm](http://www.ssa.gov/disability/disability_starter_kits_child_eng.htm)

**GRATIS - Pase de acceso a parques nacionales y terrenos recreativos federales**



**Este es un pase de por vida para ciudadanos estadounidenses/residentes permanentes con discapacidades permanentes.** Se requiere documentación para obtener el pase. El pase en la mayoría de los casos proporciona acceso gratuito y uso de sitios de recreación federales que cobran una tarifa de entrada. El pase admite al titular del pase y a los pasajeros en un vehículo no comercial en las áreas de tarifa por vehículo, y el titular del pase + 3 adultos, sin exceder de 4 adultos, en las áreas de tarifa por persona (los niños menores de 16 años entran gratis). El pase solo se puede obtener en persona en el parque o en un sitio u oficina de recreación federal participante. Para obtener más información, visite

<https://store.usgs.gov/access-pass>

Los niños y jóvenes de Nevada **con necesidades especiales de atención médica (CYSHCN)** sirve "... niños que tienen o están en riesgo de padecer condiciones físicas, de desarrollo, conductuales o emocionales crónicas y que también requieren salud y servicios relacionados de un tipo o cantidad más allá de lo requerido por los niños en general", trabajando con las familias y entre sistemas para desarrollar estrategias que promuevan el bienestar y el apoyo de calidad para esos niños y sus familias.

En Nevada, el Programa CYSHCN proporciona recursos y apoyo a las agencias comunitarias que atienden a niños desde el nacimiento hasta los 21 años de edad. El Programa CYSHCN financia una variedad de programas comunitarios que cierran las brechas de servicio vinculando a las familias con los sistemas apropiados y habilitando recursos y proveedores.

<http://dpbh.nv.gov/Programs/CYSHCN/CYSHCN-Home/>

Hoja de consejos del Departamento de Educación de los Estados Unidos: **Hitos: Comprender el desarrollo social y emocional de su hijo - Desde el nacimiento hasta los 5 años de edad**

Los niños nacen con la necesidad y el deseo de conectarse con los que les rodean. Cuando los padres y cuidadores establecen relaciones positivas con los niños desde el nacimiento hasta los primeros años, los niños se sienten seguros y seguros, sentando las bases para un desarrollo social y emocional saludable, fomentando la capacidad de los niños para desarrollar relaciones saludables, manejar los desafíos y desarrollar todo su potencial.

<https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/feelings-milestones.pdf>

Hoja de Consejos del Departamento de Educación de los Estados Unidos: **Fomentar el desarrollo social y emocional saludable en los niños pequeños - Consejos para las familias**

Esta hoja de consejos para familias está organizada por edad (Infantes, Niños, Preescolares) y está destinada a ayudar a los padres y las familias a apoyar el desarrollo social y emocional de sus hijos. Estos consejos se basan en lo aprendido de la investigación centrada en el desarrollo social y emocional.

<https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/feelings-families.pdf>

De **Psicología Hoy** – **10 Rituales Diarios que ayudan a los Padres a Vincularse con Niños Pequeños**

Un aspecto clave de la crianza positiva es la "vinculación", lograda a través de simples actos de conexión con los niños. Estos rituales simples y efectivos se pueden completar en 10 minutos o menos.

<https://www.psychologytoday.com/us/blog/joyful-parenting/201912/10-daily-rituals-help-parents-bond-young-children>



**El Proyecto ASSIST es el** directorio central de recursos de intervención temprana de Nevada para cualquier persona que busque información sobre recursos tales como organizaciones, programas u organismos que pueden proporcionar servicios y apoyos para niños con retrasos en el desarrollo o discapacidades y sus familias. El Proyecto ASSIST ayuda a informar y educar a las familias, así como al público en general, para mejorar los resultados para las familias de Nevada y sus comunidades.

<http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/>

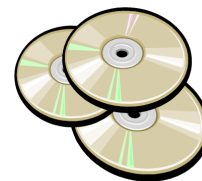
The Part C Family Newsletter has opportunities to suggest and share... You are invited to submit articles, share your story, or include your child in a Family Spotlight, with a photo. (All items are subject to editing and review.)





For Families & Professionals —

## FREE LENDING LIBRARY



*There are a great many things to learn... check them out!!!*

Hundreds of books and DVDs are available for use statewide—  
contact your service provider or coordinator.

### ***New Books In !!!***

***Do You Hear What I Hear? Parents and Professionals Working Together for Children with Special Needs*** — Explores the journey to creative partnerships. Although written to parents and professionals who help children with special needs, this book guides us all in understanding how to strengthen our partnerships with others.

***Cerebral Palsy: A Complete Guide for Caregiving*** — Every chapter includes new content for parents, grandparents, teachers, therapists, and others who care for and about people with cerebral palsy and cerebral palsy like conditions.

***The Gems of Inverness: A Father's Odyssey Through a World of Disabilities*** — chronicles Len's walk on his path as a husband, a father, and a lawyer. His journey evolves to an eventual clarity evoked by his care, with his wife, Barbara, of their sons, Benjamin and Gregory, both of whom were unexpectedly born with profound developmental disabilities.

***Off the Fence: Disability Advocacy*** — Advice on making decisions that benefit special needs children; dealing effectively with agencies, committees, and people; and telling your story in a way that generates attention.

***The Parent's Guide to Occupational Therapy for Autism and Other Special Needs: Practical Strategies for Motor Skills, Sensory Integration, Toilet Training, and More*** — With the help of this guide, you can bring tried and tested occupational therapy activities into your home and encourage your child to succeed. This book includes new advice on toilet training, coping with changes in routine, repetitive behaviors, self-regulation and much more.

***The Parent's Notebook: A Support Guide for Parents, Families and Caregivers of Children with Developmental Disabilities and Special Healthcare Needs*** — The Parent's Notebook offers opportunities for parents, siblings, caregivers, friends and other important family members to learn new ways of managing challenges related to raising a child with developmental disabilities and special health care needs.

***The Everyday Advocate: Standing Up for Your Child with Autism or Other Special Needs***, — As an individual rights attorney and parent of an autistic child herself, Areva Martin shares clear, step-by-step instructions on how parents can assert themselves-with doctors, teachers, school officials, neighbors, or even family members-and get the best results for their child.

***Does My Child Have a Developmental Delay?: A Step-by-Step Guide for Parents on Early Intervention*** — a step-by-step guide for families on how to navigate the early intervention process. The book also includes personal stories of families that have experienced the early intervention process with their own children.

***Special Brothers and Sisters: Stories and Tips for Siblings of Children with Special Needs, Disability or Serious Illness*** — There is a lot of advice available for parents of a child with a disability or illness, but very little about the important issue of educating their siblings about how they feel, and why they may behave differently from other children. These stories come with related tips to help siblings deal with some of the things that happen in their family lives.

***The Parent's Notebook: A Support Guide for Parents, Families and Caregivers of Children with Developmental Disabilities and Special Healthcare Needs***, by Susan E. Rosano MA — The Parent's Notebook offers opportunities for parents, siblings, caregivers, friends and other important family members to learn new ways of managing challenges related to raising a child with developmental disabilities and special health care needs.

If you have questions or recommendations for the Library, send an email to

[ProjectAssist@dhhs.nv.gov](mailto:ProjectAssist@dhhs.nv.gov)

Catalog at: <http://dhhs.nv.gov/Programs/IDEA/ProjectASSIST/Special-Ed-Library/>

# "Soy un gran creyente en la intervención temprana" - Temple Grandin

**Debido a cambios en las operaciones, póngase en contacto con sus proveedores para conocer los horarios actuales de actividades o eventos.**

Información del programa > [http://dhhs.nv.gov/Programs/IDEA/Early\\_Intervention\\_Programs/](http://dhhs.nv.gov/Programs/IDEA/Early_Intervention_Programs/)

## Servicios de Intervención Temprana del Noreste de Nevada

\* comuníquese con su Especialista de Desarrollo/Coordinador de Servicios para obtener más información.

⇒ **Servicios de Intervención Temprana de Nevada (NEIS) – Elko / Ely / Winnemucca:**

- Elko (775) 753-1214 / Ely (775) 289-1622 / Winnemucca (775) 623-6593

## Servicios de Intervención Temprana de Northwestern Nevada

\* comuníquese con su Especialista de Desarrollo/Coordinador de Servicios para obtener más información.

⇒ **Servicios de Intervención Temprana de Nevada (NEIS) – Carson City:**

- (775) 687-0101

⇒ **Servicios de Intervención Temprana de Nevada (NEIS) – Reno:**

- (775) 688-1341

⇒ **Terapias Pediátricas Avanzadas (APT) – Reno:**

- (775) 825-4744

⇒ **Capacidad salud y servicios humanos (CHHS) – Reno:**

- (775) 434-0488

⇒ **Grupo de Gestión de Terapia (TMG) – Reno:**

- (877) 360-7045

⇒ **El Continuo (TC) – Reno:**

- (775) 829-4710

Los padres, si usted está interesado en actividades de voluntariado, donde puede recibir conocimientos, compartir información, adquirir habilidades y experiencia en la defensa de otros y su familia, EL CONSEJO DE COORDINACIÓN INTERINSTITUCIONAL DE INTERVENCIÓN TEMPRANA DE NEVADA (ICC, por sus" tiene un **SUBCOMITÉ** permanente de Recursos de Apoyo Familiar (**FSRS**) que siempre puede utilizar a los padres y otras personas que tienen una pasión por apoyar la intervención temprana. Para obtener más información, envíe un correo electrónico

[ProjectAssist@dhhs.nv.gov](mailto:ProjectAssist@dhhs.nv.gov)

## Servicios de Intervención Temprana del Sur de Nevada

\* contact your Developmental Specialist/Service Coordinator for more information

⇒ **Servicios de Intervención Temprana de Nevada (NEIS) – Las Vegas:**

- (702) 486-7670

⇒ **Capacidad salud y servicios humanos (CHHS) – Las Vegas:**

- (702) 870-7050

⇒ **MD Agencia de Desarrollo (MDDA) – Las Vegas:**

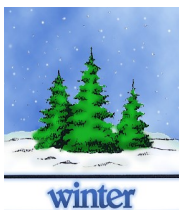
- (702) 268-8513

⇒ **Positivamente para los niños (PK) – Las Vegas:**

- (702) 262-0037, ext 4

⇒ **Grupo de Gestión de Terapia (TMG) – Las Vegas:**

- (702) 595-5437



*"Se está invitando a la diversidad a la fiesta; se pide a la inclusión que baile". – Verna Meyers*

**El sitio web** del Directorio Central de Nevada, lleno de información y recursos, incluye una página de "Enlaces" con todo tipo de sitios web locales, estatales y nacionales útiles.



**Gratis** para todos los padres de niños con retrasos en el desarrollo que puedan estar interesados en aprender habilidades de promoción, comunicación y liderazgo. **Esta será una capacitación virtual en todo el estado.**

¡El Consejo del Gobernador de Nevada sobre Discapacidades del Desarrollo se complace en anunciar que el período de solicitud para [2021 Partners in Policymaking Class](#) ya está abierto!

### **¿Qué es "Socios en la formulación de políticas"?**

Partners in Policymaking es un programa diseñado para personas con discapacidades del desarrollo y padres/cuidadores de personas con discapacidades del desarrollo. El programa se basa en un modelo nacional desarrollado por el Consejo de Minnesota sobre Discapacidades del Desarrollo. El objetivo es desarrollar asociaciones productivas entre las personas que necesitan servicios y las que están en condiciones de hacer políticas y leyes.

Los graduados del programa Partners están en una mejor posición para ayudar a cambiar estas políticas y leyes a través del conocimiento que adquieren en este programa. Tendrán la oportunidad de hablar con profesionales en el campo de las discapacidades del desarrollo, así como confiar en su capacidad para conectarse con organizaciones y oportunidades dentro de sus comunidades.

El programa Partners proporciona información y el desarrollo de las habilidades necesarias para hacer frente a la batalla de los problemas actuales, enfoques y mejores prácticas de vanguardia, y la formulación de políticas y procesos legislativos a nivel local, estatal y nacional.

### **¿Quién debe presentar su solicitud?**

Buscamos un grupo diverso de personas altamente motivadas y entusiastas con discapacidades intelectuales/de desarrollo o familiares de personas con discapacidades intelectuales/de desarrollo. Se pueden proporcionar adaptaciones razonables según sea necesario. Si se selecciona, y dependiendo de las necesidades individuales, se puede reembolsar el relevo y la atención al asistente.

Las solicitudes se aceptarán hasta las 5:00 PM del 18 de **diciembre de 2020**. La aplicación está disponible en [inglés](#) y [español](#).

Un fin de semana al mes, las fechas del curso son de enero a agosto de 2021. Los participantes deberán asistir a todos los cursos y completar los cursos y tareas en línea correspondientes entre las clases.

Por favor, visite nuestro [sitio web](#) para obtener más información y para solicitar!

Si tiene alguna pregunta, comuníquese con nuestra oficina al 775-684-8619 o envíe un correo electrónico a Catherine Nielsen al [cmnielsen@dhhs.nv.gov](mailto:cmnielsen@dhhs.nv.gov).

<https://www.nevadaddcouncil.org/ngcdd-partners-in-policymaking/>

**Gracias,**

**Catherine Nielsen, B.A., Projects Manager**  
Nevada Governor's Council on Developmental Disabilities  
808 W. Nye Lane  
Carson City, NV 89703  
**Office: (775) 684-8619**  
**Direct Line: (775) 684-8620**  
**Fax: (775) 684-8626**  
**Email: [cmnielsen@dhhs.nv.gov](mailto:cmnielsen@dhhs.nv.gov)**  
**Website: [www.nevadaddcouncil.org](http://www.nevadaddcouncil.org)**